Indigenous Organizations in Manitoba

A directory of groups and programs organized by or for First Nations, Inuit and Metis people
INDIGENOUS ORGANIZATIONS IN
MANITOBA

A Directory of Groups and Programs Organized
by or for First Nations, Inuit and Metis People

Compiled, edited and printed by
Indigenous Inclusion Directorate
Manitoba Education and Training
and
Indigenous Relations
Manitoba Indigenous and Municipal Relations
INTRODUCTION

The directory of Indigenous organizations is designed as a useful reference and resource book to help people locate appropriate organizations and services.

The directory also serves as a means of improving communications among people. The idea for the directory arose from the desire to make information about Indigenous organizations more available to the public. This directory was first published in 1975 and has grown from 16 pages in the first edition to more than 100 pages in the current edition.

The directory reflects the vitality and diversity of Indigenous cultural traditions, organizations, and enterprises.

The editorial committee has made every effort to present accurate and up-to-date listings, with fax numbers, email addresses and websites included whenever possible. If you see any errors or omissions, or if you have updated information on any of the programs and services included in this directory, please call, fax or write to the Indigenous Relations, using the contact information on the next page.

Editor

Nineteenth Edition
TO THE READER:

Please send your suggestions, additions, corrections and requests for a copy to:

Indigenous Relations
200 – 500 Portage Avenue
Winnipeg MB R3C 3X1

Tel: 204-945-2510
Fax: 204-945-3689
Email: IASgeneral@gov.mb.ca

WHICH ORGANIZATIONS WERE INCLUDED?

We included organizations and programs that are:

- organized by Indigenous people (First Nations, Inuit and Metis)
- organized for Indigenous people
- not organized specifically for Indigenous people, but used by many Indigenous people

INFORMATION INCLUDED WITH THE ORGANIZATIONS

In compiling this list the committee has made an attempt to include the following information:

- the name of the organization
- the address, telephone and fax number, email address and website address
- the purpose and functions of the organization
- the geographical area served, or other limits to service provided

PERMISSION TO COPY

Non-profit organizations are hereby granted permission to make as many copies of this directory as they wish. Profit-making organizations are asked to apply for permission to the above address.
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Concourse Aboriginal Gallery and Framing

Nunavut Gallery

Teekca’s Aboriginal Boutique

Winnipeg Trading Post

PROFESSIONAL SERVICES

First Peoples Economic Growth Fund:

Aboriginal Chamber of Commerce

Louis Riel Capital Corporation (LRCC)

Tribal Wi-Chi-Way-Win Capital Corporation (TWCC).

Aboriginal Funeral Chapel

Aboriginal Printing Services also operating as Shinnecock Native Printers

Canadian Council for Aboriginal Business (CCAB)

Dakota Ojibway Community Futures Development Corporation

First Nations Bank Micro Loan Program

Ininew Project Management Ltd.

ME-DIAN Credit Union

The Sunshine Group

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INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

Aboriginal Council of Winnipeg
112 - 181 Higgins Avenue  Tel: 204-989-6380
Winnipeg, MB  R3B 3G1  Fax: 204- 942-5795
Website: http://www.abcouncil.org/

The Aboriginal Council of Winnipeg is a political non-profit organization that addresses the needs of the Aboriginal community in Winnipeg including all aspects of living in an urban environment.

Assembly of First Nations
55 Metcalfe Street  Tel: 613-241-6789
Suite 1600  Toll free: 1-866-869-6789
Ottawa, ON  K1P 6L5  Fax: 613-241-5808
Website: http://www.afn.ca

The Assembly of First Nations presents the views of various First Nations through their leaders in areas such as Aboriginal and treaty rights, environment, economic development, housing, health, social services, land claims and other issues of common concern which arise from time to time. It also exists to promote the restoration of the nation-to-nation relationship between the 633 First Nations communities in Canada and other nations. The Chiefs of the First Nations have met in assembly at least once annually since 1982 to set national policy and direction through its resolutions. The main spokesperson and leader of the Assembly of First Nations is the National Chief, who is elected every three years by the Chiefs-in-Assembly.

Assembly of Manitoba Chiefs Secretariat
Head Office:
Swan Lake First Nation  Tel: 204-956-0610
Unit 9-4820 Portage Avenue  Fax: 204-956-2109
Headingly, MB  R4H 1C8 Toll free: 1-866-331-9561
Website: http://www.manitobachiefs.com

Winnipeg Sub-office:
Suite 200 - 275 Portage Avenue  Tel: 204-956-0610
Winnipeg, MB  R3B 2B3  Fax: 204-956-2109

The Assembly of Manitoba Chiefs (AMC) was formed in 1988 to act as an advocate on issues that commonly affect all of the First Nations of Manitoba. At the time when AMC began, there were 61 recognized Manitoba First Nations and 64,315 First Nation citizens. Today, there are 64 First Nations, with a total of 136,616 (May 2011) First Nation citizens. This represents 11 per cent of the provincial population.

AMC’s primary focus is political, but it also fills in gaps that cannot be bridged by regional services. Two examples are the Eagle’s Nest, which helps First Nations youth return to school, and the Patient Advocate Unit, which helps First Nations patients navigate
Manitoba’s health care system. On a national front, AMC works closely with the Assembly of First Nations, which collectively represents the political interests of the 633 First Nations across the country.

**First Peoples Development, Inc.**

**Winnipeg Office:**
101 - 1355 Mountain Avenue  
Winnipeg, MB  R2X 3B6  
**Tel:** 204-987-9570  
**Fax:** 204-987-9589  
**Website:** [www.fpdinc.ca](http://www.fpdinc.ca)

First People Development Inc. was designed to assist First Nations sub-agreement holders at the community level in development and delivering their own programs and services that meet their labour market and employment needs.

**Manitoba Keewatinowi Okimakanak, Inc. (MKO)**

**Thompson Sub-Office:**  
205-55 Selkirk Avenue  
Thompson, MB  R8N 0M5  
**Toll free:** 1-800-442 0488  
**Tel:** 204-677-1600  
**Fax:** 204-778-7655

**Winnipeg Sub-Office:**  
275 Portage Avenue  
Suite 1600  
Winnipeg, MB  R3B 2B3  
**Toll free:** 1-800-442 0488  
**Tel:** 204-927-7500  
**Fax:** 204-927-7509

Manitoba Keewatinowi Okimakanak is composed of 26 First Nations whose land base is in Northern Manitoba. MKO is a political and advocacy group for its members in Northern Manitoba. Its objectives are to maintain, strengthen, enhance, lobby for and defend the interests and rights of First Nations peoples in its jurisdiction and to promote, develop and secure a standard and quality of life deemed desirable and acceptable by its member First Nations.

**Manitoba Métis Federation, Inc. (Home Office)**

300 - 150 Henry Avenue  
Winnipeg, MB  R3B 0J7  
**Tel:** 204-586-8474  
**Fax:** 204-947-1816  
**Website:** [http://www.mmf.mb.ca](http://www.mmf.mb.ca)

The Manitoba Métis Federation (MMF) is a non-profit organization whose primary purpose is to represent and serve the needs of the Metis people of Manitoba. "Metis" means an Aboriginal person who self-identifies as Metis, who is distinct from Indian and Inuit, who is accepted as such by the Metis community, and whose name is not registered on any First Nation band list. The objectives of the MMF are as follows:

- to promote the history and culture of the Metis people and otherwise to promote the cultural pride of its membership
- to promote the education of its members respecting their legal, political, social and other rights
• to promote the participation of its members in community, municipal, provincial, federal, Aboriginal and other organizations

• generally, to promote the political, social and economic interests of its members

**Departments of the M.M.F.:**

- Tripartite Self-Government Negotiations
- Métis Family and Community Institute
- Métis Survivor Family Wellness Program
- Community Housing Managers of Manitoba
- Métis Child & Family Support Services
- Human Resource Development & Training
- Rural/Urban Youth Initiatives
- Provincial Recruitment Initiative
- Pemmican Publications, Inc.
- Louis Riel Capital Corporation
- Louis Riel Institute (LRI)

**Regional Offices:**

- MMF Interlake Regional Office
  P.O. Box 390
  St. Laurent, MB  R0C 2S0
  Tel: 204-646-2706
  Fax: 204-646-4171

- MMF Northwest Regional Office
  40-1st. Avenue NW
  Dauphin, MB  R7N 1G7
  Tel: 204-638-9485
  Fax: 204-638-3878

- MMF Southeast Regional Office
  P.O. Box 13
  Grand Marais, MB  R0E 0T0
  Tel: 204-754-2721
  Fax: 204-754-2697

- MMF Southwest Regional Office
  656 - 6th Street
  Brandon, MB  R7A 3P1
  Tel: 204-725-7520
  Fax: 204-728-9085

- MMF The Pas Regional Office
  P.O. Box 2467
  The Pas, MB  R9A 1M2
  Tel: 204-623-5701
  Fax: 204-623-2825

- MMF Thompson Regional Office
  44 Copper Road
  Thompson, MB  R8N 0V6
  Tel: 204-677-1430
  Fax: 204-677-2240

- MMF Winnipeg Regional Office
  412 McGregor Street
  Winnipeg, MB  R2W 4X5
  Tel: 204-589-4327
  Fax: 204-582-2711
Métis Women of Manitoba Inc. (Manitoba Métis Federation)
3rd Floor, 150 Henry Avenue Tel: 204-586-8474 ext. 236
Winnipeg, MB R3B 0J7 Fax: 204-947-1816
Website: http://www.mmf.mb.ca/pages/departments/mwm/

Committee is comprised of eight directors: one Provincial Spokesperson (elected province wide), and seven regional directors (elected regionally). The seven regions are: Thompson, The Pas, Northwest, Interlake, Southwest, Southeast and Winnipeg.

MWM’s primary purpose is to improve the social and economic situation of Metis peoples, with a particular focus on Metis women and children. Our organization was also created to provide support to our communities in the form of educational and cultural programs.

Southern Chiefs’ Organization Inc. (SCO)
Head Office:
Swan Lake First Nation Toll free: 1-866-876-9701
Unit 4 - 4820 Portage Avenue
Headingley, MB R4H 1C8

Winnipeg Office:
1572 Dublin Avenue Tel: 204-946-1869
Winnipeg, MB R3E 0L4 Fax: 204-946-1871
Website: http://www.scoinc.mb.ca

The Chiefs of the Southern First Nations of Manitoba established an independent political forum to protect, preserve, promote, and enhance First Nations peoples' inherent rights, languages, customs and traditions through the application and implementation of the spirit and intent of the treaty-making process.

Treaty and Aboriginal Rights Research Centre of Manitoba, Inc. (T.A.R.R.)
Head Office:
Brokenhead Ojibway Nation Tel: 204-766-2494
P.O. Box 7
Scanterbury, MB R0E 1W0

Winnipeg Office:
945 - 167 Lombard Avenue Tel: 204-943-6456
Winnipeg, MB R3B 0T4 Fax: 204-942-3202
Email: fran@tarr.mb.ca Toll free: 1-888-802-8277

The T.A.R.R. Centre provides historical research services to the 63 First Nations of Manitoba. Throughout the years, the focus of research has been on Indian rights such as treaty land entitlement, treaty rights, hunting, fishing, trapping and gathering rights, and on such matters as reserve alienations, surrenders, leases, expropriations, etc., on Indian lands.

Historical materials available include:
• Department of Indian Affairs Records (ca. 1862 - 1959)
• Relating to Western Canada: Adams Archibald and Alexander Morris Papers (1872 - 77)
• Church Missionary Society Records (1820 - 1930)
• Historical Records for each First Nation (1870 - present)
• Maps of Indian Reserves (ca. 1000).
• Photographs (ca. 700+)
• Selected Newspaper clippings (1970 - present)
• Historical Files on various research topics (36 cabinet drawers)

TRIBAL COUNCILS

Dakota-Ojibway Tribal Council
230-510 Crescent Road West
Portage la Prairie, MB  R1N 3B7
Email:  admin@dotc.mb.ca
Tel:  204-239-8650
Fax:  204-875-6037
Website:  http://www.dotc.mb.ca

Interlake Reserves Tribal Council
Head Office:
General Delivery
Fairford, MB  R0C 0X0
Email:  info@irtc.ca
Tel:  204-659-4465
Fax:  204-659-2147
Website:  www.irtc.ca

Winnipeg Office:
105-1555 St. James Street
Winnipeg, MB  R3H 1B5
Tel:  204-956-7413
Fax:  204-942-8840

Island Lake Tribal Council
General Delivery
St. Theresa Point, MB  R0B 1J0
Tel:  204-462-2351
Fax:  204-462-2538

Winnipeg Office:
4th floor - 338 Broadway
Winnipeg, MB  R3C 0T2
Email:  wpgsuboffice@iltc.ca
Tel:  204-982-3300
Fax:  204-943-7029

Keewatin Tribal Council
23 Nickel Road
Thompson, MB  R8N 0Y4
Tel:  204-677-2341
Fax:  204-677-0256

Winnipeg Office:
Unit 26 – 30 Fort Street
Winnipeg, MB  R3C 4X5
Tel:  204-949-4016
Fax:  204-949-4013
Toll free:  1-800-255 1012
Southeast Resource Development Council (SERDC)
General Delivery
Scanterbury, MB R0E 1W0
Tel: 204-766-2386
Fax: 204-766-2716

Winnipeg Office:
6th floor - 360 Broadway Avenue
Winnipeg, MB R3C 0T6
Tel: 204-956-7500
Fax: 204-956-7382

Swampy Cree Tribal Council
P.O. Box 150
The Pas, MB R9A 1K3
Tel: 204-623-3423
Fax: 204-623-2882

Winnipeg Office:
Suite 608 - 294 Portage Avenue
Winnipeg, MB R3C 0B9
Tel: 204-989-4800
Fax: 204-947-5928
Toll free: 1-800-442-0459

West Region Tribal Council
Head Office:
Rolling River First Nation
P.O. Box 207
Erickson, MB R0J 0P0
Email: wrtc9450@mts.net

Sub-Office:
Unit C-21 3rd Avenue NE
Dauphin, MB R7N 0Y5
Tel: 204-622-9450
Fax: 204-638-8062

The West Region Tribal Council Inc. (WRTC) is accountable to approximately 9,000 First Nation members under the leadership of eight First Nation councils. The councils have a mandate to facilitate the transfer of local control and responsibility of programs and services to member First Nations. Advisory and technical expertise is provided in all areas of band program management and accountability to ensure effective local control is achieved.

WRTC provides the following advisory services to eight First Nations in Manitoba;

- housing-advisory, technical services and maintenance management
- social development
- fire safety
- education
- governance
- water and wastewater

The West Region Tribal Council Member First Nations are:
- Keeseekoo winenin Ojibway First Nation Treaty #2
- Ebb & Flow First Nation Treaty #2
- O-Chi-Chak-Ko-Sipi First Nation Treaty #2
- Pine Creek First Nation Treaty #4
- Rolling River First Nation Treaty #4
- Skownan First Nation Treaty #2
- Gambler First Nation Treaty #4
- Tootinaowazibeeng Treaty Reserve Treaty #4
INDIGENOUS RIGHTS, TREATY STATUS, LOCAL GOVERNMENTS

National Centre for Truth and Reconciliation

Chancellor's Hall
177 Dysart Road
Winnipeg, MB R3T 2N2
Tel: 204-474-6069
Toll free: 1-855-415-4534
Email: NCTR@umanitoba.ca
Website: Umanitoba.ca/nctr

BAND COUNCILS

The local government of each First Nation Reserve is an elected band council and a chief, who in most cases is also elected. First Nations in Manitoba constitute of over 130,000 registered people. Of those, about 60 per cent live on reserve. There are 63 First Nations in the province and five First Nations linguistic groups. The languages are Cree, Ojibwe, Dakota, Oji-Cree and Dene. They are listed by common usage names, but other names may be applied in certain areas. As an example, Cree Nation and First Nation is applied to certain bands on the same reserve.

FIRST NATIONS BANDS

There are about 63 reserves in Manitoba.

<table>
<thead>
<tr>
<th>First Nation</th>
<th>Phone</th>
<th>Fax</th>
<th>Address</th>
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<tr>
<td>Barren Lands First Nation</td>
<td>204-323-3200</td>
<td>204-323-2275</td>
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<td>Berens River First Nation</td>
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<td>Birdtail Sioux First Nation</td>
<td>204-568-4770</td>
<td>204-568-4687</td>
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<td>204-367-2000</td>
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<td>204-395-2099</td>
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<td>204-766-2306</td>
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<td>Bunibonibee Cree Nation (Oxford House)</td>
<td>204-538-2220</td>
<td>204-538-2374</td>
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<td>Canupawakpa Dakota First Nation (Oak Lake)</td>
<td>204-854-2959</td>
<td>204-854-2525</td>
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<td>Chemawatin Cree Nation</td>
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<td>204-329-2017</td>
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<td>Cross Lake Band of Indians (Pimicikamak Cree Nation)</td>
<td>204-676-2218</td>
<td>204-676-2117</td>
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<td>Dakota Plains First Nation</td>
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<td>204-252-3637</td>
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<td>Dakota Tipi First Nation</td>
<td>204-857-4381</td>
<td>204-857-9855</td>
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<td>Fisher River Cree Nation</td>
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<td>Lake Manitoba First Nation</td>
<td>204-768-3492</td>
<td>204-768-3036</td>
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<td>204-397-2264</td>
<td>204-397-2340</td>
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<td>Little Saskatchewan First Nation</td>
<td>204-659-4584</td>
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<td>204-341-2322</td>
<td>York Landing MB, R0B 2B0 Cree</td>
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</table>
**Indigenous Relations**

(Manitoba Indigenous and Municipal Relations)

200 - 500 Portage Avenue
Winnipeg, MB  R3C 3X1

Tel: 204-945-2510
Fax: 204-945-3689

The Indigenous Relations’ priority is to bring a focus to Indigenous quality of life issues. Indigenous Relations endeavours to provide a global perspective, across government, of progress toward achieving quality of life for Indigenous Manitobans. Indigenous Relations promotes innovative policy and program development through identification of needs of Indigenous people, through the provision of accurate, relevant, timely information and through the development of partnerships with the Indigenous community, other government departments, other levels of government and the private sector. Indigenous Relations undertakes the coordination negotiation, analysis and implementation of initiatives, arrangements and agreements which impact on northern Manitoba, its communities, residents, land base and related programs.

**Northern Association of Community Councils Inc. (NACC)**

Unit 2 – 565 Roseberry Street
Winnipeg, MB  R3H 0T3

Email: nacc@mnymts.net
Website: http://naccmanitoba.com/

Tel: 204-947-2227
Fax: 204-947-9446
Toll free: 1-888-947-6222

Mission Statement:

The purpose of NACC is to be a meaningful and effective lobby group and improve the quality of life in Northern Association communities. It does this by having positive, proactive meetings with ministers and cabinet on issues affecting our communities and by informing and involving community councils and residents of their progress. NACC believes that all communities are unique and that their needs and interests should be recognized.
Manitoba Indigenous and Municipal Relations Communities by Regional Offices:

Northern Region:

Manitoba Indigenous and Municipal Relations
Local Government Development  Tel: 204-677-6786
Box 27 -- 59 Elizabeth Drive
Thompson, MB  R8N 1X4

- Brochet
- Nelson House
- Cross Lake
- Norway House
- Gods Lake
- Narrows
- Pikwitonei
- Granville Lake
- South Indian Lake
- Herb Lake Landing
- Thicket Portage
- Ilford
- Wabowden

Manitoba Indigenous and Municipal Relations
Local Government Development  Tel: 204-627-8176
Box 2550 - 3rd & Ross Avenue
The Pas, MB  R9A 1M4

- Easterville
- Sherridon
- Cormorant
- Moose Lake
- Dawson Bay
- Pelican Rapids

North Central Region:

Manitoba Indigenous and Municipal Relations
Local Government Development  Tel: 204-622-2110
27 - 2nd Avenue S.W. (Box 15)
Dauphin, MB  R7N 3E5

- Baden
- Mallard
- Barrows
- Meadow Portage
- Camperville
- National Mills
- Crane River
- Powell
- Dallas/Red Rose
- Red Deer Lake
- Dauphin River
- Rock Ridge
- Duck Bay
- Salt Point
- Fisher Bay
- Spence Lake
- Harwill
- Waterhen
- Homebrook

Manitoba Indigenous and Municipal Relations
Local Government Development  Tel: 204-945-2163
Bay 8 - 1680 Ellice Avenue
Winnipeg, MB  R3H 0Z2

- Aghaming
- Manigotagan
- Island Lake
- Princess Harbour
- Little Grand Rapids
- Red Sucker Lake
- Berens River
- Matheson Island
- Bissett
- Pine Dock
- Loon Straits
- Seymourville
The objectives of the Aboriginal Peoples' Program (APP) are to:

- promote, revitalize and preserve Indigenous languages and cultures;
- strengthen Indigenous cultural identity; and,
- increase Indigenous participation in Canadian society.

The APP offers two funding components to eligible Indigenous organizations:

**Aboriginal Languages Initiative**

The Aboriginal Languages Initiative (ALI) supports the preservation and revitalization of Indigenous languages through community-based projects and activities. Expected results of the ALI program include:

- giving Indigenous people access to community-based projects and activities that support the preservation and revitalization of Indigenous languages and cultures
- helping Indigenous communities in their efforts to enhance languages and cultures;
- preserving and enhancing Indigenous languages and cultures as living cultures.

**Northern Aboriginal Broadcasting**

The Northern Aboriginal Broadcasting (NAB) component supports the production and distribution of Indigenous audio and video content. The objectives of the NAB are:

- to support the production of culturally-relevant Indigenous programming
- to facilitate establishment and maintenance of production facilities
- to ensure availability of a significant amount of radio and television programming
- to contribute to the protection and enhancement of Indigenous languages and cultures
- to provide venues to articulate issues of relevance to Indigenous audiences and communities

**Aboriginal Single Window**

The Aboriginal Single Window is a joint undertaking of the Government of Canada, the Province of Manitoba and the City of Winnipeg. It enables staff in various government departments, currently working with Aboriginal issues, to co-locate in a single office. The
intention of this cooperative plan is to:

- provide a one-stop-shop to organizations that need access to government-funded Aboriginal programs
- make information about these programs easier to obtain
- foster co-operation and information-sharing between various government agencies and Aboriginal organizations

Services available include:

- pick up and drop off point for:
  - Social Insurance Number and Employment Insurance applications
  - information on: Old Age Security Benefits, Canada Pension Plan, Retirement Pension, Child Tax Benefit and Manitoba Housing
- consultation with available departments by appointment
- information on various programs
- free Internet access
- free use of telephones for client job searches

**Services Canada**

Toll free: 1-800-622-6232

**Winnipeg Centres:**
Winnipeg Centre – Portage Place Mall, Floor Ground, Unit 122, 393 Portage Avenue
Passport Office – 433 Main Street, Suite 400
St. Boniface – 170 Goulet Street
St. Vital – 1001 St. Mary’s Road
North-East – Rivergrove Shopping Centre, 2599 Main Street
South-West - 3393 Portage Avenue, Suite 140

**Manitoba Centres:**
Morris – 220 Main Street North -
Selkirk – 51 Main Street
Steinbach - 321 Main Street
St. Pierre-Jolys - 427 Sabourin Street

Regional Call Centre for Employment Insurance and Social Insurance numbers (Manitoba including Winnipeg): **Tel:** 1-800-206-7218

**Indigenous and Northern Affairs Canada**
Terrasses de la Chaudière
10 Wellington, North Tower
Ottawa, ON K1A 0H4
**Tel:** 613-992-1067
**Fax:** 1-866-817-3977
**Website:** [http://www.ainc-inac.gc.ca](http://www.ainc-inac.gc.ca)

**Toll free:** 1-800-567-9604
**Email:** InfoPubs@aadnc-aandc.gc.ca
Status Cards and Registration: In-person services for registration and Secure Certificate of Indian Status are now available at a temporary location in Winnipeg, by appointment only. For application forms or to get more information about registering for Indian Status or applying for a Secure Certificate of Indian Status, or if you require a temporary proof of a registration document, please call 1-800-567-9604 or visit the INAC Indian Status page.

Estates: For applications or for more information on estates, please call 1-800-567-9604 or visit the INAC website.

Indigenous Inclusion Directorate
(Manitoba Education and Training)  
510 Selkirk Avenue  
Winnipeg, MB R2W 2M7  
Tel: 204-945-7886  
Fax: 204-948-2010  
Toll free: 1-800-282-8069 ext 7886  
Website: http://www.edu.gov.mb.ca/abedu/index.html

The Indigenous Inclusion Directorate provides leadership and coordination for departmental initiatives in Indigenous education and training. This includes:

- ensuring an integrated approach to Indigenous education and training
- promoting the removal of systemic barriers for Indigenous student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Indigenous education and training
**FRIENDSHIP CENTRES**

**National Association of Friendship Centres**
275 Maclaren Street  
Ottawa, ON K2P 0L9  
**Tel:** 613-563-4844  
**Fax:** 613-594-3428  
**Website:** [http://nafc.ca](http://nafc.ca)

**Manitoba Association of Friendship Centres**
102-150 Henry Avenue  
Winnipeg, MB R3B 0J7  
**Tel:** 204-942-6299  
**Fax:** 204-942-6308

**Indian and Métis Friendship Centre of Winnipeg**
45 Robinson Street  
Winnipeg, MB R2W 5H5  
**Tel:** 204-586-8441  
**Fax:** 204-582-8261

**Other Manitoba Friendship Centres**

- **Brandon Friendship Centre Inc.**
  836 Loren Avenue  
  Brandon, MB R7A 0T8  
  **Tel:** 204-727-1407  
  **Fax:** 204-726-0902

- **Dauphin Friendship Centre, Inc.**
  210-1st Avenue NE  
  Dauphin, MB R7N 1A7  
  **Tel:** 204-638-5707  
  **Fax:** 204-638-4799

- **Flin Flon Aboriginal Friendship Centre**
  57 Church Street  
  Flin Flon, MB R8A IM7  
  **Tel:** 204-687-3900  
  **Fax:** 204-687-5328

- **Lynn Lake Friendship Centre, Inc.**
  625 Gordon Street  
  Lynn Lake, MB R0B 0W0  
  **Tel:** 204-356-2407  
  **Fax:** 204-356-8223

- **Portage la Prairie Friendship Centre, Inc.**
  20 - Third Street N.E.  
  Portage la Prairie MB R1N 1N4  
  **Tel:** 204-239-6333  
  **Fax:** 204-239-6534

- **Riverton & District Friendship Centre**
  53 Laura Avenue  
  P.O. Box 359  
  Riverton, MB R0C 2R0  
  **Tel:** 204-378-2927  
  **Fax:** 204-378-5707

- **Selkirk Friendship Centre**
  425 Eveline Street  
  Selkirk, MB R1A 2J5  
  **Tel:** 204-482-7525  
  **Fax:** 204-785-8124

- **Elbert Chartrand Friendship Centre**
  1413 Main Street  
  Swan River, MB R0L 1Z0  
  **Tel:** 204-734-3090  
  **Fax:** 204-734-3090

- **The Pas Friendship Centre, Inc.**
  81 Edwards Street  
  P.O. Box 2638  
  The Pas, MB R9A 1M3  
  **Tel:** 204-623-6459  
  **Fax:** 204-623-4268

- **Ma-Mow-We-Tak Friendship Centre, Inc.**
  4 Nelson Road  
  Thompson, MB R8N 0B4  
  **Tel:** 204-677-0996  
  **Fax:** 204-677-3195

- **(Thompson)**
  4 Nelson Road  
  Thompson, MB R8N 0B4  
  **Tel:** 204-677-0996  
  **Fax:** 204-677-0970

The Friendship Centres provide a focus for activities and services of interest and/or aid to Aboriginal people.
**CHILDREN AND YOUTH**

**Victoria-Albert Day Care**

483 Bannatyne Avenue  
Winnipeg, MB  R3A 0G2  
Tel: 204-957-5995  
Fax: 204-942-8621

110 Ellen Street  
Winnipeg, MB  R3A 1A1  
Tel: 204-943-8576  
Fax: 204-942-8621

Victoria Albert Day Care, Inc. is a pre-school and school age day care for children in nursery to grade 6, funded by the Manitoba government. V.A.D.C. operates before school, during lunch and after school. During in-services and school holidays, it is open from 7 a.m. to 5:30 p.m. Parents send bag lunches for their children, which are supplemented with soup and milk. An after-school snack is also served at 3:30 p.m. Space and equipment are provided for a large variety of activities, as well as field trips, swimming, skating, videos and other activities suggested by the children.

**Abinotci Mino-Ayawin (Children's Healing)**

Rm. 215 - 181 Higgins Avenue  
Winnipeg, MB  R3B 3G1  
Tel: 204-925-3700  
Fax: 204-925-3709

The primary focus for the Abinotci Mino-Ayawin Program is the health care needs of young Aboriginal children age 0-6 and their families living in the inner city. The program is based on the traditional Aboriginal principles known as the Seven Sacred Teachings: sharing, caring, kindness, humility, trust, honesty and love. All exist within the Medicine Wheel or the Circle of Life.

Abinotci provides family and one-to-one support towards achieving a healthy, balanced environment through services such as sharing circles, native parenting programs, access to Elders and traditional healing, advocacy, and other community referrals. To contact Abinotci Mino-Ayawin, phone 204-925-3700 and ask to speak to a senior counsellor.

**Aboriginal Head Start Program**

Aboriginal Health and Wellness Centre of Winnipeg, Inc.  
215 - 181 Higgins Avenue  
Winnipeg, MB  R3B 3G1  
Tel: 204-925-3700  
Fax: 204-925-3709

The Aboriginal Head Start Program is designed to promote healthy development of Aboriginal children living in both urban and rural settings. It is controlled by local parents and caregivers. Its goals are:

- to foster the spiritual, emotional, intellectual and physical growth of each child
- to support the role of parents and guardians as the primary teachers and caregivers of their children
- to recognize and support the role of the extended family
- to ensure that the broader Aboriginal community participates in the planning,
development and evaluation of the program
  • to ensure that the program is coordinated with other community programs and services.

Children selected to participate in this program will be living in or around the core area, 3-5 years of age, and of Aboriginal ancestry. Children who are not enrolled in a formal day care setting will be given priority.

Times of operation are:
  • 3-4 year-olds: Mon. - Thurs. morning 8:30 - 11 a.m.
  • 4-5-year-olds: Tue. - Thurs. afternoons 1 - 3:30 p.m.

The children are picked up and returned home in a school bus. The children will receive a nutritious snack during their group time. Note: There is no charge for this program.

Other Head Start Locations (times of operation vary):

**Ma Mawi Wi Chi Itata Centre**
Broadway Community Centre
185 Young Street
Winnipeg, MB R3C 1Y8

**Andrews St. Family Centre/ Pritchard Place Drop-In**
220 Andrews Street
Winnipeg, MB R2W 4T1
Tel: 204-589-1721
Fax: 204-589-7354

This drop-in centre is open Monday through Friday, 3:30 to 9:30 p.m. and Saturday and Sunday 10 a.m. to 5 p.m. All youth ages six to 17 are welcome. The centre offers structured and unstructured programs, including Native arts and crafts. There are special events such as swimming, floor hockey, dances, pool tournaments, movie nights and other planned outside activities. It also houses an Aboriginal Head Start Program.

**Youth Agencies Alliance (YAA)**
300-61 Juno Street
Winnipeg, MB R3A 1T1
Tel: 204-982-4946
Fax: 204-982-4950
Website: http://www.youthagenciesalliance.com/

Values:
Collaboration
YAA will build on our member’s experience, knowledge and resources to increase capacity for collective action in order to speak with one voice on issues related to youth.

Relationships
YAA members commit to trusting each other’s expertise and having open and ongoing communication with the goal to collaborate to better serve youth. YAA values that all decisions will be made by building consensus, therefore providing an equal voice to all members.
Best Practices
YAA supports training, research, sharing and learning to help stay well-informed of issues and trends related to youth. We value continuous learning by collaborating and partnering with a range of stakeholders (the public, funders, policy makers, community leaders, and community agencies) so that together we can have youth issues on the public agenda.

Programs
YAA values the development and implementation of a wide range of safe, constructive, inclusive and meaningful programs. Through participating in programming, youth will have the opportunity to develop important life skills and develop a sense of belonging to their community.
CHILD AND FAMILY SERVICES:
Child and Family All Nations Coordinated Response Network (ANCR)
835 Portage Avenue
Winnipeg, MB R3G 0N6
Tel: 204-944-4200
Fax: 204-944-4050
Toll free: 1-888-944-2627

ANCR is generally the first point of contact with the Child and Family Services system. ANCR seeks to bridge the gap and provide support and services to families and children to ensure the safety of children. ANCR is accessible round-the-clock to handle emergency and non-emergency calls.

Winnipeg Child and Family Services
404 - 1 Wesley Avenue
Winnipeg, MB R3C 4C6
Tel: 204-944-4438
Fax: 204-944-4395
Website: http://www.gov.mb.ca/fs/org/csd/wcfs.html

Winnipeg Child and Family Services provides comprehensive child protection and family support services in Winnipeg, in accordance with The Child and Family Services Act and The Adoption Act.

Winnipeg Child and Family Services:
- partners with community to provide supportive and preventive services to families
- provides protection services to children at risk of abuse and neglect
- develops and provides basic and specialized placement services to meet needs of children in care provides preservation and reunification services to families
- provides adoptive and post-adoptive services to children and families when reunification is no longer an option

INTAKE SERVICES
Tel: 204-944-4200
After Hours emergency: 204-944-4050

INTAKE SERVICES
835 Portage Avenue
Winnipeg, MB R3G 0N6
Tel: 204-944-4200
Toll free: 1-888-944-2627

INTAKE SERVICES
After Hours emergency: 204-944-4050

Services are offered at 18 locations in six areas: Central, Eastman, Interlake, Northern, Parkland, and Westman
Website: http://www.gov.mb.ca/fs/locations/ruralnorthern.html

Central
Morden 290 North Railway R6M 1S7
Tel: 204-822-2861
Portage la Prairie 25-3rd Street R1N 1N1
Tel: 204-857-8751
Winkler 204 Main Street R6W 2P9
Tel: 204-331-5040
CHILD AND FAMILY SERVICES

Eastman
Beausejour 20 - 1st Street S R0E 0C0                   Tel: 204-268-6228
Pine Falls 26 Pine Street R0E 1M0                    Toll free: 1-866-576-8546
St. Anne Unit A 30 Dawson Road R5H 1B5               Tel: 204-367-6120
St. Pierre 427 rue Sabourin R0A 1V0                  Tel: 204-422-7020
Steinbach 242–323 Main Street. R5G 1Z2              Tel: 204-346-6390
Toll free: 1-866-682-9782

Interlake
Selkirk 101 - 446 Main Street R1A 1V7                Tel: 204-785-5106
Gimli 120 - 6th Avenue R0C 1B0                       Tel: 204-642-6051
Stonewall 589 - 3rd Street R0C 2Z0                   Tel: 204-467-4420

Northern
Churchill 162 La Verendrye Avenue R0B 0E0           Tel: 204-675-8380
Thompson 59 Elizabeth Drive R8N 1X4                 Tel: 204-677-6570
Toll free: 1-866-677-6713                            Tel: 204-687-1700
Flin Flon 102-143 Main Street R8A 1K2               Tel: 204-627-8311
The Pas 79-3rd Street West R9A 1M4

Parkland
Dauphin RM 309-27 Avenue SW R7N 3E5                  Tel: 204-622-2035
Toll free: 1-888-335-3494                            Tel: 204-734-3491
Swan River 201 - 4th Avenue S R0L 1Z0               Tel: 1-888-269-6498

Westman
Brandon 340 - 9th Street R7A 6C2                    Tel: 204-726-6173

Knowles Centre, Inc.
2065 Henderson Highway                              Tel: 204-339-1951
Winnipeg, MB R2G 1P7                                 Fax: 204-334-4173
Email: info@knowlescentere.org

Knowles Centre Inc. is a community-based, non-profit social services agency for children, adolescents and young adults facing difficult times in their lives. It offers a range of therapeutic and skills-based programs that help young people to address past struggles, to develop healthier relationships and ways of like, and to reach their full potential in the future. Programs include group care treatment, treatment foster care, independent living, day treatment and sexual abuse treatment programs, plus a range of support services. Each program has its own admission procedures.

Knowles Centre – Group Care Treatment Program:
Knowles Centre provides groups care treatment for youth ages 12-17 years of age facing challenges in their lives that cannot be adequately addressed in their home, foster home or regular group home placement. The program has two on-site and two community-based
treatment units, each offering space for up to six youth. Youth are cared for by experienced youth care workers, and they regularly meet with a clinical therapist. Additional treatment services are arranged as required.

Knowles Centre clients attend River East Transcona School Division’s John G. Stewart School, located on Knowles Centre’s grounds. Clients have access to organized recreation, culinary arts training and the Biimautaziinwin program, which focuses on traditional, cultural and spiritual well-being. Knowles Centre is a registered, non-profit, charitable organization and is governed by an elected board of directors. Knowles Centre is accredited by the Council on Accreditation. Clients are referred by a CFS worker through the Provincial Placement Desk or directly from a federal agency.

**Manitoba Adolescent Treatment Centre (MATC)**

120 Tecumseh Street  
Winnipeg, MB R3E 2A9  
CENTRALIZED INTAKE:  
Tel: 204-477-6391  
Fax: 204-783-8948  
Website: [www.matc.ca](http://www.matc.ca)

MATC provides a range of mental health services to children and adolescents who experience psychiatric and/or emotional disorders. MATC strives to be sensitive, responsive and innovative in meeting the changing needs of children, adolescents, families and communities.

Anyone can make a referral to MATC through the Centralized Intake office. This includes any young person, parents, family members or professionals who work with the young person. If you are not sure whether MATC is the best place for you or someone you know, you are welcome to phone and discuss this with us. The intake worker will ask for other information over the phone to help you determine which service best meets your needs.

Centralized Intake and MATC do not offer emergency services. Any young person at immediate risk of self-harming or harming others should be directed to:  
MOBILE CRISIS TEAM: 204-949-4777 or EMERGENCY 911

**Ma Mawi Wi Chi Itata Centre, Inc.**

Administration Site  
350 – 200 Alpine Way  
Winnipeg, MB R4H 0B7  
Email: [info@mamawi.com](mailto:info@mamawi.com)

Community Meeting Space  
445 King Street  
Winnipeg, MB R2W 4V5

Community Care Sites:

363 McGregor Street  
Winnipeg, MB R2W 4X4  
Tel: 204-925-0330

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The Ma Mawi Wi Chi Itata Centre (Ma Mawi) was given birth in the fall of 1984 by committed community members who sought an Aboriginal solution to supporting and rebuilding families. Since that time, the organization has grown to provide a variety of supports and programming to accomplish these results.

All of Ma Mawi's programs and services are aimed at empowering individuals and families to better care for themselves and each other. With the guidance of our community, we continually seek to provide services that are relevant and meet the needs of the families we serve.

**Types of services Ma Mawi offers:**

- **Youth Services:**
  Sons and Daughters of the Rising Sun, Four Directions Pow Wow Club, Aboriginal Scouts, Traditional Teachings and Ceremonies, Solvent Abuse Prevention, Positive Adolescent Sexuality Support, Young Fathers Program, Home-Based Crisis Intervention and Strong Directions - Youth Leadership Development

- **Community Care Centres:**
  Referrals, Short Term Emergency Services, Community Drop In, Home Maker Services, Parenting Groups, Volunteer Program, Youth Anger Management, Healthy Relationships for Men, Women and Youth Groups, Journey to Healthy Lifestyles, Literacy

- **Children in Care:**
  Widening the Circle Neighbourhood Based Care, Ozosunon Nest Program, Circle of Care Short-Term Residential Care, Honouring the Spirit of Our Little Sisters Community-Based Safe House for Adolescent Females

- **Child Development:**
  Licensed Early Years (12 weeks to 2 years of age) Day Care

- **Community Training & Learning:**
  Team Building Workshop, Leadership Training, Capacity Building Workshop, PATH planning tool (planning alternative tomorrows with hope), Mediation, Aboriginal Culture, Women's, Men's and Couples Retreats, Spirit of Peace

*Ndinawemaaganag Endaawaad (Our Relative's House)*

**Tel:** 204-586-2588  
**Fax:** 204-589-4086

*Ndinawe* offers a safe, nurturing home for male and female youth ages 11-17. If you have no place to go or you are at risk of experiencing serious physical, emotional or spiritual harm, or if you are vulnerable to sexual exploitation, call us at 204-586-2588. Open seven days a week.
Youth Resource Centre
472 Selkirk Avenue
Winnipeg MB R2W 2M7
Tel: 204-589-5545
Fax: 204-589-4086

Operated by Ndinawemaaganag Endaawaad, the Youth Resource Centre offers community based resource programming to youth ages 11-25.

- **Main Services:**
- **Secondary Services:**
  - Help support youth who are living independently or with family to find safe long term housing, and provide training necessary to promote youth independence and sustainability in the community.
- **Skill development:**
  - Resume writing, food preparation, parenting, tutoring, etc.

Referral process: self referral, family referral and other services providers.

**New Directions** for Children, Adult and Families
500-717 Portage Avenue
Winnipeg, MB R3G 0M8
Tel: 204-786-7051
Fax: 204-774-6468

**Opikihiwawin**
(New Directions)
500 - 717 Portage Avenue
Winnipeg, MB R3B 2E4
Tel: 204-786-7051
Fax: 204-774-6468

Opikihiwawin’s aim is to provide support, education and nurturing resources to cross-cultural families that have adopted or are giving care to Aboriginal children, primarily within a 60 mile radius of Winnipeg. The co-ordinator is available for one-to-one counselling with parents and children, and will give leadership in the field of appropriate cultural and recreational activities for Aboriginal children, whether adopted or in foster care. Parent support groups meet in the Winnipeg area. Opikihiwawin is sponsored by New Directions. For more information, contact the program manager.

**Project Neecheewam, Inc.**
605 Wall Street
Winnipeg, MB R3G 2T5
Tel: 204-775-9240
Fax: 204-774-4970

Project Neecheewam, Inc. is a professionally staffed community based organization designed to meet unique and individual needs of youth requiring care through crisis intervention and residential care. Project Neecheewam, Inc. currently operates four residential facilities in Winnipeg for youth who have experienced severe family, personal and societal difficulties. These are:
CHILD AND FAMILY SERVICES

- Greenwood Place "Anderson House" (male)
- St. Matthews Home "Oshinik-Ikwe Okanin" (female)
- Crisis Stabilization Unit (male)
- Golden Eagle (co-ed Interim short term residency)

**Rossbrook House**

658 Ross Avenue (at Sherbrook)  
Winnipeg, MB  R3M 0M1  
Tel: 204-949-4090  
Fax: 204-949-4095  
Email: mail@rossbrookhouse.ca  
Website: www.rossbrookhouse.ca

The original and main purpose of this drop-in centre for children and youth ages 4-24 is to offer constructive diversion and keep young people off the streets. It offers recreational, cultural and employment programs. The majority of staff are local Aboriginal youth. Three educational programs are operated in conjunction with Winnipeg School Division No. 1:

- 'Wi Wabigooni', Elementary, affiliated with Victoria Albert School  
- 'Eagles' Circles', Junior High, affiliated with Hugh John MacDonald School  
- 'Rising Sun' affiliated with Gordon Bell High School

Rossbrook House is open from 8 a.m. to midnight Monday to Thursday and Sunday; 24 hours Friday, and Saturday (and Sunday, if Monday is a holiday). During Christmas, spring and summer school breaks, the house is open 24 hours.

**Wahbung Abinoonjiiag**

225 Dufferin Avenue  
Winnipeg, MB  R2W 5N7  
Tel: 204-925-4610  
Fax: 204-582-9508  
Email: admin@wahbung.org and women@wahbung.org

Wahbung Abinoonjiiag is a non-profit program that provides services to children 0-6 years of age and their families, who have experienced various forms of victimization. The program provides support, education, and culturally appropriate programming to children and parents who have been exposed or witness to family violence. The organization believes that, in order for our community to heal from family violence, all members of a family should have access to services that will assist in the family’s healing journey.

**FIRST NATIONS MANDATED AGENCIES**

**Mission Statement:**
To have a jointly coordinated child and family services system that recognizes the distinct rights and authorities of First Nations and Metis peoples and the general population to control and deliver their own child and family services province-wide. Those services will be community-based and reflect and incorporate the cultures of First Nations, Metis and the general population respectively.

**First Nations of Southern Manitoba Child and Family Services Authority**

100 – 696 Portage Avenue  
Winnipeg, MB  R3G 0M6  
Tel: 204-783-9190  
Fax: 204-783-7996  
Website: http://www.aji-cwi.mb.ca/eng/firstnationssouthcfs.html  
Toll free: 1-800-665-5762
First Nations of Southern Manitoba Agencies

Anishinaabe Child and Family Services
General Delivery Tel: 204-659-4546
Fairford, MB R0C 0X0 Fax: 204-659-5877
Website: www.anishcfs.org

Anishinaabe West serves band members of Lake St. Martin, Dauphin River, Fairford, Lake Manitoba and Little Saskatchewan.

Winnipeg Office:
56 – 1313 Border Street R3C 1K4
Tel: 204-942-0788
Fax: 204-957-1734

Dakota-Ojibway Child and Family Services
702 Douglas Street Tel: 204-729-3650
Brandon, MB R7A 7B2 Fax: 204-728-1806
Toll free: 1-800-263 6237

Dakota-Ojibway Child and Family Services provides services to eight reserves: Dakota Plains, Long Plain, Roseau River, Sioux Valley, Swan Lake, and Birdtail Sioux.

Winnipeg Office:
1150 Fife Street R2X 2Z6
Tel: 204-988-9230
Fax: 204-947-5179

Intertribal Child and Family Services
Box 358 Tel: 204-645-2744
Koostatak, MB R0C 1S0 Fax: 204-645-3065
Toll free: 1-866-573-4467

Services the reserves of Fisher River, Dakota Tipi and Kinonjeoshtegon (formally Jackhead)

Winnipeg Office:
Unit 19 - 399 Berry Street R3J 1N9
Tel: 204-949-0855
Fax: 204-949-1180
Toll free: 1-866-573-4460

Peguis Child and Family Services
P.O. Box 610 Tel: 204-645-2049
Peguis First Nation Fax: 204-645-2558
Peguis, MB R0C 3J0 Toll free: 1-877-777-2049

Peguis Child and Family Services serves the Peguis First Nation.

Winnipeg Office:
6 - 350 Keewatin Street R2X 2R9 Tel: 204-632-5404
Fax: 204-632-7226
Sagkeeng Child and Family Services
P.O. Box 700  
Pine Falls, MB R0E 1M0  
Tel: 204-367-2215  
Fax: 204-367-8510

Serves Sagkeeng First Nation.

Winnipeg Office:  
1948 Main Street  R2V 2B4  
Tel: 204-949-1649  
Fax: 204-949-1669

Southeast Child and Family Services
4th Floor, 360 Broadway Avenue  
Winnipeg, MB  R3C 0T6  
Tel: 204-947-0011  
Fax: 204-947-0009

Southeast Child and Family Services serves nine reserves: Poplar River, Berens River, Bloodvein, Pauingassi, Little Grand Rapids, Hollow Water, Little Black River, and Brokenhead.

Winnipeg Office:  
2nd Floor – 1410 Mountain Avenue  
Winnipeg, MB  R2X 3C4  
Tel: 204-594-0494  
Fax: 204-594-0499

West Region Child and Family Services
Box 280,  
Erickson, MB  R0J 0P0  
Tel: 204-636-6100  
Fax: 204-636-6158

Services are available to Ebb and Flow, Rolling River, Keeseekoowewin, Valley River, Pine Creek, Crane River, Waywayseécappo, Gamblers Reserves, Brandon and Skownan.

Winnipeg Office:  
255 Sherbrook Street  R3C 2B8  
Tel: 204-985-4050  
Fax: 204-985-7079

First Nations of Northern Manitoba Child and Family Services Authority

Head Office:  
PO Box 10460  
Opaskwayak, MB  R0B 2J0  
Tel: 204-623-4472  
Fax: 204-623-4517  
Website: www.northernauthority.ca

Winnipeg Office:  
2nd floor – 383 Provencher Blvd  
Winnipeg, MB  R2H 0G8  
Tel: 204-942-1842  
Fax: 204-942-1858

The First Nations of Northern Manitoba Child and Family Services Authority is committed to the well-being of First Nations children, families and communities and to respecting First Nation people’s traditions and cultures. Supporting and empowering First Nation child and family services agencies in northern Manitoba to enhance and enrich family life.
First Nations of Northern Manitoba Agencies

Awasis Agency of Northern Manitoba
100-701 Thompson Drive
Thompson, MB  R8N 2A2
Tel: 204-677-1500
Toll free: 1-800-667-4734
Fax: 204-778-8428

Awasis serves communities in Northern Manitoba, including: War Lake, God's Lake, Split Lake, Northlands, Barren Lands, Oxford House, York Landing, Fox Lake, God's River and Shamattawa.

Winnipeg Office:
201 - 274 Smith Street  R3C 1K1
Tel: 204-987-9480
Fax: 204-987-9489

Cree Nation Child and Family Caring Agency
P.O. Box 10130
Opaskwayak, MB  R0B 2J0
Tel: 204-623-7456
Fax: 204-623-3847
Email: concerns@creenation.ca

Cree Nation serves seven communities in Northern Manitoba: Chemawawin, Mathias Colomb, Misipawistik, Wuskwi Sipihk, Marcel Colomb, Mosakahiken and Sapotaweyak.

Winnipeg Office:
Unit 14 – 1313 Boarder Street  R3H 0X4
Tel: 204-954-3100
Toll free 1-866-665-1763
Fax: 204-954-3090

Island Lake First Nations Family Services
General Delivery
Garden Hill, MB  R0B 0T0
Tel: 204-456 2015
Toll free: 1-888-242-0605
Fax: 204-456-2641

Island Lake serves: Garden Hill, St. Theresa Point, Red Sucker Lake and Wasagamack.

Winnipeg Office:
103-1821 Wellington Avenue  R3H 0G4
Tel: 204-987-9444
Fax: 204-943-4604

Kinosao Sipi Minisowin Agency
P.O. Box 640
Norway House, MB  R0B 1B0
Tel: 204-359-4551
Fax: 204-359-6013

Kinosao serves Norway House.

Winnipeg Office:
585 Century Street  R3H 0W1
Tel: 204-772-8957
Fax: 204-774-6632
Nisichawayasihk Cree Nation Family and Community Services
P.O. Box 451
Nelson House, MB R0B 1A0
Tel: 204-484-2341
Fax: 204-484-2351

Nisichawayasihk Cree Nation serves Nelson House.

Winnipeg Office:
1450 Wellington Avenue R3E 0K5
Tel: (204) 784-8160
Toll free: 1-855-609-6592

Metis Child and Family Services Authority
Metis Child, Family & Community Services
204 – 150 Henry Avenue
Winnipeg, MB R3B 0J7
Tel: 204-949-0220
Fax: 204-984-9487
Toll free: 1-855-779-1277
The Behavioural Health Foundation Inc. is accredited by the Commission of Rehabilitation Facilities (CARF). It provides long-term residential programming for men, women and family units that are experiencing a variety of problems that almost always including addictions. The program is designed to offer graduated opportunities for equipping a person with the vocational, intellectual and communicative skills necessary for successful integration into society.

**Men's, Women's and Family Addiction Treatment Services:** These services include:

- group, family and individual counselling
- addictions counselling
- Parent Effectiveness Training courses
- 24-space child daycare
- advocacy on behalf of residents
- cultural programming on an on-going basis provided by the co-ordinator of Aboriginal services
- court and provincial corrections’ services including pre-sentence reports, bail recognizance, temporary absence, and probation residence
- interviews and assessments at provincial correctional institutions, Corrections (Federal)
- community residential centre for parolees
- employment training
- job placement
- education classrooms for Kindergarten to Grade 12

**Kirkos House Youth Services:** Kirkos House is a provincially-licensed treatment facility that houses up to 16 adolescent females. Kirkos House is also accredited by CARF. The facility provides:

- group, family and individual counselling
- addictions counselling
- education classes to Grade 12
- assertiveness training and conflict resolution sessions
- access to structured work activities
- outreach and gradual movement to the community and/or an Extended Treatment Program.

**Other Support Services** such as on-site child care services are available to allow parents maximum program involvement. A physician is under contract for weekly visits or as required, and the facility employs a full-time clinical therapist.
SUPPORT SERVICES

Aboriginal Seniors Resource Centre Inc. (ASRC)

45 Robinson Street  
Winnipeg, MB  R2W 5H5  
Tel: 204-586-4595  
Fax: 204-586-3283  
Email: admin@asrcwpg.ca  
Website: http://asrcwpg.ca/

The ASRC is an autonomous non-profit corporation established to provide a holistic approach to promote the respect and well-being of Aboriginal seniors in Winnipeg. ASRC works to increase access to information, resources and supports that directly improve the health and well-being of Aboriginal seniors in Winnipeg. This is accomplished through:

- providing opportunities for active involvement within the community as a means of achieving physical, emotional, mental and spiritual balance
- outreach support and referrals to other Aboriginal organizations
- providing opportunities for Aboriginal seniors to pass on traditional values and historical knowledge to younger generations

Circle of Life Thunderbird House

715 Main Street  
Winnipeg, MB  R3B 3N7  
Tel: 204-940-4240  
Fax: 204-940-4243  
Email: info@thunderbirdhouse.com  
Website: http://www.thunderbirdhouse.com

Circle of Life Thunderbird House, located at the corner of Main Street and Higgins Avenue, is a spiritual and community gathering place that highlights Indigenous cultural values, traditions and history. Designed by internationally renowned architect Douglas Cardinal, the facility reflects the influence and wisdom of the Aboriginal community. More than just a landmark building, The Circle of Life Thunderbird House is a place where community can share their culture and sense of spirituality with the rest of Winnipeg. It is a unique concept which recognizes the urban community’s impact on the area—a delicate balance of economic, social and cultural concerns. It is a place for exploring the ways of Indigenous community’s past and present, and where we can truly claim ownership and pride.

Being a space primarily meant to host ceremonies, Circle of Life Thunderbird House tries its best to accommodate all ceremonial requests from the community. They also rent space for organizational meetings, community events and programming.

Community Financial Counselling Services, Inc. (CFCS)

516 – 294 Portage Avenue  
Winnipeg, MB  R3C 0B9  
Tel: 204-989-1900  
Fax: 204-989-1908  
Toll free: 1-888-573-2383

CFCS is a not-for-profit United Way Member Agency, and an accredited member of Credit Counselling Canada. CFCS offers credit and financial counselling that includes debt solutions and options, budgeting and spending plans, detailed assessments of your financial situation and consumer education/information.
Eyaa-Keen Healing Centre Inc.
547 Notre Dame Avenue
Winnipeg, MB R3B 1S2
Tel: 204-783-2976
Fax: 204-284-7292
Email: contact@eyaa-keen.org
Website: www.eyaa-keen.org

The goal of Eyaa-Keen Healing Centre Inc. is to help people recognize and overcome their inner obstacles and give them the healing tools they need to lead productive, healthy lives. Individuals can choose to work with an Indigenous Behavioural Health Specialist, an Elder or a Traditional Healer to work through a series of sessions which take an Indigenous Traditional based therapeutic approach and gradually progress through active healing, learning and developing life-affirming practices.

Ikwe-Widdjiitiwin, Inc. (Women Helping One Another)
P.O. Box 1056
Winnipeg, MB R3C 2X4
Tel: 204-987-2780
Fax: 204-987-2822
Email: contact@eyaa-keen.org
Toll free Crisis Line: 1-800-362-3344
Provincial Crisis Line: 1-877-977-0007
TDD Line: 1-800-561-6178

Ikwe-Widdjiitiwin provides emergency shelter for women and children who are victims of violence. Shelter counsellors are on duty twenty-four hours per day seven days per week to provide services, understanding and information on local services available. If service is required, please phone the shelter for the address. Services are available in most First Nations languages.

Ka Ni Kanichihk, Inc.
455 McDermot Avenue
Winnipeg, MB R3A 0B5
Tel: 204-953-5820
Fax: 204-953-5824
Email: admin@kanikanichihk.ca
Website: www.kanikanichihk.ca

Ka Ni Kanichihk Inc. (Cree for those who lead) is a registered, non-profit, community-based Aboriginal human services organization formed in 2001. Ka Ni Kanichihk's mission is to provide a comprehensive range of culturally-appropriate programs and services to meet the unique needs of Winnipeg's rapidly expanding Aboriginal community. The organization is committed to developing Aboriginal leadership, responding to issues that are both transformative and rooted in the restoration and reclamation of a positive and powerful cultural identity.

Since its inception, it has focused on issues of concern to women in the Aboriginal community. For example, one of its programs - Iskwewak Leadership Development - provides women who have been directly and/or inter-generationally affected by residential schools with a range of culturally-based and woman-centred educational and healing services.
Manitoba Aboriginal Sport and Recreation Council, Inc.
105 - 145 Pacific Avenue
Winnipeg, MB R3C 4M2
Tel: 204-925-5737
Fax: 204-925-5716
Email: Melvin.magg pantay@sportmanitoba.ca
Website: www.masrc.com

The council’s vision is to empower Manitoba’s Aboriginal community to grow physically, spiritually and culturally through sport and recreation. Its Mission is to strengthen Aboriginal participation in positive healthy lifestyles.

Manitoba Moon Voices, Inc.
2-715 Main Street
Winnipeg, MB R3B 3N7
Tel: 204-942-1828
Fax: 204-615-5300
Toll free: 1-855-893-0166
Email: admin@manitobamo onvoicesinc.ca

Manitoba Moon Voices is a non-profit organization supporting leadership and advancement by and for Aboriginal women in Manitoba. The organization focuses on building stronger connections among Indigenous women and their communities, organizations and allies across Manitoba to support women’s collaborative voice and empower each other. Manitoba Moon Voices shares and promotes knowledge and resources through positive actions and self-determination, while incorporating ancestral practices with Indigenous women everywhere.

Native Women’s Association of Canada (NWAC)
Head Office:
155 International Road Unit #2
Akwesasne, ON K6H 5R7
Toll free: 1-800-461-4043

Satellite Office:
1 Nicholas Street, 9th Floor
Ottawa, ON K1N 7B7
Tel: 613-722-3033
Fax: 613-722-7687
Email: reception@nwac.ca
Toll free: 1-800-461-4043

The Native Women's Association of Canada (NWAC) is a national Aboriginal organization. NWAC was founded with the collective goal to enhance, promote and foster the social, economic, cultural and political well-being of Aboriginal women in urban, rural, Metis and First Nation communities in Canada. NWAC is structured to represent the views of various native women, organizations and leaders in areas such as the Indian Act, the constitution, health, family violence, AIDS, Aboriginal rights, child welfare and justice issues.

Native Women's Transition Centre Inc.
105 Aikins Street
Winnipeg, MB R2W 4E6
Tel: 204-989-8240
Fax: 204-586-1101
Email: rswnwt1@nwtc.cc
Intake: 204-998-8244 or 204-989-8251

A safe home for Aboriginal women (and their children) who are in the process of changing their current life situation. The centre is a place where there is support and access to
resources to enable growth and develop skills in becoming more self-determining persons. The centre offers a first or second stage program, which is a one year residency.

Neeginan Centre
103 - 181 Higgins Avenue
Winnipeg, MB R3B 3G1
Tel: 204-989-6395
Fax: 204-989-7137
Email: events@abccentre.org

Neeginan Centre is a non-profit corporation formed to own and manage the historic former Canadian Pacific Railway station in Winnipeg. It is a service centre where Aboriginal people can come for a variety of essential services. Its goal is to provide social, educational and entrepreneurial growth for the Aboriginal people of Winnipeg.

North End Women's Centre, Inc.
394 Selkirk Avenue
Winnipeg, MB R2W 2M2
Tel: 204-589-7347
Fax: 204-586-9476
Email: info@newcentre.org

The centre is open on a drop-in basis for women to socialize, use the phone or have a coffee. Programs include the "Up Shoppe" (for Women, Children and Men), which offers clothing articles at a very low price (free of charge to women in need on the basis of a referral). Up Shoppe is open Monday to Thursday 9 a.m. to 4:30 p.m. and Friday 9 a.m. – 4 p.m.

The North End Women's Centre offers various counselling programs during the year, including:

- individual counselling
- healthy anger
- parenting program group
- grief and loss group
- healthy relationships group

There are also information sessions and numerous workshops available throughout the year, including addictions recovery and housing support programs.

The centre's hours are:
- Mon. - Thurs. 8:30 a.m. - 4:30 p.m.
- Fri. 8:30 a.m. - 4 p.m.

Resource Assistance for Youth (RaY)
Resource Centre:
125 Sherbrook Street
Winnipeg, MB R3C 2B5
Tel: 204-783-6617
Fax: 204-775-4988
Email: info@rayinc.ca
Website: www.rayinc.ca
Outreach: 204-391-2209
RaY’s Drop-in operates six days a week, and on Monday and Wednesday evenings. Drop-in is easily accessible for all youth and provides them with a sage, comfortable, supportive place to access all of RaY’s services, make appointments, and receive one-on-one supports or simply a reprieve from the street.

A hot, nutritious meal is prepared and served by kitchen training program participants at 1 p.m. each day.

**Location: 125 Sherbrook Street**
Monday – Friday hours: 1 – 3 p.m.
Monday and Wednesday hours: 5:30 – 8:45 p.m.
Saturday hours: noon – 4 p.m.

RaY’ is non-judgemental and non-partisan, employing a harm reduction approach to all interactions with youth in need. Their mission is to provide youth with what they need, on their terms, to better their lives. They provide access to basic needs, housing support, employment and training programs, health and wellness, mental health or addictions support, workshops and street outreach.

**Salvation Army**

**Local Corps**

**BRANDON**
9 Princess Avenue E  
Brandon, MB  R7A 1R8  
Tel: 204-727-6271  
Fax: 204-727-1752

**DAUPHIN**
38 2nd Avenue NE  
Dauphin, MB  R7N 2V4  
Tel: 204-638-3764  
Fax: 204-638-3636

**FLIN FLON**
3 Hemlock Drive  
Flin Flon, MB  R8A 1N1  
Tel: 204-687-7812  
Fax: 204-687-5314

**PORTAGE LA PRAIRIE**
220 Duke Avenue  
Portage la Prairie, MB  R1N 0S6  
Tel: 204-239-7213  
Fax: 204-857-4672

**THOMPSON**
305 Thompson Drive  
Thompson, MB  R8N 1M9  
Tel: 204-677-3658  
Fax: 204-677-5283

**WINNIPEG**
**Addictions, Rehabilitation Camp, Shelter Services**
Winnipeg Booth Centre  
180 Henry Avenue  
Winnipeg, MB  R3B 0J8  
Tel: 204-946-9400  
Fax: 204-943-8898  
Website: [http://www.wpgboothcentre.ca/](http://www.wpgboothcentre.ca/)

- Anchorage Rehabilitation Program
SUPPORT SERVICES

- Men's/Women's Residential Services
- Winnipeg Haven Residential Facility

Community Camp, Family Services
Winnipeg Community & Family Services
324 Logan Avenue
Winnipeg, MB R3A 0L5
Tel: 204-946-9490

Corrections and Justice Services
Winnipeg Correctional & Justice Services
2nd Floor – 324 Logan Avenue
Winnipeg, MB R3A 0L5
Tel: 204-949-2100
Fax: 204-949-2110

Community Venture Program
Head Office:
1350 Church Avenue
Winnipeg, MB R2X 1G4
Tel: 204-942-1161
Fax: 204-946-5347
Email: office@communityventure.mb.ca
Website: http://www.communityventure.mb.ca/

The Community Venture Program is an adult developmental day program serving individuals with special needs and abilities, enhancing their quality of life by providing spiritual, educational, social, vocational and recreational activities.

Multicultural Family Centre
51 Morrow Avenue
Winnipeg, MB R2M 1A5
Tel: 204-946-9152
Fax: 204-946-9154

Neighbours Helping Neighbours
2nd Floor – 324 Logan Avenue
Winnipeg, MB R3A 0L5
Tel: 204-949-2106
Fax: 204-949-2110

Computer assisted Literacy
Tel: 204-946-9117

This program seeks to improve literacy skills in all areas for adults in the community and in Salvation Army programs, using classroom and computer assisted teaching.

Moms 'N Tots
Tel: 204-946-9152

Moms 'N Tots is a weekly getaway for mom and child offering support and friendship. Informational/assistance is offered in parenting, health, vocational and personal issues.

Work Readiness and Placement (WKRP)
Tel: 204-946-9141

WKRP is a thirteen-week program designed to improve the employability of social services recipients.
SUPPORT SERVICES

Mental Health Services
Haven
Tel: 204-946-9404

Haven offers 24-hour care to males living with a mental illness. This includes a life skills program, activities and group work.

Residential Services
180 Henry Avenue
Winnipeg, MB  R3B 0J8
Tel: 204-946-9400

This program provides separate overnight accommodation for adult men and women 18 years and over with short term stays available. Mothers accompanied by dependent children can be accommodated.

Shelters on Reserves
First Nation Healing Centre
Koostatak, MB  R0C 1S0
Tel: 204-645-2750
Fax: 204-645-2546

Mamawihetowin Crisis Centre
Pukatawagan, MB  R0B 1G0
Tel: 204-553-2198
Fax: 204-553-2302

Women's Crisis Centre
Shamattawa, MB  R0B 1K0
Tel: 204-565-2548
Fax: 204-565-2544

Southern First Nations Network of Care
Swan Lake First Nation
200 – 200 Alpine Way
Headingley, MB  R4H 1C8
Tel: 204-783-9190
Fax: 204-783-7996
Toll free: 1-800-665-5762
Email: reception@southernnetwork.org
Website: http://www.southernnetwork.org

The Southern First Nations Network of Care designs and manages Southern First Nation Child and Family Services program delivery. It also sets culturally-appropriate standards within provincial policies and funds Southern First Nation CFS agencies.

Southern First Nations CFS agencies include:

- Animikii Ozoson
- Anishinaabe Child and Family Services
- Dakota Ojibway Child and Family Services
- Intertribal Child and Family Services
- Peguis Child and Family Services
- Sagkeeng Child and Family Services
- Sandy Bay Child and Family Services
- Southeast Child and Family Services
- West Region Child and Family Services
The Repatriation Program helps those who have been affected by the 60’s scoop adoptions to find and locate birth family and community.

**Union Gospel Mission**

**Family Life Centre**
240 Pritchard Avenue
Winnipeg, MB R2W 2J1
Tel: 204-586-7790
Fax: 1-888-867-6914

**Faith Learning Centre (Adult Ed)**
220 Pritchard Avenue
Winnipeg, MB R2W 2J1
Tel: 204-586-1416
Fax: 1-888-449-6820

The Family Life Centre and Faith Learning Centre offer:

- after school programs and camps for children
- women's fellowship meetings
- sponsorship of children to Faith Academy (Kindergarten to – Grade12)
- fully accredited adult education, art, computers and literacy programs
- clothing for women and children

**Willow Place Inc.**

P.O. Box 1786
Winnipeg, MB R3T 2Z9
Tel: 204-615-0313 ext. 0
Fax: 204-615-1077

**24-hour Crisis Line:** 204-615-0311 or 1-877-977-0007

Willow Place is a family violence agency supporting transformation, healing and healthy relationships. It was incorporated in April 2015, maintaining Manitoba’s long standing tradition of providing services for women and their children who have experienced family violence.

They provide:

- 24-hour crisis line
- emergency shelter in Winnipeg for women and their children leaving family violence situations
- one to one and group counselling
- follow-up services
- advocacy and links to community supports
- outreach and prevention services

**Winnipeg Aboriginal Sport and Recreation Association**

100 Sinclair Street
Tel: 204-589-2772
WASRA provides recreation and leadership opportunities for Indigenous youth across the Province of Manitoba.
ADDICTIONS AND RELATED SERVICES

AA Alcoholics Anonymous - Manitoba

Central Office
1856 Portage Avenue
Winnipeg, MB R3J 0G9

Tel: 204-942-0126
Fax: 204-957-5024
Email: AACBO@mts.net

Self-help groups for persons suffering from alcoholism.

Addictions Foundation of Manitoba

Head Office
1031 Portage Avenue
Winnipeg, MB R3G 0R8

Tel: 204-944-6200
Fax: 204-786-7768
Website: http://www.afm.mb.ca

AFM is a Crown agency that is committed to being a foundation of excellence in providing addictions services and supporting healthy behaviors. AFM employs over 400 staff and provides a wide range of addictions services to Manitobans through 28 locations across the province.

At least one in five Canadians experience problems with alcohol, drugs or gambling during their lifetime. Many more are affected by someone they care about experiencing these struggles. People of all ages and backgrounds experience these issues – and make positive changes with the help of AFM.

Main Street Project

75 Martha Street
Winnipeg, MB R3B 1A4

Tel: 204-982-8260
Fax: 204-982-8266

The Main Street Project (MSP) assists individuals who are in need as a result of poverty, addiction, mental or physical illness, injury, abuse or homelessness. Services include:

- crisis intervention and referral
- emergency shelter
- detoxification programs
- street patrols
- community outreach
- the Mainstay residence (a short-term transitional housing program)

MSP works toward helping individuals break the cycles of addiction and poverty and offers support for those willing to take steps toward a healthier, more independent lifestyle.
ADDICTIONS AND RELATED SERVICES

Native Addictions Council of Manitoba
160 Salter Street
Winnipeg, MB R2W 4K1
Tel: 204-586-8395
Fax: 204-589-3921
Email: info@nacm.ca

The Native Addictions Council works with other agencies and offers the following services:

- assistance, counselling and referral for First People regarding alcohol abuse
- prevention and education on addictions
- an out-patient centre and group counselling;
- management of Pritchard House, an in-patient 20 bed facility for the treatment of addictions (see the following detailed description).

Pritchard House
160 Salter Street
Winnipeg, MB R2W 4K1
Tel: 204-586-8395
Fax: 204-589-3921

Pritchard House operates in the same premises as the Native Addictions Council of Manitoba. This twenty-bed facility offers a rehabilitation program for Aboriginal people and has an all-Aboriginal staff.

Union Gospel Mission
320 Princess Street
P.O. Box 1073
Winnipeg, MB R3C 2X4
Tel: 204-943-9904
Fax: 204-942-7425

The Union Gospel Mission offers a Bible-based addictions recovery program for men. This is a long-term resident program with a Christian perspective that provides help for alcohol and chemical dependency.
WRHA Indigenous Health builds capacity within the Winnipeg health region to support the holistic needs of First Nations, Metis, and Inuit people.

WRHA Indigenous Health works with Regional programs and facilities in helping identify, develop and implement culturally safe environments, practices and services. WRHA Indigenous Health also provides a range of services for staff, community members, patients and patients’ families through its Patient Services, Workforce Development and Cultural Initiatives programs.

- **Indigenous Language Interpretation**
  Interpreter Resource Workers provide Indigenous language interpretation in Cree, Ojibway, and Oji-Cree languages to support with full or partial language barrier patients. Interpreters have training in medical terminology and function as members of the health-care team. Services are available Monday to Friday 8:30 a.m. to 11 p.m.

- **Resource Coordination**
  Interpreter Resource Workers also support Indigenous patients by helping them navigate the health-care system and connect with additional support services and organizations. This work begins with an assessment that identifies gaps in care, transportation and discharge needs. Services are available Monday to Friday 8:30 a.m. to 11 p.m.

- **Patient Advocacy**
  Regional Indigenous Patient Advocates work on behalf of patients both in hospital and in the community to support their needs and rights. The advocate also partners with Assembly of Manitoba Chiefs Patient Advocacy Unit to make sure individuals who live outside of Winnipeg have support.

- **Discharge Planning**
  Regional Discharge Planning Coordinators work as part of your health-care team to plan patient discharges. This is to make sure that everyone involved (community, government, health facilities, etc.) have a plan for you or your family member as they leave hospital. This may involve planning health care in the home community, transportation, housing and medical equipment.
• Spiritual & Cultural Care
  Spiritual/Cultural Care Providers can perform ceremonies and provide support for patients and their families. Many hospitals host smudges and other ceremonies.

• Traditional Wellness Clinic is open to everyone and offers support using a traditional healing approach. The clinic is located at Health Sciences Centre and is open two days each month. Appointments can be made by calling 1-877-940-8880.

Amdocs
77 Main Street          Tel: 204-934-1421
Winnipeg, MB R3C 2R1
Website: http://www.amdocshealth.com/

Amdocs is a part of The Northwest Company that provides physician services to select First Nations Communities.

Winnipeg Hospitals:

Concordia Hospital          Riverview Health Centre
1095 Concordia Avenue         1 Morley Avenue
Winnipeg, MB R2K 3S8           Winnipeg, MB R3L 2P4
Tel: 204-667-1560               Tel: 204-452-3411

Grace General Hospital       Seven Oaks General Hospital
300 Booth Drive              2300 Mc Phillips Street
Winnipeg, MB R3J 3M7           Winnipeg, MB R2V 3M3
Tel: 204-837-0111               Tel: 204-632-3203

Health Sciences Centre General Hospital
820 Sherbrook Street
Winnipeg, MB R3A 1R9
Tel: 204-774-6511

Misericordia Health Centre
99 Cornish Avenue
Winnipeg, MB R3C 1A2
Tel: 204-774-6581

St Boniface General Hospital
409 Tache Avenue
Winnipeg, MB R2H 2A6
Tel: 204-233-8563

Victoria General Hospital
2340 Pembina Hwy
Winnipeg, MB R3T 2E8
Tel: 204-269-3570

Some Community Based Clinics in Winnipeg:

Aboriginal Health and Wellness Centre of Winnipeg, Inc.

Room 215 - 181 Higgins Avenue          Tel: 204-925-3700
Winnipeg, MB R3B 3G1                  Fax: 204-925-3709
Email: reception@ahwc.ca

The Aboriginal Health and Wellness Centre of Winnipeg, Inc. is a community based and culturally based centre that provides holistic services to the Aboriginal community of Winnipeg. The AH&WC's philosophy is rooted in traditional Aboriginal culture. A healthy
MEDICAL SERVICES

person is one who achieves and maintains balance among four elements: body, mind, spirit and emotions. The Aboriginal Health and Wellness Centre offers healing services and resources from both traditional and Western practices. The Aboriginal Health and Wellness Centre is a primary health care facility funded by WRHA (Winnipeg Regional Health Authority). Its hours of operation are:

- Physicians and Nurses: Monday - Friday 8:30 a.m. - 4:30 p.m.
- Traditional Healer/Elder: varies throughout the month
- Please call 204-925-3700 for more information and appointments

The Aboriginal Health and Wellness Centre offers many programs including: Head Start, Fetal Alcohol Syndrome/Effects Education Program, Abinotci Mino-Ayawin (children's healing), a Men's Healing Wellness Program, Women's Healing Program, and an Indian Residential School-Alternative Dispute Resolution Program.

WRHA Population & Public Health Centres
Community Area Teams provide services related to:

- Healthy Parenting and Early Childhood Development
- Healthy Children and Youth
- Nutrition Promotion
- Communicable Disease Prevention and Management
- Immunization
- and others

Downtown Community Office
2-640 Main Street
Winnipeg, MB. R3B 0L8
Tel: 204-940-1626

Point Douglas Community Health Centre
601 Aikins Street
Winnipeg, MB R2W 4J5
Tel: 204-940-2025

ACCESS River East
975 Henderson Highway
Winnipeg, MB R2K 4L7
Tel: 204-938-5000

River Heights Health & Social Services Centre
2nd Floor, 1001 Corydon Avenue
Winnipeg, MB R3M 0B6
Tel: 204-938-5144

St. Vital Community Office
6-845 Dakota Street
Winnipeg, MB R2M 5M3
Tel: 204-940-2045

ACCESS NorWest
2013-785 Keewatin Street
Winnipeg, MB R2X 3B9
Tel: 204-938-5900

ACCESS Winnipeg West
280 Booth Drive (beside Grace Hospital)
Winnipeg, MB R3J 3R7
Tel: 204-940-2040

ACCESS Transcona
845 Regent Avenue West
Winnipeg, MB R2C 3A9
Tel: 204-938-5555
MEDICAL SERVICES

ACCESS Fort Garry
135 Plaza Drive
Winnipeg, MB  R3T 6E8
Tel:  204-940-7091

ACCESS St. Boniface
4-170 Goulet Street
Winnipeg, MB  R2H 0R7
Tel:   204-940-2035

Hope Centre Health Care, Inc.
240 Powers Street
Winnipeg, MB  R2W 5L1
Tel:  204-589-8354
Email:  hopece@mymts.net

Seven Oaks Health & Social Services Centre
Unit 3 - 1050 Leila Avenue
Winnipeg, MB  R2P 1W6
Tel:   204-938-5600

Hope Center Health Care Inc. is a charitable organization that began in 1982. Hope Centre Health Care Inc. is designed to be a place for people to find hope for spiritual, emotional, physical and social healing. Counselling and community outreach services include:

- individual, couple, family and group counselling
- crisis counselling
- support and advocacy
- group programs
- information
- special events and workshops
- home visits and referrals
- general medical care (by appointment only)
- sexually transmitted disease testing and treatment
- pregnancy tests, prenatal care and birth control
- pap tests (cervical cancer screening)
- diabetic management and education
- foot care
- emergency food
- shoe closet
- community garden
- public computers and Internet access

The Centre is open Monday, Tuesday, Thursday and Friday from 9 a.m. to 5 p.m. and Wednesdays from 10 a.m. to 5 p.m. Please note they are closed daily from 12 p.m. to 1 p.m. for lunch.

Klinic Community Health Centre
870 Portage Avenue
Winnipeg, MB  R3G 0P1
Tel:  204-784-4090
Email:  klinic@klinic.mb.ca
Website:  http://www.klinic.mb.ca
Klinic is a non-profit, community based health and social services centre located in the core area of Winnipeg. It provides medical and community services to the surrounding community, as well as providing specialized crisis, sexual assault, family abuse counselling services and public education and training for the greater Winnipeg community and occasionally for those persons in rural and northern areas of the province.

Klinic promotes health and quality of life for all. It helps people make choices about their own health in a context which is culturally sensitive and supportive of personal and community development. It also seeks to address the special needs of our neighbourhoods and helps communities organize on issues of concern; and it looks to its community for direction.

Specific services include:

- medical appointments, Teen Klinic, information: 204-784-4090
- community services outreach: 204-784-4020
- 24-hour crisis/suicide line: 204-786-8686/888-322-3019
- 24-hour sexual assault crisis line: 204-786-8631/888-292-7565
- deaf access line TTY crisis / suicide / sexual assault crisis line: 204-784-4097
- crisis counselling intake: 204-784-4059
- sexual assault counselling appointments: 204-784-4049
- domestic abuse counselling (Evolve) intake line: 204-784-4208
- public education and training: 204-784-4066
- volunteer information: 204-784-4006
- administrative fax: 204-772-7998
- medical fax: 204-784-4013

Drop-in counselling is available in the following communities:

**Central/Downtown**

**Klinic on Broadway**
545 Broadway
Winnipeg, MB R3C 0W3  Tel: 204-784-4204

Mondays & Wednesdays noon – 7 p.m.  Fridays & Saturdays noon – 4 p.m.

**Transcona/River East/Elmwood**
400A – 1615 Regent Avenue West
Winnipeg, MB R2C 5C6  Tel: 204-784-4067
Email: dropin@klinic.mb.ca
Mount Carmel Clinic
886 Main Street
Winnipeg, MB  R2W 5L4
Tel: 204-582-2311
Fax: 204-582-1341

People are at the heart of Mount Carmel Clinic - Canada's first community health centre designed to meet the needs of both individuals and families. The Clinic offers a broad range of medical, nursing, diagnostic, pharmaceutical, dental, social and outreach services, cross-cultural counselling, teen clinic and community education services. All services are offered using a respectful, non-judgmental and collaborative approach to working together for a healthy community. A children's day hospital and Anne Ross Day Nursery offer childcare, special needs programming and family support.

The Clinic is open:

- Monday to Friday 8:45 a.m. to 5 p.m.
- Tuesday and Thursday evenings to 8 p.m.
- Saturday open from noon to 4 p.m. for Teen Clinic only
- Anne Ross Day Nursery 7:30 a.m. to 5:30 p.m.

First Nations Health and Social Secretariat of Manitoba

Head Office:
472 Madison Street
Winnipeg, MB  R3J 1J1
Tel: 204-942-9400
Fax: 204-946-9768

Sub-Office:
Suite 1700 – 275 Portage Avenue
Winnipeg, MB  R3B 2B3
Tel: 204-946-9735
Fax: 204-946-9768

To continue the advancement of eHealth and Information & Communication Technology (ICT) services that support health care delivery in order to have better health outcomes for Manitoba First Nations (MFNs), as per the MFNs eHealth Long Term Strategy (eHLTS).

Nine Circles Community Health Service

705 Broadway
Winnipeg, MB  R3G 0X2
Tel: 204-940-6001
Fax: 204-940-6003
Toll free: 1-888-305-8647
STI line: 204-945-2437

Nine Circles offers a peer outreach program aimed at HIV-hepatitis C prevention, and services for Aboriginal people with HIV. Staff includes an Elder who conducts Healing Circles.

Inkster Public Health

103 - 61 Tyndall Avenue
Winnipeg, MB  R2X 2T4
Tel: 204-940-2020
MEDICAL SERVICES

**Point Douglas Community Clinic**
872 Main Street
Winnipeg, MB R2W 3P1
Tel: 204-942-3506

**Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc.**
Box 84
Fort Alexander, MB R0E 0P0
Tel: 204-367-2172
Fax: 204-367-2324
Website: [http://www.sagkeengfamilytreatment.ca/](http://www.sagkeengfamilytreatment.ca/)
Toll free: 1-866-329-0736

**Selkirk Mental Health Centre (SMHC)**
Aboriginal Services and Spiritual Health Care Program
PO Box 9600
825 Manitoba Avenue
Selkirk, MB R1A 2B5
Email: smhc@gov.mb.ca
Tel: 204-482-3810
Fax: 204-785-8936
Website: [www.gov.mb.ca/health/smhc](http://www.gov.mb.ca/health/smhc)
Toll free: 1-800-881-3073

SMHC is a 252-bed facility that provides specialized in-patient mental health and acquired brain injury treatment and rehabilitation services to residents of Manitoba whose challenging needs cannot be met elsewhere in the provincial health care system. SMHC also provides mental health services to people from the Territory of Nunavut without locally available in-patient mental health facilities. Services are provided through five specialized patient programs:

- acute
- geriatric
- rehabilitation
- forensic
- acquired brain injury

SMHC’s Aboriginal Services and Spiritual Health Care Program provides Aboriginal (First Nation, Metis or Inuit) patients with access to culturally appropriate programs and services to support them in meaningful ways during their stay and to lessen the feelings of isolation from their home communities. The program also aims to reduce stigma and myths by educating patients and staff about the Aboriginal culture and the impact of residential schools. Services include:

- providing individualized supports and social interactions with patients
- assisting in cultural recreational/vocational and educational activities and programs
- assisting individuals and groups understand the traditional culture, social and spiritual relevance of activities and events
- translation services in some languages
- spiritual guidance provided by Elders, to support and assist patients in their well-being and recovery journey
MEDICAL SERVICES

- cultural teachings
- awareness training for patients and staff
- sweat lodge ceremonies
- smudging
- other traditional, spiritual ceremonies as requested

The Northern Connection Medical Centre (NCMC)
425 Elgin Avenue  
Winnipeg, MB R3A 1P2  
Tel: 204-940-8777

NCMC provides primary care and other medical services for northern and remote residents who are temporarily in Winnipeg, while at the same time helping train medical residents to become family physicians who will work in northern and remote locations.

Turtle Island Medical Clinic
870 Main Street  
Winnipeg, MB R2W 3P1  
Tel: 204-586-8816

Women's Health Clinic
419 Graham Avenue, Unit A  
Winnipeg, MB R3C 0M3  
TTY: 204-956-0385  
Tel: 204-947-1517  
Fax: 204-943-3844  
Email: ressec@womenshealthclinic.org  
Website: http://www.womenshealthclinic.org

Started in 1981, Women's Health Clinic is a feminist, community based health centre offering a range of services to women from teens to elders. Our holistic approach emphasizes prevention, education and action. We encourage women to learn all they can about what contributes to their health and well-being, so they can make informed choices.

Women's Health Clinic offers:

- health and wellness services, which are women-centred, non-judgmental and fully confidential
- advocacy and research on issues of concern to women's health
- health education to community and professional groups
- resources and information
- training and experience for volunteers and students

The clinic helps bring together agencies and individuals for education and action on issues such as birthing and midwifery, new reproductive and genetic technologies and health reform. The clinic serves as the Manitoba base for the newly formed Canadian Women's Health Network and is a partner in the Prairie Women's Health Centre of Excellence.
MEDICAL SERVICES

Women’s Health Clinic Hours of Operation:

- Monday, Tuesday, Wednesday & Saturday 9 a.m. - 8 p.m.
- Thursday 9 a.m. - 9 p.m.
- Friday 9 a.m. - 4:30 p.m.
- Teen Clinic Thursday 3 p.m. - 8 p.m.

Youville Centre

33 Marion Street
Winnipeg, MB R2H 0S8
Tel: 204-233-0262
Fax: 204-233-1520

6 - 845 Dakota Street
Winnipeg, MB R2M 5M3
Tel: 204-255-4840
Fax: 204-255-4903

Youville Centre in St. Vital is a community based accessible health resource centre. There is a diverse mix of services, some available in both official languages, ranging from health care and wellness education, to counselling and support. The staff of qualified, dedicated health care professionals includes:

- community health nurses
- clinical nurse specialists
- a nurse practitioner
- diabetes educators
- dietitians
- mental health counsellors
- a part-time physician (for Teen Clinic only)

The Youville Centre’s Diabetes Education Resource Team assists clients with diabetes and their families with the necessary education and support to help them be more responsible in the overall management of diabetes.

Arrangements for Medical Service:

Medical Services - Referral Unit

300 - 391 York Avenue
Winnipeg, MB R3C 4W1
Tel: 204-983-4199
Fax: 204-983-6018

This service provides transportation, escorts, accommodation, medical appointments for reserve patients. The service is in daily contact with reserve nursing stations and also offers a 24-hour answering service. This service is for treaty Indians on reserves outside of Winnipeg.
MEDICAL SERVICES

Services to Other Regions
220 - 189 Evason Street
Winnipeg, MB R3G 0N9
Tel: 204-945-5535
Fax: 204-940-2636

After hours: Tel: 204-945-8911

Services include transportation, escorts, accommodation and appointments for clients outside of Winnipeg who are receiving Employment and Income Assistance.

Manitoba Health Emergency Service
Unit 7 - 1680 Ellice Avenue
Winnipeg, MB R3H 0Z2
Tel: 204-945-5300
Fax: 204-948-2531
Email: emergserv@gov.mb.ca

Northern Patients' Transportation Program
This program provides transportation for patients and escorts from regions north of the 53rd parallel. Those regions include:

Regional Transportation Officer
c/o Thompson General Hospital
Thompson, MB R8N 0C0
Tel: 1-800-290-1098


Northeast Region
Regional Transportation Officer
c/o Pine Falls Health Complex Box 2000
Pine Falls, MB R0E 1M0
Tel: 204-367-4441

Serving: Beren's River, Big Black River, Bissett, Bloodvein, Little Grand Rapids, Long Body Creek, Loon Straits, Manigotogan, Pauingassi, Pine Falls, Poplar River, Princess Harbour and Wanipigow

Norman Region
This region has two offices:

Churchill
Regional Transportation Officer
c/o Churchill Health Care
Churchill, MB R0B 0E0
Tel: 204-675-8881

The Pas
Regional Transportation Officer
c/o The Pas Health Complex
P.O. Box 240
The Pas, MB R9A 0A5
Tel: 204-623-6431

Serving: Cormorant, Easterville, Grand Rapids, Moose Lake, Pukatawagan, The Pas and Wanless
MEDICAL SERVICES

**Flin Flon Region**  
Regional Transportation Officer c/o Flin Flon General Hospital  
Box 340  
Flin Flon, MB  R8A 1N2  
Tel:  204-687-9638  
Serving: Cranberry Portage, Sherridon, Snow Lake and Flin Flon

**Patient Information Services - Winnipeg Hospitals**  
St. Boniface Hospital  
Tel:  204-237-2193  
Health Sciences Centre  
Children's Hospital (24-hour service)  
Tel:  204-787-2595  
Adult Hospitals (24-hour service)  
Tel:  204-787-3661  
Seven Oaks Hospital  
Tel:  204-632-3224  
Grace Hospital  
Tel:  204-837-0111  
Victoria Hospital  
Tel:  204-269-3570  
Misericordia Hospital  
Tel:  204-788-8364

**Hospital pastoral care services - Winnipeg hospitals**  
St. Boniface Hospital  
Tel:  204-237-2356  
Health Sciences Centre  
Tel:  204-787-3884  
Seven Oaks Hospital  
Tel:  204-632-3596  
Grace Hospital  
Tel:  204-837-0105  
Victoria Hospital  
Tel:  204-477-3216  
Misericordia Hospital  
Tel:  204-788-8283

**Specialized Medical Services**  
Detoxification Centre,  
75 Martha Street  
Winnipeg, MB  R3B 1A4  
Tel:  204-982-8240

**Specialized Services for Children and Youth (SSCY)**  
1155 Notre Dame Avenue  
Winnipeg, MB  R3E 3G1  
Tel:  204-452-4311  
Fax:  204-258-6799  
Website: [http://sscy.ca/](http://sscy.ca/)

The SSCY is an alliance of families, community agencies, regional health authorities, and government that provides specialized community based services for children and youth with disabilities and special needs to support them in reaching their full potential. SSCY services are delivered in a coordinated, integrated, family centred manner by bringing stakeholders together to provide expertise in service delivery, research, education and technology serving the Province of Manitoba and surrounding areas. Some programs offered through SSCY include:

- augmented communication
- audiology
- child development clinic
- Manitoba FASD Centre
- specialty medical clinics
MEDICAL SERVICES

- physiotherapy
- occupational therapy
- prosthetics and orthotics
- respite
- speech language pathology services
- family resource centre

Other Medical Services:

Centre for Aboriginal Health Research (CAHR)
Suite 715, 7th floor
Buhler Research Centre
715 McDermot Avenue
Winnipeg, MB R3E 3P4
Tel: 204-789-3250
Fax: 204-975-7783
Email: cahr@mb.umanitoba.ca
Website: http://www.umanitoba.ca/centres/centre_aboriginal_health_research/

The CAHR is a joint initiative of the Assembly of Manitoba Chiefs, the Faculty of Medicine at the University of Manitoba, and the Foundations for Health. The CAHR was established through a generous contribution from the Assembly of Manitoba Chiefs to the fundraising campaign of the Foundations for Health for the construction of the Buhler Centre for Health Research. Development of the CAHR was also facilitated by a research infrastructure grant awarded to the University of Manitoba by the Canadian Foundation for Innovation and the Manitoba Innovation Fund. Operating funds have been awarded by the Canadian Institutes for Health Research and the Social Science and Humanities Research Council.

The CAHR will initiate, coordinate and support research activities designed to assist First Nations and Aboriginal communities and organizations in their efforts to promote healing, wellness and improved health services in their communities. The research program will integrate scientific and traditional Aboriginal approaches to produce new knowledge about health care in First Nations and Aboriginal communities.

Dakota Ojibway Health Services
4820 Portage Avenue
Winnipeg, MB R4H 1C8
Tel: 204-988-5391
Fax: 204-947-5179

This service provides technical and advisory services to the eight member nations in the Dakota Ojibway Tribal Council.

Dial-A-Life Housing, Inc.
100-130 Watson Street
Winnipeg, MB R2P 1Y4
Tel: 204-694-9170
Fax: 204-632-5963

This housing program provides suitable and affordable housing for medically displaced persons and their families of Aboriginal ancestry. It will be home to Aboriginal patients who have reached end stage renal disease and have to relocate to Winnipeg for dialysis. Dial-A-Life provides a good home environment for those having to leave the reserve and adjust to city living.
Faculty of Medicine - J.A. Hildes Northern Medical Unit
University of Manitoba
T162 - 770 Bannatyne Avenue
Winnipeg, MB R3E 0W3
Tel: 204-789-3711
Fax: 204-774-8919
Email: jah_nmu@umanitoba.ca

The J. A. Hildes Northern Medical Unit was established as a University of Manitoba outreach program to First Nations and Inuit communities. Founded on a triad of clinical service, education and research, it is in its fourth decade of commitment to enhancing the health and well-being of Canadian Aboriginal peoples. Additionally, as a member unit of the Department of Community Health Sciences, it enriches the Faculty of Medicine in its advocacy role for and with Indigenous peoples throughout Manitoba and Nunavut.

First Nations and Inuit Health Branch (Health Canada)
300 - 391 York Avenue
Winnipeg, MB R3C 4W1
Tel: 204-983-4199
Fax: 204-983-6018

North Zone Office:
Suite 202 - 83, Churchill Drive
Thompson, MB R8N 0L6
Tel: 204-677-6980
Fax: 204-677-7007

About First Nations and Inuit Health Branch:
First Nations and Inuit Health Branch supports the delivery of public health and health promotion services on-reserve and in Inuit communities. It also provides drug, dental and ancillary health services to First Nations and Inuit people, regardless of residence. The Branch also provides primary care services on-reserve in remote and isolated areas, where there are no provincial services readily available.

Nursing Stations and Hospitals

Hospitals (Health Canada):

Norway House Indian Hospital
Norway House, MB R0B 1B0
Tel: 204-359-6731
Fax: 204-359-6599

Percy E. Moore Hospital
Box 190
Hodgson, MB R0C 1N0
Tel: 204-372-8444
Fax: 204-372-6991

Manitoba Health - Provincial Nursing Station Unit
2nd Floor - 300 Carlton Street
Winnipeg, MB R3B 3M9
Tel: 204-788-6685 / 204-788-6664
Fax: 204-948-2366

The Provincial Nursing Station Unit manages the operation of nursing stations at Easterville / Chemawawin Cree Nation, Grand Rapids / Grand Rapids First Nation, and Moose Lake /
Mosakahiken Cree Nation. These stations provide emergency, primary and public health nursing services to the communities they serve. The unit also participates in planning the transfer of the nursing stations to local community health authorities.

Grand Rapids First Nation
Box 53
Grand Rapids, MB  R0C 1E0
Tel: 204-639-2215
Fax: 204-639-2448

Chemawawin Cree Nation
Box 122
Easterville, MB  R0C 0V0
Tel: 204-329-2212
Fax: 204-329-2337

Mosakahiken Cree Nation
General Delivery
Moose Lake, MB  R0B 0X0
Tel: 204-678-2252
Fax: 204-678-2343

Nursing Stations and Health Centres (Health Canada):

Adam Hardisty
P.O. Box 2567
Wanipigow, MB  R0E 2E0
Tel: 204-363-7364
Fax: 204-363-7201

Brokenhead Health Centre
Scantebury, MB  R0E 1W0
Tel: 204-766-2740
Fax: 204-766-2634

Fort Alexander Health
P.O. Box 70
Pine Falls, MB  R0E 1M0
Tel: 204-367-2209
Fax: 204-367-4587

Berens River Nursing Station
Berens River, MB  R0B 0A0
Tel: 204-382-2265
Fax: 204-382-2005

Cross Lake Nursing Station
Cross Lake, MB  R0B 0J0
Tel: 204-676-2011
Fax: 204-676-3179

Gambler Health Office
Box 250
Binscarth, MB  R0J 0G0
Tel: 204-532-2192
Fax: 204-532-2359

Birdtail Sioux Health Office
P.O. Box 131
Beulah, MB  R0H 0B0
Tel: 204-568-4545
Fax: 204-568-4615

Ebb & Flow Health Centre
Ebb & Flow, MB  R0L 0R0
Tel: 204-448-2665
Fax: 204-448-2404

Garden Hill Nursing Station
Island Lake, MB  R0B 0T0
Tel: 204-456-2343
Fax: 204-456-2866

Bloodvein Nursing Station
Bloodvein, MB  R0C 0J0
Tel: 204-395-2161
Fax: 204-395-2087

Fairford Health Centre
General Delivery
Fairford, MB  R0C 0X0
Tel: 204-659-5786
Fax: 204-659-5841

God's Lake Narrows Nursing Station
God's Lake Narrows, MB  R0B 0M0
Tel: 204-335-2557
Fax: 204-335-2043

Brochet Nursing Station
Brochet, MB  R0B 0B0
Tel: 204-323-2120
Fax: 204-323-2650

Fisher River Health Centre
Box 362
Koostatak, MB  R0C 1S0
Tel: 204-645-2689
Fax: 204-645-2461

God's River Nursing Station
God's River, MB  R0B 0N0
Tel: 204-366-2355
Fax: 204-366-2474
MANITOBA HEALTH - ABORIGINAL HEALTH BRANCH

2nd floor - 300 Carlton Street
Winnipeg, MB R3B 3M9

The mandate of the Aboriginal Health Branch is to develop partnerships within the Aboriginal community to improve the health status of Aboriginal peoples. These partnerships are based on a scientific evidence framework to ensure health outcomes and
to reduce the cost of health care delivery. The work of the Aboriginal Health Branch will focus on a variety of areas such as respiratory rates in children, the epidemic of diabetes in Aboriginal people, midwifery initiatives, and health and wellness within communities. It is anticipated that initial pilot projects in these areas will be community and culturally based in response to the health needs of Aboriginal people.

National Aboriginal Diabetes Association (NADA)
103-90 Garry Street
Winnipeg, MB R3C 4H1
Email: diabetes@nada.ca
Tel: 204-927-1224
Fax: 204-927-1222
Website: http://www.nada.ca

The Mission of the National Aboriginal Diabetes Association is to address diabetes amongst Aboriginal Peoples by creating networks and opportunities for individuals, families and communities within their beliefs, traditions, and values. NADA is unique. It is the only non-government office with official non-profit status working in Aboriginal diabetes. Its goals are to:

- support individuals, families and communities to access resources for diabetes prevention, education and research.
- create working relationships with organizations committed to the prevention and management of diabetes.
- promote community wellness as a strategy to prevent diabetes.
- manage and operate in effective and efficient ways.

Regional Health Authorities in Manitoba
Manitoba’s health care system is a broad network of services and programs. Overseeing this system is Manitoba Health, Seniors and Active Living, a department of the provincial government. For the most part, the actual services are delivered through the 11 regional agencies set up by the province to meet the local needs of Manitobans. In this model, the regional health authorities are responsible within the context of broad provincial policy direction, for assessing and prioritizing needs and health goals, and developing and managing an integrated approach to their own health care system.

Winnipeg Regional Health Authority (WRHA)
Corporate Office
1800 - 155 Carlton Street
Winnipeg MB R3C 4Y1
Tel: 204-926-7000
Fax: 204-926-7007
Website: http://www.wrha.mb.ca

Community Health Care
General Information
Tel: 204-940-2273

Public Health Nursing Services:
Provide services that are focused on health promotion, illness and injury prevention and
health protection. Each public health nurse (PHN) provides services in a community area. Public health nurses work in partnership with individuals, families, groups, other agencies, schools, daycares and group homes. A PHN can assist the client in addressing health issues such as: pregnancy, infant care and feeding, child development, safety, parenting, birth control, family violence, substance abuse, immunization, communicable disease prevention and follow-up, sexually transmitted infections, and crisis intervention. PHNs facilitate many group initiatives such as well-baby clinics, prenatal groups, community kitchens, kids cooking club, and participate in and contribute to neighbourhood events. PHNs are located in a number of geographically based offices including:

Aikins Street Community Health Centre
601 Aikins Street
Winnipeg, MB  R2W 4J5
Tel: 204-940-2025

River Heights-River Avenue Health Centre
385 River Avenue
Winnipeg, MB  R3L 0C4
Tel: 204-940-2000

Inkster Public Health
103 - 61 Tyndall Avenue
Winnipeg, MB  R2X 2T4
Tel: 204-940-2020

WRHA Community Services Downtown
102 - 490 Hargrave Street
Winnipeg, MB  R3A 0X7
Tel: 204-940-2274

Health Action Centre
425 Elgin Avenue
Winnipeg, MB  R3A 1P2
Tel: 204-940-1626
STI Information Line: 204-940-2210

Oral and Dental Health Services (for adults and children):
Machray School
320 Mountain Avenue
Winnipeg, MB  R2W 1K1
Tel: 204-940-2090

John M. King School
525 Agnes Avenue
Winnipeg, MB  R3G 1N7
Tel: 204-940-2094

Other Manitoba Regional Health Authorities (RHAs)

Assiniboine Regional Health Authority
192-1st Avenue West
Box 579
Souris, MB  R0K 2C0
Toll free: 1-888-682-2253
Tel: 204-483-5000
Fax: 204-483-5005
Website: www.assiniboine-rha.ca

Brandon Regional Health Authority
150A - 7th Street
Brandon, MB  R7A 7M2
Tel: 204-571-8400
Fax: 204-726-8505
Website: www.brandonrha.mb.ca

Burntwood Regional Health Authority
867 Thompson Drive South
Thompson, MB  R8N 1Z4
Tel: 204-677-5355
Fax: 204-677-5366
Website: www.brha.mb.ca

Churchill RHA Inc.
Churchill Health Centre
Churchill, MB  R0B 0E0
Tel: 204-675-8318
Fax: 204-675-2243
Website: www.churchillrha.mb.ca
MEDICAL SERVICES

Interlake Regional Health Authority
589 3rd Avenue South
Stonewall, MB  R0C 2Z0
Website:  www.irha.mb.ca

NOR-MAN Regional Health Authority
P.O. Box 130
84 Church Street
Flin Flon, MB  R0A 1M7

North Eastman Health Authority
Box 339
24 Aberdeen Avenue
Pinawa, MB  R0E 1L0

Opaskwayak Health Authority
Box 10280
Opaskwayak, MB  R0B 2J0
Email:  oha@opaskwayak.ca

Parkland Regional Health Authority
Room 112
27-2nd Avenue South West
Dauphin, MB  R7N 3E5

Regional Health Authority - Central Manitoba Inc.
Box 243
Southport, MB  R0H 1N0
Website:  www.rha-central.mb.ca

South Eastman Health/Santé Sud-Est Inc.
Box 470
La Broquerie, MB  R0A 0W0
Website:  www.sehealth.mb.ca
Indigenous Languages of Manitoba Association, Inc.
119 Sutherland Avenue  Tel: 204-989-6392
Winnipeg, MB  R2W 3C9  Fax: 204-989-6396
Email:  ilm@indigenouslanguagesofmb.com
Website:  http://www.indigenouslanguagesofmb.com/

Indigenous Languages of Manitoba Inc. (ILM) formerly known as Aboriginal Languages of Manitoba Inc. was incorporated in 1985 to promote the retention of Manitoba's Aboriginal languages.

The Native Education Concerns Group, which was formed in 1978, addressed the issue of the need for Aboriginal language preservation. The Association was established in response to this issue and plan to:

• develop, promote and implement a standardized writing system for each of the seven languages

• establish and nurture an advisory group of Aboriginal language experts to meet the objectives of ILM

• provide for the development of Aboriginal language educational programs in the Province of Manitoba

• establish and maintain an Aboriginal language educational centre for people learning Aboriginal languages

• do everything incidental or conductive to the attainment of the above objectives

Centre for Indigenous Environmental Resources (CIER)
3rd floor - 245 McDermot Avenue  Tel: 204-956-0660
Winnipeg, MB  R3B 0S6  Fax: 204-956-1895
Email:  earth@cier.ca
Website:  http://www.cier.ca

The Centre for Indigenous Environmental Resources (CIER) is a national, non-political, First Nations organization. CIER mandates is to design and implement environmental capacity building measures through education, research, communications and consulting and by combining both Indigenous and western science perspectives. Environmental capacity building for First Nations is achieved through delivery of a University of Manitoba accredited two-year environmental studies curriculum to First Nations students. CIER also develops and delivers environmental training programs, which combine Indigenous knowledge and western science perspectives to First Nations, government and the private sector. Environmental consulting services are provided through Winds and Voices Environmental Services Inc. (WAVES). WAVES provides services in the following areas: environmental assessment, social impact assessment, environmental site assessment, environmental problem solution, program review and evaluation.
Children of the Earth School
100 Salter Street
Winnipeg, MB R2W 5M1
Tel: 204-589-6383
Fax: 204-589-4822
Email: cote@wsd1.org

The Children of the Earth High School program believes in the dignity, value, and worth of each individual. We recognize that students have attitudes, desires, and abilities that differ widely and that changing times present new challenges and demands. Hence, the school believes that the basic purpose of education is to provide a pathway through which each individual may realize self-respect, self-fulfillment, and his/her relevance in a dynamic society. The school also believes in quality education that is culturally based, flexible, and centered on the needs of the students.

The Winnipeg School Division, Children of the Earth High School staff, students, parents, and community collaborate and consult as a team. The group is committed to providing culturally based quality education in an environment that will afford students the opportunity to develop the necessary skills, attitudes, and social behaviours that will help them meet life’s challenges.

Family Life Centre (Union Gospel Mission)
Box 1073
240 Prichard Avenue
Winnipeg, MB R2W 2J1
Tel: 204-586-7790
Fax: 204-586-7813

Family Life Centre’s Upgrading Program offers classes to students wishing to advance their English, Intake Math, Computer Use Basics and Piano. When the students have finished the upgrading program, they can enter our Mature Student High School Diploma Program. Students who are ready for high school can start taking courses at the senior 1, 2, 3, and 4 levels. To graduate from high school as a mature student, the student must complete four Grade 12 courses including, one English, one math and four other courses at any senior level. To register with the Faith Life Centre, students are required to undergo an assessment. The results of the assessment will be used to determine at what grade level the student will be placed.

Frontier School Division No. 48
30 Speers Road
Winnipeg, MB R2J 1L9
Tel: 204-775-9741
Fax: 204-775-9940
Email: frontier@frontiersd.mb.ca
Website: http://www.frontiersd.mb.ca

Mission Statement:
Our Children
The Division’s efforts are for every child, using the broadest definition of the word children.

Our Success
This describes our Division operating at its peak. When the collective energy of every component of our system is harnessed, success is achieved.
Our Future
This is the focus of our planning. This is what lies ahead. This is what inspires us. If we are thoughtful and thorough enough with the first two components of the mission statement, then we can realize together a successful future for our children.

Our Visions, our Beliefs
• students are healthy and successful
• parents provide support, guidance and direction
• families build a strong foundation for students
• staff are participating members of the community
• high standards of teaching result in academic excellence
• appropriate educational programming is provided for all students
• school programs reflect the needs and aspirations of the community
• language and culture are celebrated in the community building the school’s identity
• schools are safe places where individuals are respected, cared for and valued
• Frontier School Division is an innovative and dynamic leader in education

These are 10 strong and positive statements about students, parents and families, staff and programs, safe schools, and the Division as a leader. The statements add clarity to our purpose, focus, approach, and identity. They support the phrase – Our Children, Our Success, Our Future – and further define our mission. The statements encompass what the Board believes must be the guiding principles, goals and universal values that will help us all move in the direction of our mission. They are our “North Star”. These statements must be revisited often and can be the lens through which we view all that we do. When we look at all that we are and all that we do, then we can truly believe that our mission is Our Children, Our Success, Our Future.

Manitoba First Nations Education Resource Centre (MFNERC)
2-1100 Waverley Street
Winnipeg, MB R3T 0P4
Tel: 204-594-1290
Fax: 204-942-2490
Toll free: 1-877-247-7020
Website: [http://www.mfnerc.com](http://www.mfnerc.com)

Other Office:
Manitoba First Nations Resource Centre
202-79 Selkirk Avenue
Thompson, MB R8N 0M7
Tel: 204-677-0930
Fax: 204-677-0938
Toll free: 1-877-506-1568

The purpose of MFNERC is to provide education specialist service delivery to First Nation schools.
The focus of the services is to provide assistance towards the implementation of the province's *New Directions* curriculum that is relevant to First Nation students' needs, provide the direction and leadership for long-term education reform that will lead to the development of a First Nations Curriculum, and provide training, guidance, and support to First Nations staff and educational leadership to facilitate capacity building.

**Manitoba Hydro Awards, Bursaries and Scholarships for Aboriginal People**

P.O. Box 815 Station Main
Winnipeg, MB R3C 2P4  
Tel: 204-474-4560  
Fax: 204-474-4820  
Website: [http://www.hydro.mb.ca/in_the_community/awards_bursaries_scholars.shtml](http://www.hydro.mb.ca/in_the_community/awards_bursaries_scholars.shtml)

Aboriginal students undertaking full-time studies (60% course load) in a field that is relevant to Manitoba Hydro's operations may qualify for awards, bursaries, scholarships and priority consideration for summer or full-time employment opportunities.

**Manitoba Indigenous Cultural Education Centre**

119 Sutherland Avenue  
Winnipeg MB R2W 3C9  
Tel: (204) 942 0228  
Fax: (204) 947 6564  
Email: info@micec.com

The Manitoba Indigenous Cultural Education Centre (MICEC) is a provincial, non-profit, charitable and educational organization that works to promote awareness and understanding of Indigenous culture for all Manitobans. MICEC’s programs and services include the People’s Library, the Heritage Collection and the Community Connection Program. The People’s Library has more than 10,000 books and videos available for lending. The Heritage Collection includes nearly 600 artifacts, artwork and paintings that have been collected since 1975 and are displayed throughout the Centre. The Community Connection Program works with the community to deliver presentations, workshops and activities that educate about indigenous culture.

**Other Cultural Education Centres**

Brokenhead Ojibway Nation  
Tel: 204-766-2494

Scamander, MB R0E 1W0  
Fax: 204-766-2306

Cross Lake Cultural  
Education Program, Box 10  
Tel: 204-676-2917

Cross Lake, MB R0B 0J0  
Fax: 204-676-3155

Dakota Ojibway Tribal Council C.E.C  
300 - 340 Assiniboine Avenue  
Winnipeg, MB R3C 0Y1  
Tel: 204-988-5383

Ebb & Flow Band  
General Delivery  
Tel: 204-448-2134

Ebb & Flow, MB R0L 0R0  
Fax: 204-448-2305

Interlake Reserves Tribal Council  
Pineimuta Place, General Delivery  
Tel: 204-659-4465

Fairford, MB R0C 0X0  
Fax: 204-659-2147
Keeseekoowenin First Nation
Box 100
Elphinstone, MB R0J 0N0
Tel: 204-625-2004
Fax: 204-625-2019

Norway House First Nation
Education Centre, Box 25
Norway House, MB R0B 1B0
Tel: 204-359-6296
Fax: 204-359-6262

O-Chi-Chak-Ko-Sipi First Nation
Crane River, MB R0L 0M0
Tel: 204-732-2490
Fax: 204-732-2596

Peguis Band Office
Peguis, MB R0C 1N0
Tel: 204-645-2359
Fax: 204-645-2360

Pine Creek First Nation
Box 70, Camperville, MB R0L 0J0
Tel: 204-524-2478
Fax: 204-524-2832

Sagkeeng Heritage
Box 749, Pine Falls, MB R0E 1M0
Tel: 204-367-2129
Fax: 204-367-4287

Waterhen First Nation
Box 106, Skownan, MB R0L 1Y0
Tel: 204-628-3373
Fax: 204-628-3289

Manitoba Indian Education Association, Inc. (MIEA)

Head Office:
Lake Manitoba First Nation
P.O Box 1250
Lake Manitoba First Nation, MB R0C 3K0
Tel: 204-768-3492
Fax: 204-768-2123

Winnipeg Office:
Unit 300 – 286 Smith St
Winnipeg, MB R3C 1K4
Tel: 204-947-0421
Fax: 204-942-3067

Website: http://www.miea.ca

Background:
Manitoba Indian Education Association, Inc. (MIEA) is a non-profit organization mandated by the Assembly of Manitoba Chiefs in 1978 and incorporated in 1981. Our Board of Directors is from Manitoba First Nations Education Authorities associated with MIEA services.

Support Programs:
- academic counselling
- social counselling
- financial counselling
- tutorial services
- orientation
- recreation
- computer Lab with internet access
- community Relations & Referrals

Post Secondary:
- university studies
- community college
- vocational studies

Secondary:
- junior high school
- senior high school
EDUCATION

- university/college preparation (UCEP)  
  - adult education programs  
  - referrals to alternative education programs

Application Process
To discuss their eligibility for assistance, individuals may contact their Band Education Authority or Tribal Council or speak to a counsellor at the Manitoba Indian Education Association Inc. (MIEA)

Assistance
The assistance from the Band Education Authority and/or Tribal Council may include:

- tuition  
- books & supplies  
- a living allowance based on the number of student's dependents

Manitoba Student Aid
Manitoba Education and Training  
Toll free: 1-800-204-1685  
401 - 1181 Portage Avenue  
Tel: 204-945 6321  
Winnipeg, MB R3G 0T3  
Fax: 204-948-3421

Indigenous Students
If you are of Canadian Indigenous ancestry, you may be eligible for the following awards, as well as all other federal and provincial student loans, bursaries, and study grants.

Prince of Wales/Princess Anne Awards
Non-repayable assistance of $250 per year is available to Canadian Indigenous students studying in Canada. To be eligible, you must have at least a $1 need as determined on the Canada Student Loan/Manitoba Student Loan assessment.

Fly Higher! Business Council of Manitoba Aboriginal Education Awards
Aboriginal Education Awards of up to $3,000 for university and $1,500 for college students are available to students of Indigenous ancestry who are planning to, or are already attending a post-secondary school.

Recipients of the awards may be considered for summer and/or part-time employment with one of the Business Council’s member companies.

These awards were introduced in 2001 to assist Indigenous students attending post-secondary schools with costs such as tuition, books and supplies for the academic year. The Business Council of Manitoba initiated a partnership arrangement with the Governments of Canada and Manitoba to provide education awards to eligible Indigenous students. Funding for the awards is based on matching contributions from each of the partners. Due to the success of the program, the three partners have doubled their portion of funding from $75,000 to $150,000 per partner. In the first year of the new agreement, 120 Indigenous students will share a total of $312,000 in awards.
To be eligible for these awards, you must:

- be a Canadian citizen
- be a permanent resident of Manitoba for at least 12 months
- be enrolled in a post-secondary public school
- maintain full-time status (at least a 60% course load)
- be in need of financial assistance

Even if you are receiving funds from other sources you may still apply for this award.

To apply you must:

- complete an application form
- attach a brief essay in your own handwriting
- attach a copy of your most recent transcript or academic history
- submit all information to the financial services office at your post-secondary school

You do not need to enclose proof of acceptance at the university or college but will need to produce it before the award is released.

Applications are screened based on the combined criteria of personal achievements, academic standing, and financial need.

Indigenous students don't have to be enrolled in a post-secondary school to apply for these awards. They can be in the planning stage as well (potential high school graduate students planning to attend a post-secondary school upon graduation can apply as long as they are applying for the current fall session).

For further information, contact the school directly:

Assiniboine Community College  Tel: 204-725-8700 (ext. 6964)
Brandon University  Tel: 204-727-9737
University of Manitoba  Tel: 204-474-9531
University of Winnipeg  Tel: 204-786-9458
Red River College  Tel: 204-632-2437
University College of the North  Tel: 1-866-627-8500
Université de Saint-Boniface  Tel: 204-235-4408
Manitoba Institute of Trades and Technology  Tel: 204-989-6519

Niji Mahkwa (My friend the bear) School (formerly Aberdeen School)

450 Flora Avenue  Tel: 204-589-6742
Winnipeg, MB R2W 2R8  Fax: 204-582-7049

Our Vision

Niji Mahkwa School and Community upholds the belief that all children have an inherent right to the highest quality of holistic education. The integration of traditional and cultural teachings in a supportive learning environment will provide students with strengths and skills to meet the challenges of life.
Goals and Objectives:

- provide the academic programming reflected in the Educational Standards and Outcomes as directed by the Province of Manitoba
- develop and maintain a safe environment that will nurture in students self-worth, self-discipline, increased awareness of inner resources and a stronger identity
- promote, develop and empower family, extended family, spiritual guides, teachers and community members as equal partners with rights and responsibilities, who will then become pro-active participants in the education of our children
- nurture respect for spiritual guides and teachers
- ensure the preservation, appreciation, and utilization of traditional languages by offering Cree and Ojibwe language instruction as compulsory subjects (other languages may be offered in the future)
- promote a balanced lifestyle by incorporating cultural teachings to meet the students’ spiritual, emotional, physical and mental needs

These teachings will be based on the Seven Teachings as adopted by Niji Mahkwa parents, community, staff and students:
1. Knowledge/Wisdom
2. Love/Peace
3. Honesty/Bravery
4. Honour/Respect
5. Courage/Integrity
6. Humility/Interdependence
7. Truth/Balance

Southeast Collegiate
1301 Lee Boulevard  
Winnipeg, MB R3T 5W8  
Tel: 204-261-3551  
Fax: 204-269-7880  
Email: secinfo@secollege.ca

The mission of Southeast Collegiate is to provide sound academic standards and a holistic balance of quality education that includes traditional, cultural and academic teachings.

Manitoba Education and Training requires that students complete 30 credits to achieve a high school diploma, from the time they begin S1 (Grade 9) to S4 (Grade 12). They are required to have 17 compulsory credits and 13 optional credits.

All senior high school courses are assigned a certain value (credit). A student who completes a course requiring approximately 110 hours (one semester) earns one credit, while a course requiring approximately 55 hours (a half-semester) is worth a half-credit.
Credits fall into two categories: Compulsory course - a course in the subject areas listed for Grade 9 to Grade 12 that state that each student must earn a credit towards their graduation requirements (e.g. English language arts, mathematics, social studies, physical education, science etc.)

Optional Courses (also known as elective courses) are courses that students may choose based on their interests, abilities, values and career goals (e.g. arts, languages, music, industrial arts, information and communication technology etc.). Courses are either full-credit or a half-credit value. Students and parents are encouraged to discuss credit requirements with their school counsellors and teachers. Students should ensure that they meet the entrance requirements of the post-secondary education (college or university), training or work situation they intend to pursue.

UNIVERSITIES AND COLLEGES:

Assiniboine Community College

Main Campus: 1430 Victoria Avenue East, Brandon, MB R7A 2A9
Tel: 204-726 6600
Toll free: 1-800-862-6307
Fax: 204-726 6753

Other Campuses:

Parkland Campus
Box 4000 - 520 Whitmore Avenue East, Dauphin, Manitoba R7N 2V5
Tel: 204-622 2023
Fax: 204-638 3941

Adult Collegiate
725 Rosser Avenue, Brandon, MB R7A 0K8
Tel: 204 725 8735
Fax: 204 725 8740
Email: adultcollegiate@assiniboine.net

North Hill Campus - Len Evans Centre for Trades and Technology
1035 1st Street North, Brandon, MB R7A 2Y1
Tel: 204-725-8715
Fax: 204-725-8740
Email: trades@assiniboine.net

Russell Training Centre
Major Pratt School Phone
P.O. Box 218 - 404 Russell Street East, Russell, MB R0J 1W0
Tel: 204-773-5180
Fax: 1-800-773-2134
Email: russellconstudies@assiniboine.net

Rural Rotating Sites
Tel: 204-725-8720

Assiniboine Community College is a progressive post-secondary institution that provides students with knowledge, skills and credentials that are highly valued in the workforce. Students can choose from over 30 certificate and diploma programs in the areas of business and tourism, agriculture, trades, health care and information technologies. Most programs are one-to two-years in length. Numerous off-campus and evening programs are available.
Aboriginal Community Development - Economic Stream
The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If your interests lie in economic development and you enjoy marketing and have business-related skills, the economic specialization may appeal to you.

Aboriginal Community Development - Social Stream
The two-year Aboriginal Community Development program focuses on building and maintaining resources in communities, so that they are self-sufficient and healthy places to live and work. If you would like to help people overcome the effects of abuse or addictions, you may be interested in the social specialization of this program. Graduates from the above courses find employment in women's shelters, government agencies, band office administrations, tribal councils, other social and human services organizations, and economic development. Jobs are also found with chambers of commerce, tourism, recreation groups, and in project management in the public and private sectors.

Elders' Program
The Elders’ Program is designed to provide students with access to community Elders, leaders and role models. Elders make regularly scheduled visits to the campus and are also available to meet individually with students. Through cultural events and activities, students will have an opportunity to interact with Elders and benefit from their traditional knowledge and guidance.

BRANDON UNIVERSITY
Department of Native Studies
Brandon University
Brandon, MB R7A 6A9
Tel: 204-727-9734
Fax: 204-726-4573
Website: www.brandonu.ca

In 1975, Brandon University was the first university in western Canada (and only the second in Canada) to establish a Native Studies Department.

The goals of the department include:

1. scholarly recognition of Native cultures and Native peoples of North America, bringing to bear the full academic resources of study and research representing all disciplines

2. communication of the results of this research and expected new perspectives to students and others through university instruction and scholarly communication

3. dissemination of the teaching and research resources to the university off-campus for the benefit of Native peoples, especially in northern and remote areas

The Department of Native Studies offers both general courses in Native Studies and comprehensive programs of study in six areas, each identified as integral streams for students completing 3- or 4-year degrees. Comprehensive streams include Native Languages, Native Humanities (including Literature), Native Fine Arts, Native Policy and Administration, Native Human Services and Native Research.

Program for the Education of Native Teachers (PENT)
PENT is a community based teacher education program of the Faculty of Education of Brandon University. Students combine paraprofessional work in their community schools from September to April with courses at Brandon University from April to July. The new program of studies is the Brandon University After Degree B.A./B.Ed. program in either the early or middle years area. Student teaching is carried out during the school year in conjunction with paraprofessional work.

While studying on campus, students have access to a modern library and computer facilities. Studying with students from across Manitoba provides opportunities to interact professionally and socially with people from many other communities. Most classes are taught by regular faculty at Brandon University.

A shortage of middle year teachers with adequate academic preparation in math and science has led to the introduction of a new more specialized teacher education program. The new program had its first intake of students in the spring of 2002. Since this is a more specialized program, subsequent intakes will depend upon the demand.

University College of the North

The Pas Campus:
University College of the North
Box 3000
436 - 7th Street East
The Pas, MB  R9A 1M7
Tel: 204-627-8595
Fax: 204-623-6091
Toll free: 1-866-627-8500

The University College of the North is an institution devoted to community and northern development and reflects the Aboriginal reality and cultural diversity of northern Manitoba.

Thompson Campus:
University College of the North
55 UCN Drive
Thompson, MB  R8N 0A5
Tel: 204-677-6450
Toll free: 1-866-677-6450

Regional Centres:
Cross Lake (Pimicikamak) Regional Centre
Tel: 204-676-2677  Fax: 204-676-3981
Churchill Regional Centre
Tel: 204-675-2975  Fax: 204-675-2971
Flin Flon Regional Centre
Tel: 204-687-1560  Fax: 204-687-8558
Split Lake (Tataskweyak) Regional Centre
Tel: 204-342-2621  Fax: 204-342-2997
Swan River Regional Centre
Tel: 204-734-4419  Fax: 204-784-3293
Red River College
2055 Notre Dame Avenue
Winnipeg, MB R3H 0J9
Tel: 204-632-3960
Toll free: 1-888-515-7722
Website: www.rrc.mb.ca

Red River College offers over 200 full-and part-time degree, diploma, post-diploma, and certificate options. Most of our programs take two years or less to complete, allowing you to get a head start on your career. Our students don’t sit in lecture theatres all day. From skilled trades and research labs to the frontlines of industry, our practicum-based programming gives you the chance to learn through experience.

At RRC, you’ll learn using the same equipment and technology found in industry, giving you a competitive edge before you enter the workforce. Our programs offer experiential learning through industry placements, apprentices, and even paid work terms!

Whether you’re starting to plan your future, changing jobs, or looking to advance your career, our programs offer something for everyone.

University of Manitoba
Indigenous Achievement
Indigenous Achievement
114 Sidney Smith Street
University of Manitoba
Winnipeg, MB R3T 2N2
Tel: 204-474-8904/ 474-6747/ 474-8753
Fax: 204-474-9394
Website: umanitoba.ca/indigenous

The Office of Indigenous Achievement is tasked with building and expanding an Indigenous presence and visibility at the University of Manitoba and in the broader Indigenous and non-Indigenous communities that will result in improved access, recruitment, retention and completion for First Nations, Métis, and Inuit learners. Our vision is to make Manitoba a centre for excellence in Indigenous education.

Indigenous Student Recruitment
Indigenous Student Recruitment
424 University Centre
University of Manitoba Winnipeg, MB R3T 2N2
Email: Indigenous.Community@umanitoba.ca

Our Indigenous Student Recruitment team provides: admissions presentations, campus tours, attendance at career fairs, and responses to information enquiries.

Extended Education: Access and Aboriginal Focus Programs
Access and Aboriginal Focus Programs
Room 221 – 114 Sidney Smith Street
Winnipeg, MB R3T 2N2
Tel: 204 474-8000
Toll free: 1-800-432-1960 ext. 8000 (in MB)
Fax: 204-275-6489
Website: extended.cc.umanitoba.ca/access/
Within the Division of Extended Education, Access and Aboriginal Focus Programs provide a safe, respectful and inclusive environment for students.

**Access Programs:**
To help overcome social, economic, geographic or academic barriers, Access Programs provide: academic and personal counselling, possible financial support, extensive pre-university orientation, and tutoring and advocacy. Access Programs include: University of Manitoba Access Program (UMAP), Health Careers Access Program (HCAP), and Professional Health Program (PHP).

**Aboriginal Focus Programs:**
Aboriginal Focus Programs offer a holistic approach to areas of study that blend “Western” concepts with the traditional philosophies and knowledge systems of Indigenous peoples. Certificate and diploma programs offered: First Nations Community Wellness Diploma, Aboriginal Environmental Stewardship Diploma, Aboriginal Child and Family Service Diploma, and Aboriginal Counselling Skills Certificate.

**Faculty of Arts: Department of Native Studies**
Native Studies
Room 204 Isbister Building
University of Manitoba
Winnipeg, MB R3T 2N2
Email: nsgp@umanitoba.ca

For over 40 years, the Department of Native Studies has been an international leader in the field. You can examine the diversity of Indigenous cultures, histories, spiritualities, languages, literature and visual art as well as the history of colonialism, Indigenous governance, politics and economics. The department has many exciting opportunities including: Undergraduate and graduate degrees (Master’s and PhD), annual colloquium series featuring prominent speakers on various themes, summer school in Grassy Narrows First Nation, and internationally renowned faculty.

**Faculty of Engineering: Engineering Access Program**
Engineering Access Program (ENGAP)
E2-442, EITC
University of Manitoba
Winnipeg, Manitoba R3T 5V6
Email: engap@umanitoba.ca
Website: umanitoba.ca/engap/

ENGAP, the most successful program of its kind in Canada, provides an opportunity for students of Indigenous ancestry, who may not have had access to the necessary resources, to obtain the prerequisites required to get into, prepare for, and succeed in the Faculty of
Engineering. Through its warm and supportive community and staff, ENGAP offers students a home away from home as well as: academic upgrading, summer orientation for successful transition, individualized academic, social, personal and financial supports, and scholarships and bursaries for qualifying students.

**Faculty of Health Sciences: Centre for Aboriginal Health Education**

Centre for Aboriginal Health Education (CAHE)  
A101 Chown Building, 753 McDermot Avenue  
Winnipeg MB R3E 0T6  
Tel: 204-789-3511  
Fax: 204-480-1354  
Email: cahe@cc.umanitoba.ca

CAHE is a place for First Nations, Métis, and Inuit students enrolled in health professional programs to meet, study, and explore careers and culture. CAHE provides a welcoming environment that assists students to meet their academic potential through a variety of culturally relevant programs, resources and supports. With academic and personal success as the goal, the centre offers: a vibrant cultural program, Kaaweechimoseaywat Mentorship Program, an Elder-in-Residence who leads cultural teachings, events and ceremonies, and professional development and networking opportunities.

**Faculty of Law: Aboriginal Academic Support Program**

Faculty of Law, University of Manitoba  
Winnipeg, MB R3T 2N2  
Tel: 204-474-6448  
Fax: 204-474-7580

The Academic Support Program supports students in the Faculty of Law with tutoring, advising and access to a valuable network of peers. Bursaries and scholarships are available. By offering admission categories to both mature and Aboriginal students and the option of half-time studies, Robson Hall promotes diversity.

**Faculty of Nursing: Aboriginal Nursing Cohort Initiative**

College of Nursing  
89 Curry Place  
Winnipeg, MB R3T 2N2  
Tel: 204-474-7452  
Toll free: 1-800-432-1960 ext 7452  
Fax: 204-474-7682

Aboriginal Nursing Cohort Initiative (ANCI) offers a combination of academic and personal supports to prepare for entrance into our Bachelor of Nursing (BN) program. Designed with First Nations, Métis, and Inuit students in mind, ANCI includes access to an Elder-in-Residence, as well as regular meetings with a student advisor/counsellor and academic coach throughout the year. Smaller class sizes give you the opportunity to connect with your classmates and build personal and professional relationships that will help you feel at home. Our internationally recognized faculty and state-of-the-art facilities will provide you the tools you need to build a strong academic foundation to continue on with your studies.

**Faculty of Social Work: Inner-City Social Work Program**
If you are at least 21 years of age and have faced barriers to education, consider this highly successful program which supports students to acquire a Bachelor of Social Work degree. Programming takes place in the heart of Winnipeg’s North End at William Norrie Centre and offers you: small class sizes, full and part-time studies, hands-on practical experience through field placements, and holistic supports including ACCESS bursaries.

Faculty of Social Work: Northern Social Work Program
Northern Social Work Program
3 Station Road
Thompson, Manitoba R8N 0N3
Email: bonnyca@ccumanitoba.ca

Designed for mature students who are committed to a rewarding career in social work and interested in earning a Bachelor of Social Work degree in Manitoba’s beautiful north. Located in Thompson, full-and part-time options offer you placements with local agencies. Each year, 20 to 25 students are accepted into the program.

Libraries: Indigenous Services Librarian
Elizabeth Dafoe Library
25 Chancellors Circle
University of Manitoba
Winnipeg, MB R3T 2N2
Tel: 204-480-1054

U of M Libraries has an excellent collection of books, journals, and government publications to support the study of Canadian Aboriginal peoples from the undergraduate to the PhD level. The Libraries also collect materials about Indigenous people in the United States and around the world. The Indigenous Services Librarian is responsible for addressing the unique library needs of the Indigenous community at the U of M; promoting Indigenous scholarship through collection development; the development of new programs aimed to aid in Indigenous student retention, as well as instruction; collection development and reference work pertaining to the subject areas of Anthropology, Native Studies, and Social Work.

National Centre for Truth and Reconciliation
National Centre for Truth and Reconciliation (NCTR)
Chancellor’s Hall, 177 Dysart Road
University of Manitoba
Winnipeg, MB R3T 2N2
Email: NCTR@umanitoba.ca

Website: umanitoba.ca/centres/nctr/
In 2015, the Truth and Reconciliation Commission of Canada (TRC) released its final reports. The release of the final reports marked the end of a six-year journey towards the truth with millions of documents and thousands of interviews with Survivors collected along the way. Everything collected by the TRC is now safely housed at the National Centre for Truth and Reconciliation (NCTR). Survivors, families of survivors, students, educators, researchers and the public now have the opportunity to interact with these materials in meaningful and personal ways, learning from them and using them to teach others. The University of Manitoba is honoured to be the home of the NCTR and is committed to the journey of Reconciliation and to leading a national conversation that engages Indigenous and non-Indigenous communities. The NCTR supports these efforts, helping preserve the memory of the Residential School System and its legacy for all Canadians.

**Asper School of Business: Aboriginal Business Education Program (ABEP)**

Aboriginal Business Education Partners (ABEP)  
350 Drake Centre, 181 Freedman Crescent  
Winnipeg, Manitoba  R3T 5V4  
**Email:** abep@umanitoba.ca  
**Tel:** 204-474-7401  
**Toll free:** 1-800-432-1960, ext. 7401  
**Fax:** 204-474-7544  
**Website:** umanitoba.ca/asper/abep

ABEP is a community of Indigenous students pursuing a Bachelor of Commerce (Hons.) degree at the Asper School of Business. This vibrant support unit offers: free tutors and advisors, exclusive scholarships and bursaries, professional networking, and summer and career positions.

**Faculty of Medicine - School of Medical Rehabilitation:**

Faculty of Medicine  
Rm. R106 - 771 McDermot Avenue  
Winnipeg, MB  R3E 0T6  
**Tel:** 204-789-3897  
**Fax:** 204-789-3927

**Programs:**

**Occupational Therapy:**

The admission quota is 50 students; 15 percent of available seats are priority positions for Aboriginal students who meet all entrance requirements.

**Physical Therapy:**

The admission quota is 50 students. Special consideration is given to self-declared Aboriginal students and students who apply from the ACCESS and SPSP programs; up to 10 percent of available seats are for special consideration applicants.

**Yellowquill College**

480 Madison Avenue  
Winnipeg, MB  R3J 1J1  
**Email:** administration@yellowquillcollege.org  
**Tel:** 204-953-2800  
**Fax:** 204-953-2810  
**Website:** www.yellowquillcollege.mb.ca
Yellowquill College was founded by the Dakota Ojibway Tribal Council in 1984 as a physical manifestation of the belief of “Indian Control of Indian Education”. Those visionary leaders saw that a better future was possible through a First Nation-owned and operated post-secondary institute. On October 1, 1984, the College opened in the newly renovated residential school on Crescent Road West in Portage la Prairie on 45 acres of Long Plain First Nation Land. The opening of a First Nation college provided an alternative for aboriginal adults wanting to pursue their educational goals.

The College currently operates under the auspices of the Dakota Ojibway Tribal Council. The seven chiefs of the member bands serve as the Board of Directors for Yellowquill College. The College is incorporated both federally and provincially and is a non-profit organization.

The College, which opened with 16 students, has had over 1,000 graduates in a variety of programs. The College and University Entrance Preparation Programs (UCEP), and now the Mature Student High School Diploma program, have prepared hundreds of students for studies at the post-secondary level, whether at Yellowquill or other post-secondary institutions. Training, including the Pre-electrical, Clerical, Small Business Management, Secretarial, Office Technology, Child Care, Native Economic Development, Financial Accounting, Business Administration, and Administrative Assistant programs, has prepared students directly for the workforce. Community literacy and upgrading programs have provided needed basic skills to students in several First Nation communities. Professional development and work-related training has enriched the skills of many First Nation and Aboriginal employees.

Current off-sites for the Mature Student High School Diploma program include Bloodvein First Nation, Long Plain First Nation, and Sioux Valley Dakota Nation. These community campuses are in partnership with the respective communities.

Programs Offered at YellowQuill College:

- Business Certificate
- Certified Aboriginal Financial Manager Diploma
- Community Health Worker Program Certificate and Diploma (Modular)
- First Nation Child and Family Services Worker Diploma
- First Nation Community Management Diploma (Modular)
- First Nation Management and Administration Diploma
- Mature Grade 12 Diploma
- Professional Development Workshops
GORDON BELL, Grades: 7-S4
3 Borrowman Place, Winnipeg, MB R3G 1M6
Tel: 204-774-5401  Fax: 204-783-9469
Email: gbweb@wsd1.org
Website: www.wsd1.org/gordonbell

HUGH JOHN MCDONALD Grades: 7-S1
567 Bannatyne Avenue, Winnipeg, MB R3G 0G8
Tel: 204-786-5631  Fax: 204-783-6473
Email: hjm@wsd1.org
Website: www.wsd1.org/HughJohn

JOHN M. KING Grades: N-6
525 Agnes Street, Winnipeg, MB R3G 1N7
Tel: 204-775-4404  Fax: 204-772-6931
Website: www.wsd1.org/johnmking

KING EDWARD Grades: N-6
825 Selkirk Avenue, Winnipeg, MB R2X 2Y6
Tel: 204-586-8381  Fax: 204-586-3984
Email: kingedward@wsd1.org
Website: www.wsd1.org/KingEdward

MACHRAY Grades: N-6
320 Mountain Avenue, Winnipeg, MB R2W 1K1
Tel: 204-586-8085  Fax: 204-589-8222
Website: www.wsd1.org/Machray/

MULVEY Grades: N-6
750 Wolseley Avenue, Winnipeg, MB R3G 1C6
Tel: 204-786-3469  Fax: 204-774-2894
www.wsd1.org/mulvey/New_Folder/index.html

NIJI MAHKWA Grades: N-8
450 Flora Avenue, Winnipeg, MB R2W 2R8
Tel: 204-589-6742  Fax: 204-589-8646
Email: nijimahkwa@wsd1.org
Website: www.wsd1.org/nijimahkwa

NORQUAY Grades: N-6
132 Lusted Avenue, Winnipeg, MB R2W 2P2
Phone: 204-943-9541  Fax: 204-943-4715
Website: www.wsd1.org/norquay

PINKHAM Grades: N-6
765 Pacific Avenue, Winnipeg, MB R3E 1G1
Phone: 204-786-5749  Fax: 204-783-0597
Email: Lionel Pang
Website: www.wsd1.org/pinkham

R. B. RUSSELL Grades: S1-S4
364 Dufferin Avenue, Winnipeg, MB R2W 2Y3
Tel: 204-589-5301  Fax: 204-586-1817
Email: jwillman@wsd1.org
Website: www.rbrussell.org

SISTER MACNAMARA Grades: N-6
460 Sargent Avenue, Winnipeg, MB R3B 1V5
Tel: 204-942-6965  Fax: 204-989-2224
Email: debbielm@wsd1.org
Website: www.wsd1.org/sistermac

STRATHCONA Grades: N-6
233 McKenzie Street, Winnipeg, MB R2W 4Z2
Tel: 204-586-8493  Fax: 204-586-1161
Website: www.wsd1.org/strathcona/default.asp

VICTORIA-ALBERT Grades: N-6
110 Ellen Street, Winnipeg, MB R3A 1A1
Tel: 204-943-3459  Fax: 204-957-7207
Email: dwiebe@wsd1.org
Website: www.wsd1.org/VicAlbert/

WELLINGTON Grades: N-6
690 Beverley Street, Winnipeg, MB R3E 2A5
Tel: 204-774-8085  Fax: 204-772-2799
Website: www.wsd1.org/wellington/

WILLIAM WHYTE Grades: N-8
200 Powers Street, Winnipeg, MB R2W 4P3
Tel: 204-589-4313  Fax: 204-586-0144
Website: www.wsd1.org/williamwhyte/
**Band-operated Schools**

**LOCATION - SCHOOL INDEX:**

O'Hanley - LITTLE BLACK RIVER SCHOOL
Oxford House - OXFORD HOUSE SCHOOL
• '72 MEMORIAL HIGH SCHOOL
Pauingassi - PAUINGASSI SCHOOL
Peguis First Nation - PEGUIS N - 5 SCHOOL
• PEGUIS CENTRAL SCHOOL
Pelican Rapids - NEIL DENNIS KEMATCH MEMORIAL - SCHOOL
Pine Falls - ANICINABE COMMUNITY SCHOOL
• SAGKEENG CONSOLIDATED SCHOOL
Sagkeeng - SAGKEENG ANICINABE HIGH SCHOOL
Pipestone - WAMBDI IYOTAKE SCHOOL
Poplar River - POPLAR RIVER SCHOOL
Portage la Prairie - DAKOTA TIPI SCHOOL
Pukatawagan - PUKATAWAGAN SCHOOL

Red Sucker Lake - RED SUCKER LAKE SCHOOL
Scanterbury - SERGEANT TOMMY PRINCE SCHOOL
Shamattawa - ABRAHAM BEARDY SCHOOL
Shortdale - CHIEF CLIFFORD LYNXLEG ANICINABE SCHOOL
Split Lake - CHIEF SAM COOK NAHMUWEE
St. Theresa Point - ST. THERESA POINT SCHOOL
Swan Lake - INDIAN SPRINGS SCHOOL
Tadoule Lake - PETER YASSIE MEMORIAL SCHOOL
The Pas - JOE A. ROSS SCHOOL
Vogar Lake Manitoba School
Wasagamack - GEORGE KNOTT SCHOOL
Waywayseecappo - WAYWAYSEECAPPO COMMUNITY SCHOOL
York Landing - GEORGE SAUNDERS MEMORIAL SCHOOL

ABRAHAM BEARDY SCHOOL
General Delivery,
Shamattawa, MB R0B 1K0
Tel: 204-565-2022 Fax: 204-565-2122
AMOS OKEMOW MEMORIAL SCHOOL
General Delivery,
God's River, MB R0B 0N0
Tel: 204-366-2070 Fax: 204-366-2105
ANICINABE COMMUNITY SCHOOL
Box 219,
Pine Falls, MB R0E 1M0
Tel: 204-367-2285 Fax: 204-367-9205

BIRDTAIL SIOUX EDUCATION
General Delivery,
Beulah, MB R0M 0B0
Tel: 204-568-4757 Fax: 204-568-4762

CHEMAWAWIN SCHOOL
Box 10
Easterville, R0C 0V0
Tel: 204-329-2115 Fax: 204-329-2214

CHIEF CLIFFORD LYNXLEG ANICINABE SCHOOL
Valley River Reserve
Shortdale, MB R0L 1W0
Tel: 204-546-2641 Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE
General Delivery,
Split Lake, MB R0B 1P0
Tel: 204-342-2134 Fax: 204-342-2139

FOX LAKE NATIVE SPIRITUAL SCHOOL
Box 279, Gillam, MB R0B 0L0
Tel: 204-486-2307 Fax: 204-486-2606
GARDEN HILL ELEMENTARY
General Delivery
Island Lake, MB R0B 0T0
Tel: 204-456-2391 Fax: 204-456-2350
GARDEN HILL FIRST NATION HIGH SCHOOL
General Delivery
Island Lake, MB R0B 0T0
Tel: 204-456-2886 Fax: 204-456-2894
GEORGE KNOTT SCHOOL
General Delivery
Wasagamack, MB R0B 1Z0
Tel: 204-457-2082 Fax: 204-457-2273
GEORGE SAUNDERS MEMORIAL SCHOOL
General Delivery,
York Landing, MB R0B 2B0
Tel: 204-341-2118 Fax: 204-341-2235

GINEW SCHOOL
Box 10, Ginew, MB R0A 2R0
Tel: 204-427-2490 Fax: 204-427-2398

GOD'S LAKE NARROWS FIRST NATIONS SCHOOL
General Delivery,
God's Lake Narrows, MB R0B 0M0
Tel: 204-335-2003 Fax: 204-335-2440

LAKE ST. MARTIN SCHOOL
Box 200,
Gypsumville, MB R0C 1J0
Tel: 204-659-5774 Fax: 204-659-5739
CHARLES SINCLAIR SCHOOL
Box 109,
Koostatak, MB R0C 1J0
Tel: 204-645-2206 Fax: 204-645-2614

GEORGE SAUNDERS MEMORIAL SCHOOL
General Delivery,
Pelican Rapids, MB R0L 1L0
Tel: 204-587-2045 Fax: 204-587-2341
NISI chocolateshink NEYO OHTINWAK COLLEGIATE
General Delivery,
Nelson House, MB R0B 1A0
Tel: 204-484-2095 Fax: 204-484-2257

KISKINWAMHTOWEKAMIK SCHOOL
General Delivery,
Nelson House, MB R0B 1A0
Tel: 204-484-2242 Fax: 204-484-2002

OTTER NELSON RIVER CROSS LAKE EDUCATION AUTHORITY
Cross Lake, MB R0B 0J0
Tel: 204-676-2050 Fax: 204-676-2464

PEGUIS CENTRAL SCHOOL
Box 670,
Peguis First Nation R0C 3J0
Tel: 204-645-2164 Fax: 204-645-2270
EDUCATION

DAKOTA PLAINS SCHOOL
General Delivery,
Edwin, MB R0H 0G0
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPI SCHOOL
2000a Dakota Drive,
Dakota Tipi, MB R1N 3X6
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL
Box 140, Gypsumville R0C 1J0
Tel: 204-659-5268 Fax: 204-659-5790

DONALD AHMO SCHOOL
General Delivery,
Crane River, MB R0L 0M0
Tel: 204-732-2548 Fax: 204-732-2753

EBB AND FLOW SCHOOL
General Delivery,
Ebb and Flow, MB R0L 0R0
Tel: 204-448-2012 Fax: 204-448-2393

LITTLE GRAND RAPIDS SCHOOL
General Delivery
Little Grand Rapids, MB R0B 0V0
Tel: 204-397-2197 Fax: 204-397-2102

MIKISEW MIDDLE SCHOOL
General Delivery,
Cross Lake, MB R0B 0J0
Tel: 204-676-3030 Fax: 204-676-2798

MISKOOSEPI SCHOOL
Bloodvein, MB R0C 0J0
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL
Box 1610,
Pine Falls R0E 1M0
Tel: 204-367-2588 Fax: 204-367-9231

SAGKEENG ANICINABE HIGH
Box 1610,
Pine Falls, MB R0E 1M0
Tel: 204-367-2243 Fax: 204-367-4566

ABRAHAM BEARDY SCHOOL
General Delivery,
Shamattawa, MB R0B 1K0
Tel: 204-565-2022 Fax: 204-565-2122

AMOS OKEMOW MEMORIAL SCHOOL
General Delivery,
God’s River, MB R0B 0N0
Tel: 204-366-2070 Fax: 204-366-2105

ANICINABE COMMUNITY SCHOOL
Box 219,
Pine Falls, MB R0E 1M0
Tel: 204-367-2285 Fax: 204-367-9205

INDIAN SPRINGS SCHOOL
Box 145,
Swan Lake, MB R0G 2S0
Tel: 204-836-2332 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL
Marius Post Office,
Marius, MB R0H 0T0
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL
Opaskwayak Education Authority
Box 10160,
Opaskwayak, MB R0B 2J0
Tel: 204-623-4286 Fax: 204-623-444

KEESEKEKOOWENIN SCHOOL
Box 129, Elphinestone R0I 0N0
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL
Box 5050,
Gypsumville R0C 1J0
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL
General Delivery,
Scantebury R0E 1W0
Tel: 204-766-2636 Fax: 204-766-2809

FOX LAKE NATIVE SPIRITUAL SCHOOL
Box 279, Gillam, MB R0B 0L0
Tel: 204-486-2307 Fax: 204-486-2606

CHARLES SINCLAIR SCHOOL
Box 109,
Koostatak, MB R0C 1S0
Tel: 204-645-2206 Fax: 204-645-2614

GARDEN HILL FIRST NATION HIGH SCHOOL
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Island Lake, MB R0B 0T0
Tel: 204-456-2886 Fax: 204-456-2894

GARDEN HILL ELEMENTARY
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Island Lake, MB R0B 0T0
Tel: 204-456-2391 Fax: 204-456-2350

GEORGE KNOTT SCHOOL
General Delivery
Waasagamack, MB R0B 1Z0
Tel: 204-457-2082 Fax: 204-457-2273

GINEW SCHOOL
Box 10, Ginew, MB R0A 2R0
Tel: 204-427-2490 Fax: 204-427-2398

PETER YASSIE MEMORIAL SCHOOL
General Delivery,
Tadoule Lake, MB R0B 2C0
Tel: 204-684-2279 Fax: 204-684-2130

PETIT CASIMIR MEMORIAL SCHOOL
General Delivery,
Lac Brochet, MB R0B 2E0
Tel: 204-337-2278 Fax: 204-337-2078

PINAYMOOTANG SCHOOL
Fairford Reserve,
Fairford, MB R0C 0X0
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR MEMORIAL SCHOOL
Box 359, Hodgson, MB R0C 1N0
Tel: 204-394-2314 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL
General Delivery,
O’Hanley, MB R0E 1K0
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL
Long Plain Reserve,
Portage la Prairie, MB R1N 3B7
Tel: 204-252 2326 Fax: 204-252 2786

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

SIOUX VALLEY SCHOOL
Sioux Valley Reserve,
Box 99, Griswold R0M 0S0
Tel: 204-855-2536 Fax: 204-855-3204

LAKE ST. MARTIN SCHOOL
Box 2020,
Gypsumville, MB R0C 1J0
Tel: 204-659-5774 Fax: 204-659-5739

NEIL DENNIS KEMATCH MEMORIAL SCHOOL
General Delivery,
Pelican Rapids, MB R0L 1L0
Tel: 204-587-2045 Fax: 204-587-2341

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Beulah, MB R0M 0B0
Tel: 204-568-4757 Fax: 204-568-4762

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Box 10
Easterville R0C 0V0
Tel: 204-329-2115 Fax: 204-329-2214

PEGUIS CENTRAL SCHOOL
Box 670,
Peguis First Nation R0C 3J0
Tel: 204-645-2164 Fax: 204-645-2270
EDUCATION

SAGKEENG ANICINABE HIGH
Box 1610, Pine Falls, MB R0E 1M0
Tel: 204-367-2243 Fax: 204-367-4566

SIoux VALLEY SCHOOL
Sioux Valley Reserve, Box 99, Griswold ROM 0S0
Tel: 204-855-2536 Fax: 204-855-3204

CHIEF CLIFFORD LYNXLEG
ANISHINABE SCHOOL
Valley River Reserve, Shortdale, MB R0L 1W0
Tel: 204-546-2641 Fax: 204-546-3120

CHIEF SAM COOK NAHMUWEE
General Delivery, Split Lake, MB R0B 1P0
Tel: 204-342-2134 Fax: 204-342-2139

DAKOTA PLAINS SCHOOL
General Delivery, Edwin, MB R0H 0G0
Tel: 204-252-2895 Fax: 204-252-2188

DAKOTA TIPi SCHOOL
200a Dakota Drive, Dakota Tipi, MB R1N 3X6
Tel: 204-857-7190 Fax: 204-857-7012

DAUPHIN RIVER SCHOOL
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Tel: 204-659-5268 Fax: 204-659-5790

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General Delivery, Crane River, MB R0L 0M0
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Tel: 204-676-3030 Fax: 204-676-2798

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General Delivery, Tadoule Lake, MB R0B 2C0
Tel: 204-684-2279 Fax: 204-684-2130

GEORGE SAUNDERS MEMORIAL SCHOOL
General Delivery, York Landing, MB R0B 2B0
Tel: 204-341-2118 Fax: 204-341-2325

PETIT CASIMIR MEMORIAL SCHOOL
General Delivery, Lac Brochet, MB R0B 2E0
Tel: 204-337-2278 Fax: 204-337-2078

GOD’S LAKE NARROWS FIRST NATIONS SCHOOL
God’s Lake Narrows, God’s Lake Narrows, MB R0B 0M0
Tel: 204-335-2003 Fax: 204-335-2440

INDIAN SPRINGS SCHOOL
Box 145, Swan Lake, MB R0G 2S0
Tel: 204-836-2302 Fax: 204-836-2317

ISAAC BEAULIEU MEMORIAL
Marius Post Office, Marius, MB R0H 0T0
Tel: 204-843-2407 Fax: 204-843-2269

JOE A. ROSS SCHOOL
Opaskwayak Education Authority, Box 10160
Opaskwayak, MB R0B 2J0
Tel: 204-623-4286 Fax: 204-623-444

KEESEEKOWENIN SCHOOL
Box 129, Elphinstone R0J 0N0
Tel: 204-625-2062 Fax: 204-625-2418

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2778 Fax: 204-768-2194

LITTLE SASKATCHEWAN SCHOOL
Box 5050, Gypsumville R0C 1J0
Tel: 204-659-2672 Fax: 204-659-5763

SERGEANT TOMMY PRINCE SCHOOL
General Delivery, Scantbery R0E 1W0
Tel: 204-766-2636 Fax: 204-766-2809

NISICHAWAYASHIK NEYO OHTINWAK COLLEGIATE
General Delivery, Nelson House, MB R0B 1A0
Tel: 204-484-2095 Fax: 204-484-2257

OTETISKIWIN
KISKINWAMAHTOWEKAMIK SCHOOL
General Delivery, Nelson House, MB R0B 1A0
Tel: 204-484-2242 Fax: 204-484-2002

OTTER NELSON RIVER
CROSS LAKE EDUCATION AUTHORITY
Cross Lake, MB R0B 0J0
Tel: 204-676-2050 Fax: 204-676-2464

LAKE MANITOBA SCHOOL
Vogar, MB R0C 3C0
Tel: 204-768-2728 Fax: 204-768-2194

MISKOSEEPI SCHOOL
Bloodvein, MB R0C 0J0
Tel: 204-395-2012 Fax: 204-395-2189

SAGKEENG CONSOLIDATED SCHOOL
Box 1610, Pine Falls R0E 1M0
Tel: 204-367-2588 Fax: 204-367-9231

PINAYMOOTANG SCHOOL
Fairford Reserve, Fairford, MB R0C 0X0
Tel: 204-659-2045 Fax: 204-659-2270

LAWRENCE SINCLAIR MEMORIALSCHOOL
Box 359, Hodgson, MB R0C 1N0
Tel: 204-394-2134 Fax: 204-394-2104

LITTLE BLACK RIVER SCHOOL
General Delivery, O’Hanley, MB R0E 1K0
Tel: 204-367-8298 Fax: 204-367-2266

LONG PLAIN SCHOOL
Long Plain Reserve, Portage I Prairie, MB R1N 3B7
Tel: 204-252-2326 Fax: 204-252-2786

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**VOCATIONAL TRAINING AND EMPLOYMENT**

**Indigenous Inclusion Directorate Manitoba Education and Training**

510 Selkirk Avenue
Winnepeg, MB R2W 2M7
**Tel:** 204-945-7886
**Fax:** 204-948-2010
**Website:** [http://www.edu.gov.mb.ca/abedu/index.html](http://www.edu.gov.mb.ca/abedu/index.html)
**Toll free:** 1-800-282-8069 ext. 7886

The Aboriginal Education Directorate provides leadership and coordination for departmental initiatives in Aboriginal education and training. This includes:

- ensuring an integrated approach to Aboriginal education and training
- promoting the removal of systemic barriers for Aboriginal student success in education and training
- participating in and ensuring linkages with inter-sectoral initiatives related to Aboriginal education and training

**Indigenous Leadership Institute, Inc.**

UNIT 206-1075 Portage Avenue
Winnipeg, MB R3G 0R8
**Tel:** 204-940-1700
**Fax:** 204-940-1719
**Email:** info@ildii.ca
**Website:** [www.ildii.ca](http://www.ildii.ca)

The Indigenous Leadership Institute, Inc. works closely with educational institutes, government and the private sector. Rich and varied educational opportunities are provided to our clients through partnerships and cooperative alliances. For example, a university may be engaged to provide courses in self-governance, a private consultant to provide training on effective negotiation skills, or a senior civil servant to speak on legislative protocol. Through customized training, communities will become stronger and govern more effectively. The calendar of courses offers approximately 20 single-day or multi-day courses annually, on topics such as:

- government-to-government relations
- financial management and accountability
- governance
- nation-building
- media training
- negotiation
- dispute resolution

Whenever possible, courses are fully or partially sponsored by public or private partners.
The Anokiiwin Group, Inc.
1602-275 Portage Avenue Winnipeg, MB R3B 2B3 Tel: 204-925-2790 Fax: 204-943-0023

As a provincially registered private vocational school, Anokiiwin Training Institute has developed fully accredited educational and training programs to meet specific training needs. In partnership with other post-secondary institutions and private sector trainers, Anokiiwin Training Institute has developed diploma and certificate courses, workshops and seminars. Through strategic alliances with industry associations and individual employers, Anokiiwin Training Institute has developed and delivered a wide variety of industry certified training programs.

Centre for Aboriginal Human Resource Development, Inc. (CAHRD)
304 - 181 Higgins Avenue Winnipeg, MB R3B 3G1 Tel: 204-989 7110 Fax: 204-989 7113 Website: www.cahrd.org

CAHRD: Is a non-profit, registered charitable organization that has been providing quality education, training and employment services to the Aboriginal (Status, Non-status, Métis and Inuit) people of Winnipeg for over 26 years. Through an Aboriginal board of directors and staff, CAHRD administers this mandate through four divisions.

EMPLOYMENT: Central Employment Services, Staffing Solutions (for recent graduates), Aboriginal People with Disabilities

EDUCATION: High School Diploma, Upgrading, Kookum's Place Child Care, Literacy, Community Campus Aboriginal Community Campus, Aboriginal People's College, Centre, Commissioning, First Nations and Inuit Youth Employment Strategy (see listing under Scholarships, Bursaries and Awards Guide for Aboriginal Students)

Civil Service Commission
935 -155 Carlton Street, Main Floor Winnipeg, MB R3C 3H8 Tel: 204-945-2332 Fax: 204-945-1486 TDD: 204-945-1437

Provides a wide range of services to assist Affirmative Action target group members (women, Aboriginal people, people with disabilities, and visible minorities), as well as current and potential civil service employees. Users of the services will receive assistance in developing employment strategies, resume writing, interview skills, and understanding the recruitment and selection process of the Manitoba government. Staff conducts outreach recruitment activities and make use of a centralized applicant inventory data system to register and refer applicants to entry level clerical and secretarial positions.
In addition, the branch is equipped with one TDD for the hearing impaired and a Tel number with job bulletins recorded weekly for the visually impaired.

Manitoba Education and Training
Post Secondary Education and Workforce Development
Employment and Training Services Branch Tel: 204-945-1018
215 - 800 Portage Avenue Fax: 204-945-0221
Winnipeg, MB R3G 0N4 Website: www.edu.gov.mb.ca
Employment and Training Services has offices located throughout the Province of Manitoba. Services are provided directly or through community based organizations and are designed to assist Manitobans prepare for and/or obtain employment. Types of services provided are: vocational counselling, academic and career counselling, pre-employment training, job-finding clubs, job referral and placement, skills training, literacy training, labour market information, job bank, subsidized employer-based training, wage incentives, training allowances for eligible clients.

**Peguis First Nation Training & Employment**

2001- 1075 Portage Avenue  
Winnipeg, MB R3G 0R8  
**Tel:** 204-942 1260  
**Fax:** 204-949 0616  
**Toll free:** 866-942-1260

The Peguis School Board Post Secondary Department provides financial assistance to Peguis First Nation band members to obtain a post secondary education. The objective is to assist band members to achieve their education goals, while contributing to the development of their communities. Offices in Peguis and Winnipeg are staffed with education counsellors to provide information and assistance to individuals who are interested in pursuing post secondary education. Peguis School Board Post Secondary Department also operates in partnership with Peguis First Nation Training and Employment, and the Peguis Adult Education Learning Centre for individuals who are interested in obtaining their Mature Grade 12 high school diploma.

**Sagkeeng Employment and Training Services**

200G-70 Arthur Street  
Winnipeg, MB R3B 1G7  
**Tel:** 204-943-6073  
**Fax:** 204-943-6081 (Reserve Office)  
**Toll free:** 1-866-426-8551  
**P.O. Box 8,**  
Fort Alexander, MB R0E 0P0  
**Tel:** 204-367-8740  
**Fax:** 204-367-9061

Website: [www.sagkeeng.ca](http://www.sagkeeng.ca)

The mandate of Sagkeeng Employment and Training Services is to provide assistance to Sagkeeng band members and make information and resources available regarding education and employment. Everyone is welcome to use the many resources and services, such as computers and other resource equipment, employment and training counselling, employment workshops and job search assistance.

**Training Resources for Youth (TRY)**

(New Directions for Children, Youth and Families)  
1st Floor - 717 Portage Avenue  
Winnipeg, MB R3G 0M8  
**Tel:** 204-786-7051 - Ext. 5256  
**Fax:** 204-783-0851  
**Email:** TRY@newdirections.mb.ca  
**TTY:** 204-774-8541

**Program Objective:**

Training Resources for Youth or TRY is a program to help youth prepare for entry into the workforce or return to school. A pre-employment program for young people between 16 and 19 years of age is offered through TRY. Their goal is to prepare young people for entry into the workforce, return to school or further training. Services include:

- in-class training
- life-skills training
Participants in the TRY program have dropped out of school and are looking for a new direction in their life, either by returning to school or developing the skills to find a job. The TRY program combines life skills training in the classroom and work experience at a job site.

**Life skills Training:**
Participants attend a five-week life skills training session. This includes: personal development: communication skills, self awareness, abuse prevention, problem-solving/decision-making skills, cultural awareness/exploration and healthy sexuality. Pre-employment skills: employment interests/career decision-making, job search skills, resume and application form writing, and employer expectations. Work experience participants are placed in a series of entry level jobs to expose them to a range of workplace experiences. Employers help the participants learn basic employment practices such as getting to work on time, taking direction from others, communicating clearly, and taking initiative. There are two types of job placement for which participants receive experience and pay: **Part-time work experience:** Three weeks long, **Individualized full-time work experience:** Three weeks of full-time work.

**Urban Circle Training Centre, Inc.**

519 Selkirk Avenue  
Winnipeg, MB  R2W 2M6  
Tel: 204-589-4433  
Fax: 204-582-6439

At Urban Circle, our goal is to provide culturally appropriate education and training to First Nations, Métis, and Inuit women and men in Winnipeg. Since 1991, we have offered certified programming that connects to both our cultural teachings and labour-market demands. At our Centre, students are provided with a sense of belonging and community, and we are committed to enriching the quality of their educational experience by providing them with opportunities for personal growth and success.

**Build Inc.**

Unit 200 – 765 Main Street  
Winnipeg, MB  R2W 3N5  
Tel: 204-943-5981  
Fax: 204-943-6003  
Email: reception@build.ca

Our paid training program is designed for people who most employers (and social service agencies) would deem “unemployable”. Few trainees hired by BUILD have completed high school, and few have worked in the formal labour market. Many trainees have had contact with the criminal justice system, some are struggling with addictions, and many have unstable home environments. Most often, trainees do not have a driver’s license, and most have no prior experience using tools or even a measuring tape. These are basic requirements for entry into the construction trades.

Our journeymen and trainers provide hard skills training and mentorship to trainees – offering a supportive environment for trainees to learn and grow. Trainees also have access to a team of support workers, including a training coordinator, a safety and hard skills instructor, and an employment and education facilitator.
The training coordinator works one-on-one with trainees to access on-site workshops and classes as wide-ranging as parenting and money management to math upgrading and high school completion. The coordinator also organizes cultural activities, such as sweat lodge ceremonies, and can put trainees in contact with community elders.

Our employment and education facilitator works with trainees to develop long-term goals, such as entering trades-based education programs, or securing employment in the construction sector. The facilitator also works with trainees to update their resumes, account for newly acquired skill-sets, and matches trainees with potential employers.

The safety and hard skills instructor provides all required safety training and facilitates all initial hard skills training in our dedicated training workshop. Here trainees receive practical hands-on instruction specific to the work they will do in our Social Enterprise Department.

Trainees who finish the six-month work program either go on to complete their high school and enter apprenticeship programs (largely, in carpentry), or they move directly into the work force. BUILD has been able to hire a select number of former trainees as part of our permanent staff.

Training program break down

BUILD’s training program consists of in-class training and practicum placements. The in-class training component is delivered in the first eight to 10 weeks and includes both life skills and vocational training. The practicum placements occur in the last four months of training.

In-class training

Trades-based tutoring:
Math is fundamentally important in the Trades. BUILD has partnered with Workplace Education Manitoba to offer tutoring to those trainees needing to further their knowledge and skills in trades-based math.

Life skills training

Life skills training is included in the in-class component of the program and provides participants with the skills required to transition to the labour market, which could include the following programs:

- money management training
- parenting program for eligible participants
- cultural programming
- driver training
- math tutoring (provided by Workplace Education Manitoba)

Vocational training

Vocational training will provide participants with skills required for the practicum component. Training could include the following programs:
VOCATIONAL TRAINING AND EMPLOYMENT

- provision of personal tools and safety equipment
- first aid/CPR
- WHMIS
- safety training (i.e. fall protection, personal protective equipment, hearing conservation, ladder safety, hands on safe power and hand tool use, other training as needed)
- tool use
- introduction to trades basics
- introduction to carpentry and plumbing trades
- other trades skills as determined by BUILD’s current scope of work

Practicum training

Participants obtain work experience through practicum for the remaining four months of training. Participants gain work experience in one or more of BUILD’s social enterprise divisions, which could include:

- Insulation division
- Maintenance division

Training occurs on-site through work orders obtained through Manitoba Housing and Community Development, other housing providers, or private sector contracts.

Adult Education Centres Inc.
1240 Main Street
Winnipeg, MB R2W 3S9
Website: www.adult-education.ca

Offer a variety of literacy and high school credit courses including options in math, English, science, and electives. Manitoba Education and Training recognizes both the 30-credit and mature adult high school diplomas that are offered.

A Stepping Stone
Tel: 204-586-7379
A program of the Point Douglas Community Resource Network’s Adult Learning & Literacy program (ALL), it offers a variety of literacy programs and high school courses leading towards mature student diploma.

CrossRoads Learning Centre
Tel: 204-953-2030
Fax: 204-694-0779
Email: crossroadslearning@mymts.net
Website: www.crossroadslearning.ca

Provides high school credit courses (Grade 11-12) for adults to help them prepare for further training at the post-secondary level, or secure meaningful employment.
Horizons Learning Centre
Unit G - 431 Thames Avenue
330 Portage Avenue
222 Furby Street
Tel: 204-772-1234 (Elmwood)
Tel: 204-943-1229 (City Place Skywalk)
Tel: 204-775-8486 (Crossways on Broadway)
Website: www.horizonslearning.com

Horizons Learning Centre is an adult learning centre which offers courses for obtaining a mature student diploma or to upgrade in order to gain employment or admittance to post-secondary schooling.

JobWorks Adult Learning Centre
1175 Pembina Highway
Winnipeg, MB R3T 2A5
Tel: 204-453-8351
Fax: 204-453-0277
Website: www.jobworksschool.com

The JobWorks Adult Learning Centre offers high school academic and vocational courses leading towards a mature high school diploma or GED upgrades.

Located in Winnipeg, Manitoba, Jobworks is an adult learning centre providing provides students with a variety of academic and vocational programs. Their main campus is located at 1175 Pembina Highway between Jubilee Avenue and McGillivray Boulevard.

Students are taught in a classroom environment by Manitoba-certified teachers using curriculum approved by the Manitoba government. The teachers at Jobworks are dedicated, caring professionals who take pride in working with students to help them achieve their goals. The environment at Jobworks is comfortable, welcoming, relaxed and technologically well-equipped. Jobworks is a non-profit organization, incorporated in December 2000. As an organization we have offered a variety of academic and vocational programs to both youth and adults. Jobworks is governed by a 10-member board of directors and is funded by the government of Manitoba. No tuition fees are charged for the courses.

The three main programs offered at Jobworks are Adult High School, Alternative High School and Educational Assistant Internship.
HOUSING

Rural and Native Housing Program
Manitoba Family Services and Housing
2nd Floor – 352 Donald Street Tel: 204-945-4663
Winnipeg, MB R3B 2H8 Fax: 204-948-2013
Email: housing@gov.mb.ca Toll free: 1-800-661-4663
Website: http://www.gov.mb.ca/housing/housingoffice.html

Manitoba Housing provides a wide range of subsidized housing throughout the province of
Manitoba. We partner with other governments, community organizations and private groups
to create safe and affordable housing.

Individuals and organizations may be eligible for one of the following programs:
- rental housing
- co-operative housing
- home ownership
- repair programs
- housing development
- secondary suites program
- rental housing construction tax credit program

At times we issue calls for proposals for various development projects.
We also provide services and resources to our Manitoba Housing tenants.
Once you’ve had a chance to look through our site please contact us with any questions
you may have.

Urban Native Non-profit Housing
Manitoba Housing and Community Development
Portfolio Administration Branch Tel: 204-945-4661
Main Floor - 280 Broadway
Winnipeg, MB R3C 0R8
Website: http://www.gov.mb.ca/fs/housing/urbannativehousing.html

This program supports the operation of non-profit native corporations or cooperatives that
have developed housing for Aboriginal households in need. Applicants for housing assisted
under this program will be selected on the basis of being financially unable to obtain
affordable, suitable and adequate housing in the private market.

Dakota Ojibway First Nations Housing Authority
100-11 Arden Avenue Tel: 204-988-5380

Anicinabe Housing Corporation
217 Main Street Tel: 204-638-8927
Dauphin, MB R7N 1K5
The Winnipeg Rental Network (WRN) is a non-profit initiative providing a web-based database that makes it easier for people to find affordable rental housing. The site is also a one-stop-shop for agencies that provide supports to people in the low-to-medium income range. WRN is not a housing provider; it is a network of public, private and community-based organizations that work to improve accessibility to affordable rental accommodation.

The Network uses Median Market Rents, as determined by Canada Mortgage and Housing Corporation (CMHC), to establish an upper limit on what is deemed “affordable”.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Brandon Friendship Centre Housing</strong></td>
<td>836 Lorne Avenue, Brandon, MB R7A 0T8</td>
<td>Tel: 204-727-1407</td>
</tr>
<tr>
<td><strong>Kanata Housing Corporation</strong></td>
<td>Suite 202 - 2055 McPhillips Avenue, Winnipeg, MB R2V 3C6</td>
<td>Tel: 204-338-6261</td>
</tr>
<tr>
<td><strong>Keewatin Housing Association</strong></td>
<td>23 Nichol Road, Thompson, MB R8N 0Y4</td>
<td>Tel: 204-677-0241</td>
</tr>
<tr>
<td><strong>Kinew Housing Corporation</strong></td>
<td>394 McGregor Street, Winnipeg, MB R2W 4X5</td>
<td>Tel: 204-956-5093</td>
</tr>
<tr>
<td><strong>Payuk Intertribal Co-Op Ltd.</strong></td>
<td>200-1080 Portage Avenue, Winnipeg, MB R3G 3M3</td>
<td>Tel: 204-942-0991</td>
</tr>
<tr>
<td><strong>Portage Friendship Centre Housing</strong></td>
<td>20-3rd Street North East, Portage la Prairie, MB R1N 3C5</td>
<td>Tel: 204-239-6333</td>
</tr>
<tr>
<td><strong>Swan River Friendship Centre Housing</strong></td>
<td>1413 Main Street East, Swan River, MB R0L 1Z0</td>
<td>Tel: 204-734-9301</td>
</tr>
<tr>
<td><strong>Winnipeg Rental Network</strong></td>
<td>c/o 509 Selkirk Avenue, Winnipeg, MB R2W 2M6</td>
<td>Tel: 204-417-2110</td>
</tr>
<tr>
<td></td>
<td>Email: <a href="mailto:Contact@winnipegrentnet.ca">Contact@winnipegrentnet.ca</a></td>
<td></td>
</tr>
</tbody>
</table>
The WRN database is a free service for landlords and tenants. Landlords and property managers can log on and self-manage rental listings. The WRN administrator can also create listings for landlords (see contact info below).

Individual renters seeking accommodations can search geographic areas to find vacancy and contact information.

If you have a tenant/landlord dispute, or if you have questions about your rental, you can also call the **Residential Tenancies Branch** for help at 204-945-2476. The Residential Tenancies Branch is responsible for enforcing Landlord & Renter regulations found in The Residential Tenancies Act.

The Winnipeg Rental Network also maintains online material regarding tenant and landlord rights, information about housing programs and links to organizations that provide housing support. The primary goal of this information service is to strengthen tenancy for renters and to minimize challenges facing landlords.
Manitoba’s Aboriginal population is growing quickly, including an expanding business and entrepreneurial sector, yet Aboriginal firms have been under-represented in responding to government procurement opportunities. Procurement practices can be seen as one way to assist in the development of Aboriginal business and supports Manitoba’s commitment to community economic development as a key component of Manitoba's economic strategy, intended to develop a provincial economy that is more inclusive, equitable, and sustainable.

The objective of the Aboriginal Procurement Initiative is to increase the participation of Aboriginal peoples and suppliers in providing goods and services to the Manitoba government. To that end, Manitoba Procurement Services Branch has introduced an Aboriginal Procurement Initiative (API) to increase the participation of Aboriginal businesses in providing goods and services to government.

The Metis community is strong province-wide. Being in the directory, you can be recognized as a leader in your sector and become more accessible to people searching for an expert in your field – with this directory, the Metis can support one another. The Metis Business Directory can help increase the competitiveness of your business, broaden your awareness of opportunities for business growth and connect you more strongly to the Metis Community.

- Increase Business
- Network with other leaders in your sector
- Take full advantage of all opportunities available to you
- Collaborate with other Métis entrepreneurs
- Procurement Opportunities
- Raise you business profile

APTN is the first national Aboriginal television network in the world with programming by, for and about Aboriginal Peoples, to share with all Canadians as well as viewers around the world. APTN is a mandatory service available in over 11 million Canadian households with

**Manitoba Metis Business Directory**

340 – 150 Henry Avenue
Winnipeg, MB R3B 0J7
Tel: 204-589-0772
Fax: 204-589-0791
Email: info@medf.ca
Toll free: 1-800-387-6004

APTN is the first national Aboriginal television network in the world with programming by, for and about Aboriginal Peoples, to share with all Canadians as well as viewers around the world. APTN is a mandatory service available in over 11 million Canadian households with
basic cable, direct-to-home (DTH) or wireless service.

APTN's programming is over 80% Canadian content with other programming generated from New Zealand, Australia, Central and South America and the United States. APTN has 56% of its programming in English, 28% in various Aboriginal languages and 16% in French. Over half of APTN programming (56%) is exclusive and cannot be seen on any other network.

**Aboriginal Youth Network (AYN)**

PO Box 34007 - Kingsway  
Edmonton, AB T5G 3G4  
Email: info@comminit.com

Tel: 780-459-1058  
Fax: 866-419-7266

The AYN was brought about because of the social and health issues that Aboriginal youth face due to the breakdown of Aboriginal Culture in Canada. This website will attempt to unite and bring cultural identity to youth across the country. The goal is to provide a place where youth can access information that they may find useful in their everyday lives. The main focus is on news, events, and getting youth to communicate with each other. The reason the AYN was implemented was to get youth over the disadvantages they faced as Aboriginal people. This is done through tying social issues together with culture. The AYN's focus is on current events, expression of ideas, involvement in the community, remedying disadvantages that Aboriginal peoples face, and providing communication tools to Aboriginal youth.

**Grassroots News**

24 -1635 Burrows Avenue  
Winnipeg, MB R2X 3B5  
Email: publisher@grassrootsnews.mb.ca  
Website: http://www.grassrootsnews.mb.ca

Tel: 204-589-7495  
Fax: 204-589-7540

Grassroots News reaches 63 First Nations, most Métis communities, as well as major cities and towns in Manitoba. Within the City of Winnipeg we have over 200 strategically placed distribution points. We also do door-to-door distribution in many neighborhoods where Aboriginal people live. Papers are also distributed through Aboriginal Tribal Councils, libraries, government offices, colleges and Aboriginal and Métis community centres. As our name implies, we are read by the "Grassroots" people making up the Aboriginal and Métis population of Manitoba, as well as the decision-makers within that Aboriginal demographic. Our National edition reaches Aboriginal people and decision-makers throughout Canada.
CHURCH SPONSORED GROUPS

Agape Table
All Saints Anglican Church
175 Colony Street
Winnipeg, MB R3C 1W2
Tel: 204-783-6369
Secondary Line: 204-786-2370

Agape Table is committed to providing a community-based program, nourishing the body, mind, and spirit of our guests in a cost effective and financially responsible manner. Agape Table provides a subsidised breakfast for $1.00 and lunches for $2.00. Meals are prepared with fresh ingredients; all items are purchased and prepared in restaurant style. Their breakfast program runs Monday to Friday, from 9 - 11:30 a.m. Onsite, Low-Cost Grocery operates Tuesdays, Wednesdays and Thursdays from Noon to 2PM offering choices of good nutritious food for at-cost prices, so everyone has the opportunity to eat healthy — including milk, cheese, meat, eggs, fresh fruit and vegetables.

Sandy-Saulteaux Spiritual Centre
Box 210
Beausejour, MB R0E 0C0
Tel: 204-268-3913
Fax: 204-268-4463
Email: sansau@mymts.net
Website: http://sandysaulteaux.ca

The Sandy-Saulteaux Spiritual Centre is an Aboriginal theological and ministry training program of the United Church of Canada. It prepares Aboriginal people for lay and ordered ministry by affirming a style of leadership appropriate to Aboriginal culture and Aboriginal church experience. It also develops and tests curricula and models to uphold this style of learning, including theological education by extension programs. The Sandy-Saulteaux Spiritual Centre provides cross-cultural and spiritual awareness for the larger community.

The Sandy-Saulteaux Spiritual Centre is located on 36 peaceful acres of wooded parkland beside the Brokenhead River, one mile east of Beausejour, Manitoba. The buildings include a main lodge, offices, and three residential lodges. Meals are prepared on site.

First Nations Community Church
44 Tentler Street
Winnipeg, MB R2R 0L1
Tel: 204-632-5100
Fax: 204-694-7157

Worship service at 11 a.m. Children's Church during worship service. Phone for information.

Indigenous Family Centre, Inc.
470 Selkirk Avenue
Winnipeg, MB R2W 2M5
Tel: 204-586-8393/204-586-8394
Fax: 204-582-3131
Email: info@ifcentre.ca
Website: http://www.ifcentre.com/

Indigenous Family Centre is an organization that focuses on spirituality and healing. The centre uses a holistic approach to support the families in the Indigenous community. The goal is the development of an Indigenous community that works and worships together and a community that cares for and supports each other. The centre encourages local people to
identify program ideas and take ownership of the activities and events that happen at the centre. In this way, the centre helps facilitate leadership development.

Pastoral care and counselling are provided, and staff are available to listen to people and provide encouragement and support to community members as they work at healing within their lives. Everyone is welcome to join a weekly sharing circle on Thursday mornings at 11 a.m.

**St. Kateri Tekakwitha Aboriginal Catholic Parish**

548 Home Street  
Winnipeg, MB R3G 1X7  
Tel: 204-783-7215  
Fax: 204-775-1126  
Email: st.kateri@shaw.ca  
Office Hours: 9 a.m. to 4:30 p.m.

The parish exists in response to the expressed need of the Catholic Aboriginal people of Winnipeg for a church of their own - a church not only in the sense of a place to attend mass and celebrate the sacraments, but a church as the central place in the development of an Aboriginal Christian community.

This ministry provides liaison and assistance to individuals and families attempting to obtain services from the various social agencies in the city, and also provides support and help to individuals and families in crisis. Church Mass: Sunday at 9 a.m. and 10:30 a.m.

**Mennonite Central Committee (MCC) Manitoba**

Indigenous Neighbours Program  
159 Henderson HWY  
Winnipeg, MB R2L 1L4  
Tel: 204-925-1910  
Email: kerrysanerharvey@mccmb.ca  
Website: [http://mccmb.ca](http://mccmb.ca)

The purpose of MCC Manitoba's Indigenous Neighbours Program is to support Indigenous peoples in Manitoba, particularly treaty areas 1 to 3, in achieving political, economic, social and cultural self-determination, as well as to foster authentic relationships towards reconciliation between non-Indigenous and Indigenous peoples. Thus, the work is concentrated in two areas:

Social Development: MCC uses a community development approach to facilitate strategic planning and organizational development, with a particular focus on community wellness, youth employment, education and environmental justice.

Renewing Relationships: The purpose of this program is to facilitate dialogue and mutual understanding between Indigenous and non-Indigenous people as a basis for working together to address issues of contemporary or historical injustices experienced by Indigenous peoples in Canada. The emphasis of this program is on Indigenous self-government, social policy and sacred access to land and resources.

**St. Matthews - Maryland - Community Ministry**

365 McGee Street  
Winnipeg, MB R3G 3M5  
Tel: (204) 774 3957  
Email: admin@stmatthewsmaryland.ca  
Website: [www.stmatthewsmaryland.ca](http://www.stmatthewsmaryland.ca)
Drop-in: Monday, Tuesday, Thursday, Friday from 1:30-4 p.m. Come for coffee, a light lunch, and good company. Women only on the 2nd and 4th Thursday of every month. (Childcare is provided on women's days)

Emergency Food Pantry: Tuesday and Thursday from 1:30-4 p.m. Provides a small amount of food for individuals and families facing emergency situations. This can only be claimed once every 2 weeks. Ministries capable pastoral care team volunteers can work with you to find other resources.

Sharing Circle and Lunch: Tuesday mornings at 10:30 a.m. We meet for a smudge, prayers, and a sharing circle led by an Elder. All are welcome. This is followed by lunch.

St. Matthews-Maryland – Community Ministry offers lots of other programs at any given time. Please see their website or call for the most current information.

United Church of Canada - All Native Circle Conference
367 Selkirk Avenue
Winnipeg, MB R2W 2M3
Email: admin@ancc.united-church.ca
Tel: 204-582-5518
Fax: 204-582-6649
Website: allnativecircleconference.com

The All Native Circle Conference is an umbrella organization providing support and connection for about 40 Aboriginal ministries of the United Church of Canada. The congregations are located from Alberta to Quebec, with about half being in northern Manitoba. The Selkirk Avenue location is mainly office and meeting space for the organization and headquarters for the staff team. From time to time, other groups meet in the space.

Northend-Stella Community Ministry
470 Selkirk Avenue
Winnipeg, MB R2W 2M5
Email: minister@northendstella.ca
Website: http://northendstella.ca/
Tel: (204) 586 8137

Programs offered include:

- Women’s Circle on Wednesday evenings at 6 p.m.
- Worship Circle most Sunday afternoons at 2 p.m.
- Drop in counseling and conversation on Wednesdays from 1-4 p.m.
- Moving towards Reconciliation: Our community minister works with partner churches and community organizations to build bridges of understanding through the Blanket Exercise and sharing circles.

Winnipeg Inner City Missions
Website: https://wicm.ca

Anishinabe Fellowship
287 Laura Street
Tel: 204-946-0887
CHURCH SPONSORED GROUPS

- Place of Hope Community Store
  Monday – Thursday - 9 a.m. - 3 p.m.
  Used clothing and household items - 25¢ per article

- LAPP (Learning And Play Program)
  Infants to children five years of age and their caregivers
  Wednesday 1-3 p.m.
  Call Susan at 204-942-8682 ext 224 for information

Place of Hope
415 Logan Avenue
Winnipeg, MB R3A 0A4
Staff Offices:
Rev Margaret Mullin (Executive Director) Tel: 204-942-8682 ext 222
Susan Currie (Parish Social Worker) Tel: 204-942-8682 ext 224
Crystal McKeen (First Steps to Employment Project Co-ordinator) Tel: 204-942-8682 ext 223

- First Steps to Employment Project
  For single adults 30-50 years of age old who want to work and need extra supports.
  There are 19 apartments available for those who qualify for entry into the project

- Place of Hope Presbyterian Church
  Reverend Margaret Mullin (Minister) Tel: 204-942-8682 ext. 222
  Church and Sunday School - Sundays at 3:30 p.m.

Flora House
739 Flora Avenue Tel: 204-586-5494

- After School Program for ages 6-10 years
  3:30-5:30 p.m. Monday to Thursday. Children must be registered.

- Teen Program for ages 11-14 years
  6:30-8:30 p.m. Monday to Thursday. Children must be registered.

- Food Bank every other Tuesday – September to June
  People must register ahead with Winnipeg Harvest

- Summer Day Camps in July and August
  Ages 6-14 Monday to Thursday 11 a.m.-4 p.m.
**ARTS AND CRAFTS**

**Arctic Trading Company**

Box 910  
Churchill, MB  R0B 0E0  
**Tel:** 204-675-8804  
**Fax:** 204-675-2164  
**Toll free:** 1-800-665 0431  
**Email:** atcpenny@mymts.net  

**Thompson Trading Post**

City Centre Mall  
Thompson, MB  R8N 0M2  
**Tel:** 204-677-2026  
**Fax:** 204-677-3149  
**Website:** [http://arctictradingco.com](http://arctictradingco.com)

Arctic Trading Company and Thompson Trading Post feature the work of a number of Aboriginal women in Churchill who specialize in mukluks, moccasins, fur mitts, sheepskin hats, etc. They deal directly with Aboriginal artists. Two workshops are held: 1) Caribou hair tufting and sculptures, and 2) framing caribou hair sculptures and tuftings, birchbark bitings, beadwork and fish scale work produced by native artists.

**Canadian Plains Gallery, Inc.**

106 - 181 Higgins Avenue  
Winnipeg, MB  R3B 3G1  
**Tel:** 204-943-4972  
**Fax:** 204-943-5008  

**Gallery Hours:** Monday to Friday 9 a.m. - 5 p.m.

Canadian Plains Gallery offers a wide variety of Aboriginal art. The mediums consist of paintings, carvings, sculptures, original jewellery, stone painting, caribou hair tufting, porcupine quill work, totems, spirit poles, beadwork, pottery, etching on granite, wood burning, birch bark biting, flutes, photography, prints and art cards. Artists are available for workshops, murals, commissions and logos. The gallery is also an agency for models, traditional dancers, singers, music, photography services and entertainment coordinating.

**Concourse Aboriginal Gallery and Framing**

224 Notre Dame Avenue  
Winnipeg, MB  R3B 1N6  
**Tel:** 204-943-2795  
**Fax:** 204-943-2795

The Concourse Aboriginal Gallery offers a wide selection of traditional and contemporary Aboriginal art, along with an extensive variety of prints and other works of art, including stone carvings. They also appraise art and repair carvings.
Nunavut Gallery
603 Corydon Avenue
Winnipeg, MB R3L 0P3
Tel: 204-478-7233
Fax: 204-943-2734
Email: Richard@nunavutgallery.com
Website: http://www.nunavutgallery.com

Nunavut Gallery carries sculpture, drawings and prints from all areas of the Arctic. They also do appraisals.

Teekca’s Aboriginal Boutique
The Forks Market
223-1 Forks Market Road
Winnipeg, MB R3C 4L9
Tel: 204-946-0539
Fax: 204-942-1722
Email: teekcasboutique@mts.net
Website: http://www.teekcasboutique.ca

Teekca’s Aboriginal Boutique is a unique Aboriginal shop catered to provide gifts crafted by the first peoples of North America. The artisans incorporate the history, geography and culture into their beautiful wares and artwork by drawing upon the natural resources from the land. Inside you will discover a bounty of Aboriginal treasures for that special person or a keepsake reminiscent of past generations for yourself. The virtual and actual store hosts a variety of Aboriginal art work and hand crafted items from all Aboriginal ancestry of Canada and across North America. And if we don’t have want your looking for we can work with you to create them.

Winnipeg Trading Post
1128 Main Street
Winnipeg, MB R2W 3S3
Tel: 204-947-0513
Fax: 204-942-4648
Toll free: 1-866-293-4949
Email: winnipegtradingpost@hotmail.com
Website: http://www.winnipegtradingpost.com

Winnipeg Trading Post carries Native handcrafted supplies, Navajo and Mojave blankets, mukluks and crafts, beads, leather and furs.
PROFESSIONAL SERVICES

First Peoples Economic Growth Fund:
102-1075 Portage Avenue
Winnipeg, MB R3G 0R8
Tel: 204-942-6026
Fax: 204-942-6441
Toll free: 1-888-942-6026
Email: info@firstpeoplesfund.ca
Website: www.firstpeoplesfund.ca

Aboriginal Chamber of Commerce
1075 Portage Avenue, Ste 208
Winnipeg, MB R2W 5H9
Tel: 204-237-9359
Fax: 204-947-0145
Email: info@aboriginalchamber.ca
Website: www.aboriginalchamber.ca

Aboriginal Chamber of Commerce is a national business association that, while focused on Aboriginal business and commerce, is open to all business leaders.

Louis Riel Capital Corporation (LRCC)
Floor 3 - 150 Henry Avenue
Winnipeg, MB R3B 0J7
Tel: 204-589-0772
Fax: 204-589-0791
Email: info@lrcc.mb.ca

Tribal Wi-Chi-Way-Win Capital Corporation (TWCC)
419 Notre Dame Avenue
Winnipeg, MB R3B 1R3
Tel: 204-943-0888
Fax: 204-946-5318
Website: http://www.twcc.mb.ca
Toll free: 1-800-568-8488

TWCC was established in 1993 to provide financial resources to qualified member Aboriginal entrepreneurs and businesses in Manitoba. Structured under the guidelines of the Aboriginal Capital Corporation Program of the Canadian Aboriginal Economic Development Strategy, TWCC was created through the efforts and application of five Manitoba Tribal Councils and a number of Independent First Nations. From the original three employees, TWCC has grown to its current size of over 165 employees across multiple lines of business. Its diversification strategy has led to consistent and strategic growth within the organization.

TWCC embraces a culture founded on strong governance, commitment to deliver value to its shareholders and to make positive contributions within the community. Today, TWCC is one of the largest of the 60+ Aboriginal Capital Corporations across Canada. Since inception in 1993, TWCC loans have helped approximately 800 Aboriginal businesses in Manitoba, which in turn has generated over 2,300 jobs.

Aboriginal Funeral Chapel
At the Aboriginal Funeral Chapel, Aboriginal staff serve First Nations people. The chapel is dedicated to honouring and upholding First Nations traditions.

**Aboriginal Printing Services also operating as Shinnecock Native Printers**

Room B02 - 181 Higgins Avenue  
Winnipeg, MB  R3B 3G1  
Tel: 204-589-4844  
Email: native@mts.net

Aboriginal Printing Services specializes in digital, full-colour, offset and letterpress printing. The company has been in business since 1977. (Shinnecock - a Native American tribe of the Algonquian Nation)

**Canadian Council for Aboriginal Business (CCAB)**

2 Berkeley Street  
Toronto, ON  M5A 4J5  
Tel: 416-961-8663  
Fax: 416-961-3995  
Email: info@ccab.com  
Website: http://www.ccab.com

CCAB is dedicated to promoting the full participation of Aboriginal people in the Canadian economy. CCAB’s mission is to connect Aboriginal and non-Aboriginal people and companies with the opportunities they require to achieve personal and business success. CCAB’s most far-reaching initiative is the Progressive Aboriginal Relations (PAR) program, which helps corporations assess their performance in their relations and involvement with Aboriginal communities and provides tools to help them improve.

**Dakota Ojibway Community Futures Development Corporation**

4820 Portage Avenue  
Headingley, MB  R4H 1C8  
Tel: 204-988-5373  
Fax: 204-988-5365  
Email: info@docfdc.mb.ca  
Website: http://www.docfdc.mb.ca

The corporation provides small business loans to members from any of the eight communities of the Dakota Ojibway Tribal Council, including:

- Birdtail Sioux First Nation
- Canupawakpa Dakota Nation
- Dakota Plains First Nation
- Long Plain First Nation
- Roseau River First Nation
- Sandy Bay First Nation
- Sioux Valley Dakota Nation
- Swan Lake First Nation

**First Nations Bank Micro Loan Program**
The First Nations Bank Micro Loan Program, from Western Economic Diversification Canada (WD) and the First Nations Bank of Canada, offers loans to help start or expand a business.

The First Nations Bank Micro Loan Program is specifically designed to benefit people meeting the following criteria:

- operating or about to operate in Western Canada
- enrolled in or a graduate of the Self-Employment Benefits Program or similar entrepreneurial program
- referred to First Nations Bank by Western Economic Diversification.

To be eligible, interested applicants must clearly show a commitment to starting or expanding a small business. This may involve demonstrating a significant time commitment to the start-up or management of the business and some financial stake in the prospective or existing business.

Ininew Limited Partnership was founded in 1990, specifically to provide feasibility study, engineering design and project management services for the full range of capital projects in First Nation Communities.

Ininew is completely owned by two Manitoba First Nations - Tataskweyak Cree Nation (Split Lake) and Mosakahiken Cree Nation (Moose Lake). It meets the criteria set out by Canada for Aboriginal Business. Ininew's services are provided by skilled professionals who recognize the importance of local planning and decision making processes. This enables Ininew to respond effectively to community input and thus increase community satisfaction with the results of each project. Ininew offers services in the following major areas:

- capital planning
- project management
- feasibility studies
- civil engineering design
PROFESSIONAL SERVICES

- construction administration
- geotechnical engineering
- foundation design and inspection
- environmental audits
- contaminant migration and site remediation strategies
- housing: residential, elderly person homes
- education: schools and teacherages
- recreation: arenas, curling rinks and baseball diamonds
- commercial: malls, office complexes, apartments, and convenience stores

ME-DIAN Credit Union
303 Selkirk Avenue
Winnipeg, MB R2W 2L8
Tel: 204-943-9111
Fax: 204-942-3698
Email: info@mediancu.mb.ca
Website: www.me-diancu.mb.ca

ME-DIAN Credit Union serves the Aboriginal Community of Manitoba.

The Sunshine Group
275 Selkirk Avenue
Winnipeg, MB R2W 2L5
Tel: 204-586-8057
Fax: 204-582-8397
Email: studio@worldwidesunshine.com
Website: www.worldwidesunshine.com

The Sunshine Group is a fully integrated recording, distribution and manufacturing company that offers services to musical performers specializing in Aboriginal, country and ethnic music. Sunshine also has two state-of-the-art recording studios, called the Platinum/Gold Studios.

Tribal Councils Investment Group of Manitoba Ltd.
Head Office:
221 – 530 Century Street
Winnipeg, MB R3H 0Y4
Tel: 204-947-1916
Fax: 204-946-0635

In 1990 the seven Tribal Councils of Manitoba (TCIG), representing 55 First Nation communities and over 92,000 people, combined resources to establish themselves in the corporate business community. The Tribal Councils Investment Group of Manitoba Ltd. (TCIG) was formed, with head offices on Opaskwayak Cree Nation and operating offices in Winnipeg. TCIG is dedicated exclusively to the economic development of member First Nations communities. This is achieved by planning long-term strategic investments in the mainstream economy that provide a reasonable return, generating a solid foundation of wealth and employment, and creating a capital pool for economic development.
JUSTICE SYSTEM

Aboriginal Court Worker Program
2nd Floor - 405 Broadway                  Tel: 204-945-3909
Winnipeg, MB  R3C 3L6                   Fax: 204-948-2150

This service is for Aboriginal people involved in the criminal court process, who require guidance on the best course of action.

The court workers:

- act as liaison with police
- advise the accused of alternative courses of action open to them
- assist in contacting legal counsel
- assist in communication between counsel and accused
- obtain legal aid where necessary
- assist those in custody to be released on bail or otherwise
- assist the accused and police to contact relatives, social agencies, etc.
- act as liaison with Probation Services
- maintain contacts with reserves and with Indian and Métis organizations

Court Workers

Senior Court Worker
313-408 York Avenue                         Tel: 204-945-0024
Winnipeg, MB  R3C 0P9                    Fax: 204-948-2150

Winnipeg Law Courts Complex and Circuit Courts
313-408 York Avenue                         Tel: 204-945-1938
Winnipeg, MB  R3C 0P9                    Fax: 204-948-2150

Manitoba Youth Centre and Circuit Courts
172 Doncaster Street                         Tel: 204-475-2017
Winnipeg, MB  R3N 1X0                     Tel: 204-475-2018
Brandon                                         Tel: 204-726-6486
1104 Princess Street  R7A 0P9          Tel: 204-622-2080
Dauphin                                            Tel: 204-239-3562
27 - 2nd Avenue S.W.  R7N 3E5         Portage la Prairie
25 Tupper Street N.  R1N 3K1         Tel: 204-239-3562
The Pas                                                   Tel: 204-627-8489
P.O. Box 1741  R9A 1L5
The Commission for Public Complaints against the RCMP is an independent federal agency established in 1988 to review public complaints about the conduct of RCMP members in a fair and impartial manner. If you wish to make a complaint, you may do so by telephone, in writing, or via the Internet. Across Canada, the toll free number for inquiries and complaints is 1-800-665-6878. To make a complaint by Internet, an electronic complaint form may be completed online or may be downloaded in PDF format by accessing the above website.

The Law Enforcement Review Agency (LERA) is an independent, non-police agency established under The Law Enforcement Review Act in 1985 to investigate public complaints about police. LERA deals only with complaints about municipal and local police performance arising out of the performance of duties. It does not investigate criminal matters, which are referred to the Crown Attorney's office. LERA is staffed by a Commissioner, a registrar and professional investigators. The Act applies to any peace officer employed by a Manitoba municipal or local police department, including police chiefs. It does not apply to members of the RCMP. Complaints about members of the RCMP should be directed to the Commission for Public Complaints against the RCMP (see separate listing).

Legal Aid Manitoba exists to help people - individuals and groups - who need a lawyer but
who cannot afford to pay for one. There are three main types of Legal Aid services:

Drop-in advice and information - Members of the public may meet with a lawyer or supervised paralegal to discuss any legal problem. No application is needed for this type of service - everyone qualifies.

Formal representation - Legal Aid Manitoba pays for or helps to pay for a lawyer. For this service, individuals must complete an application and be found eligible. In some cases, Legal Aid will provide this service through full-service duty counsel.

Duty counsel - Lawyers are present in many criminal and youth and some child welfare courts to help and advise anyone who has to appear before a judge. An application is not needed for this type of service - everyone qualifies.

Legal Aid has other special programs that include service to Aboriginal clients:

Northern Paralegal Program: Aboriginal paralegals who speak both English and Cree work out of the Legal Aid offices in Thompson and The Pas. They travel to the communities of Cross Lake, God’s Lake Narrows, Norway House, Shamattawa, Oxford House, Pukatawagan, Moose Lake, Easterville and Cranberry Portage. In each of these communities the paralegals hold drop-in clinics to help residents understand and use Legal Aid services. They also assist community organizations in developing justice-related programs (such as crisis shelters or fine option programs) and dealing with larger legal problems affecting the entire community. As part of the court process, it is the role of the paralegal to assist Legal Aid lawyers and Aboriginal clients to communicate with each other by overcoming the language barrier.

Other Legal Aid Offices in Manitoba:

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<thead>
<tr>
<th>Office</th>
<th>Toll free</th>
<th>Tel</th>
<th>Fax</th>
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<tbody>
<tr>
<td>Brandon Area Office</td>
<td>1-800-766-2148</td>
<td>204-729-3492</td>
<td>204-726-1732</td>
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<tr>
<td>236-11th Street, Brandon, MB</td>
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<tr>
<td>Parklands Area Office</td>
<td>1-877-622-4660</td>
<td>204-622-4666</td>
<td>204-622-4679</td>
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<tr>
<td>138-1st Avenue S.W. Unit A</td>
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<tr>
<td>Dauphin, MB R7N 1S2</td>
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<tr>
<td>The Pas - Northern Area Office</td>
<td>1-855-787-0694</td>
<td>204 627 4837</td>
<td>204 627 4840</td>
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<tr>
<td>P.O. Box 4062</td>
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<tr>
<td>1-236 Edwards Avenue</td>
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<tr>
<td>The Pas, MB R9A 1S6</td>
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<tr>
<td>Thompson - Northern Area Office</td>
<td>1-855-444-4665</td>
<td>204-677-1224</td>
<td>204-677-1347</td>
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<tr>
<td>2nd floor, 3 Station Road</td>
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<tr>
<td>Thompson, MB R8N 0N3</td>
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<tr>
<td>Manitoba Association for Rights and Liberties (MARL)</td>
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<tr>
<td>507-294 Portage Avenue</td>
<td>204-947-0213</td>
<td>204-946-0403</td>
<td></td>
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<tr>
<td>Winnipeg, MB R3C 0B5</td>
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<tr>
<td>Website: <a href="http://www.marl.mb.ca">http://www.marl.mb.ca</a></td>
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A community organization for the protection and extension of human rights and civil liberties, the Manitoba Association for Rights and Liberties specifically focuses on Charter Rights and Legislative Review. MARL reviews provincial legislation, presents briefs and recommendations to government. It is also involved in public education. Core funding is
provided by the United Way.

**Manitoba Human Rights Commission**

7th Floor–175 Hargrave Street
Winnipeg, MB R3C 3R8
**Email:** hrc@gov.mb.ca
**Tel:** 204-945-3007
**Fax:** 204-945-1292
**Website:** www.manitobahumanrights.ca

**Brandon Office**

Rm. 341-340 Ninth Street
Brandon, MB R7A 6C2
**Tel:** 204-726-6261
**Fax:** 204-726-6035

The Manitoba Human Rights Commission is the agency responsible for administering The Human Rights Code. The Commission is a resource for all Manitobans with respect to discrimination and human rights issues. The Commission takes complaints of discrimination against provincially regulated businesses and organizations and investigates them to determine if a public hearing of the complaint is warranted. The Commission assists in trying to resolve complaints without the need for a hearing. The Commission also conducts human rights education programs for businesses, schools and other organizations and does presentations to promote human rights principles.

**Native Clan Organization**

94 McGregor Street
Winnipeg, MB R2W 4V5
**Email:** admin@nativeclan.org
**Tel:** 204-943-7357
**Fax:** 204-943-4085
**Website:** http://www.nativeclan.org

The Native Clan Organization is a support agency whose primary purpose is to help offenders and ex-offenders rehabilitate themselves back into society. Native Clan operates on a fee for service via a renewable contract with the Federal and Provincial Departments of Corrections. Native Clan operates **Diamond Willow Lodge**, 160 Mayfair Avenue, which provides a residence to ex-offenders. They offer substance abuse counseling, basic job skills programming, along with Elder services to accepted residents of both locations. Native Clan Organization is not a community drop-in. We deal only with federal and provincial offenders within Canada.

**Onashowewin Justice Circle (Restorative Justice Program)**

101-720 Broadway
Winnipeg, MB R3G 0X1
**Email:** reception@onashowewin.com
**Tel:** 204-336-3600
**Fax:** 204-336-3610
**Website:** www.onashowewin.com
**Toll free:** 1-855-320-0022

Onashowewin Inc. is a community based, non-profit organization dedicated to establishing restorative and holistic approaches for achieving justice that take into account the needs and strengths of the community. Onashowewin accepts referrals from the Crown Attorney’s office for people who have been charged with a variety of offences. They accept both young offenders and adults at various points in the justice system. They offer victim/offender mediation, community justice forums, and conciliation, as well as programs for offenders. The program is not retributive, as is the mainstream justice system. They do not punish,
even though they do hold offenders accountable for their actions. They do not judge people based on a single criminal incident. Their approach is to try and address underlying issues that have led to criminal behaviours. Their objective is to help restore, heal and transform relationships and the community.

In-house programs- Mino-Pamatezwin:
- The Mino-Pamatezwin Healthy Decision-making program
- The Mino-Pamatezwin Auto-related program
- The Mino-Pamatezwin Theft under programs

Onashowewin Programs offered:

Ways of Being Workshop
The Ways of Being workshop is a full day of cultural teachings/ceremony where the participants have an opportunity to participate and learn about preparing for a ceremony. Onashowewin’s cultural advisors will share the significance of their teachings and how the teachings are a part of self-identity, self-esteem, and self-worth.

The Live Free Workshop
The Live Free workshop is held in two sessions, each session being two hours in length. The workshop teaches the participants the importance of taking responsibility for their actions/behaviours, as well as exploring how to make positive lifestyle changes.

The One Life Workshop
The One Life workshop is a two-hour information workshop for individuals who have issues with alcohol and drugs. The participants may become aware of their patterns of behaviours, their triggers, and learn the affects of alcohol and drugs on their body, emotions, and their minds.

The Negative Energy Workshop
The Negative Energy workshop is held in two, two-hour sessions. The objective is to focus on the participant’s negative emotions, take responsibility for them, and explore the root cause of anger and the importance of having a balanced way of life.

The Inini Workshop
The Inini workshop is a two-hour session for men with teachings on the role of a man. Inini is the Ojibway term for man. The participants have the opportunity to hear the traditional role of a man and their responsibilities to themselves and everyone around them.

The Ekwe Workshop
The Ekwe workshop is a two-hour session for woman with teachings on the role of a woman. Ekwe is the Ojibway term for woman. The participants have the opportunity to hear the traditional role of a woman, the sacredness of a woman, and their responsibilities to themselves and everyone around them.

The Kimotin Workshop
The Kimotin workshop is a two-hour session. The participants may become aware of their patterns of behaviour and their association with theft and shoplifting. As well as the impact theft has on the community.
The Sense of Belonging Workshop
The Sense of Belonging workshop is a two-hour session. The objective is to create awareness, as well as developing strategies to build self-esteem, self-worth, and self-identity.

Living in Balance
Living in Balance is a program designed to promote healthy relationships. It begins with defining a healthy relationship and how you can achieve and maintain one.
MISSING AND MURDERED INDIGENOUS WOMEN AND MEN

Bear Clan Patrol Inc.
509 Selkirk Avenue
Winnipeg, MB  R2W 3M6
Tel: 204-918-8958
Email: bearclanmb@hotmail.com
Website: www.bearclanpatrolinc.com

Today’s resurgence of the Bear Clan Patrol is in response to our communities need to protect the women, children, elderly and vulnerable community members.

Ikwe Safe Ride – Winnipeg
Email: ikwesaferide@hotmail.com
Website: www.ikwesaferides.wordpress.com

Ikwe (Women Helping Women) Safe Ride Mission Statement; Ikwe Safe Ride aims to provide a safe means of transportation for female members and children of our community through a volunteer run initiative. We are an alternative to taking a taxi. We embrace diversity and promote equality in our community. The safety of our volunteers and passengers is our number one priority. Donations appreciated: minimum donation $10. We are a safe alternative to taxi rides, not a free ride service.

Ka Ni Kanichihk, Inc.
455 McDermot Avenue
Winnipeg, MB  R3A 0B5
Tel: 204-953-5820
Fax: 204-953-5824
Email: admin@kanikanichihk.ca
Website: www.kanikanichihk.ca


Neechi Rides
300 Carlton Street
Winnipeg, MB  R3B 2K6
Tel: 204-514-6507

Neechi Rides was found by Pernell Flett. He provides safe travel for First Nation people anywhere that they need to go.
Indigenous Relations
Manitoba Indigenous and Municipal Relations
200 – 500 Portage Avenue
Winnipeg, MB R3C 3X1
Tel: 204-945-2510
Fax: 204-945-3689

Indigenous Inclusion Directorate
Manitoba Education and Training
510 Selkirk Avenue
Winnipeg, MB R2W 2M7
Tel: 204-945-7886
Fax: 204-948-2010

Available in alternate formats upon request.